

Senior News Georgia

Providing Helpful Information for Mature Adults in GEORGIA!

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**October 2023
Volume 37, No. 10**

Taking Care!

Life After A Hospital Stay... Discharge options following hospitalization!

By Lisa M. Petsche; lmepetsche@gmail.com

There's a good chance that sooner or later your parent, or another aging relative close to you, will require hospitalization, especially if they have chronic health problems.

Once their condition is stable, hospital staff will work with them and the family to formulate a discharge plan.

When a patient makes a good recovery, planning may be simple and straightforward. Other times, varying degrees of assessment and problem solving are required.

A good discharge plan involves communication and collaboration among the patient, family members and healthcare providers. It addresses issues around medical management, activities of daily living (self-care and home management skills), mobility, safety and finances, as well as psychosocial needs. The goal is to determine the most appropriate setting to meet the patient's needs and facilitate a smooth transition.

The hospital discharge planner--usually a social worker--serves as the coordinator. An expert on community resources, they can assist with decision making and provide information and referral to community support services as needed. They may also arrange a discharge conference that includes key members of the healthcare team.



**Lisa
Petsche**

Options

Read on for an overview of typical settings to which a hospital patient may be discharged.

Home

Many people are able to return directly to their home, especially if they have good family support. Some may require specialized equipment and/or support services on a transitional or long-term basis.

It's important during the planning stage to be open and honest with your relative and the healthcare team about the type and amount of assistance you're prepared to provide. If your relative is receptive to outside help, community or private pay agencies may be able to fill in any gaps.

Prior to discharge, clarify your relative's medication needs and ensure necessary prescriptions are provided. Obtain details about any home healthcare services being arranged. Also inquire about follow-up medical appointments and tests, including who is responsible for arranging them.

Convalescent Care

Some patients, especially if they live alone, need additional time to regain their strength before they can adequately manage at home. Selected retirement homes and nursing facilities have short-stay programs that, in addition to providing meals and housekeeping service, offer medical monitoring, treatment (such as surgical wound care), personal care and perhaps also some degree of physical therapy during this recuperation period.

Rehabilitation

If your relative has been hospitalized due to a stroke, hip fracture, prolonged acute illness or other type of major health crisis, an inpatient rehabilitation program may be recommended. Reactivation may occur on-site or at an acute rehabilitation facility or skilled nursing home. The goal is to help patients regain their strength and endurance, through participation in various kinds of therapy.

Long-Term Care

Some patients don't make a good recovery and require a setting where 24-hour supervision or assistance is available. Even if they are able to perform self-care activities, they may have difficulty with one or more instrumental tasks that are necessary for independent living, such as medication management, meal preparation, doing laundry and housekeeping.

Several levels of long-term care are available, depending on the type and extent of services required.

Hospice/Palliative Care

For patients in the end stage of a life-limiting illness, inpatient hospice or palliative care may be recommended. The focus is on maximizing comfort and quality of life. Patients receive medical care to alleviate pain and other distressing physical symptoms and interventions that address psychological and spiritual concerns.

This type of program is not limited to patients with a cancer diagnosis. People with advanced heart, lung or liver disease and neurological diseases such as Parkinson's disease are among those who may benefit from specialized end-of-life care.

***Lisa M. Petsche is a social worker and freelance writer
specializing in boomer and senior health matters.***

The Public is Invited to the Grovetown Candidates' Forum

Submitted by Russell Lahodny, President & CEO, Columbia County Chamber of Commerce

EVANS, Georgia

The Columbia County Chamber of Commerce Political Action Committee will host an informative Candidates' Forum for the Mayoral and City Council race for the City of Grovetown on October 5 from 6 to 7:30 p.m. at Grovetown Elementary School. Candidates for both races have been invited to participate in the forum to allow voters the opportunity to hear from each individual.

"It's important for voters to know who they are voting for," said Russell Lahodny, President and CEO of the Columbia County Chamber of Commerce. "Too often people vote based on a name that they know but they don't always know what that candidate stands for. This is a great opportunity for voters to be informed before they go to the polls."

Brad Means, a news anchor for WJBF, will serve as the moderator for the Candidates' Forum. The event is free and open to the public. Grovetown Elementary School is located at 300 Ford Avenue. For more information, visit www.columbiacountychamber.com.

ABOUT THE COLUMBIA COUNTY CHAMBER OF COMMERCE

The Columbia County Chamber of Commerce is a five-star accredited chamber representing over 1,000 businesses in the Greater Augusta area. As a member-driven, business-focused organization, the vision of the Columbia County Chamber of Commerce is to ensure and promote the beneficial growth of our community. For more information on the Columbia County Chamber, visit columbiacountychamber.com.

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Senior News & Views of Georgia

Let Us Entertain You!

By Claire Houser-Dodd, Columnist

MONARCH BUTTERFLY TRAIL... In 2012 when Rosalyn Carter was on a trip to an overwintering colony in Mexico she learned of the declining numbers of the Monarch Butterfly... only 60 million! Today, it has been reported that between 200 million to 1 billion Monarchs travel at least 3,000 miles from Canada and the Rockies to the Southwestern part of Mexico to winter. They are said to travel from 100 to 150 miles in a day; and, enjoy many butterfly habitats across the United States and Canada... thanks to Rosalyn's Butterfly Trail.

It is mainly in Plains, Georgia, where Rosalyn Carter started her Butterfly Trail in 2013 on a public part of the Carter's property. It expanded from there as more people became aware of the need; and a family friend, Annette Wise, wrote; *"The Rosalyn Carter Butterfly Trail."* When Annette and her husband returned to Plains, she accepted the job to develop the Jimmy Carter Education Program.

We learned about Mrs. Wise when she won the Distinguished Friend Award from Fort Valley State University Cooperative Extension Program in 2006 and the Garden Club of Georgia's Beautification Conservation Education Seal of Honor Award in 2014; and, we started to notice signs announcing the Butterfly Trail.

The Monarch Butterfly is an especially beautiful butterfly, mainly showing the predominant colors of orange, black and yellow.

While traveling, it lays its eggs under the leaves of the milk weed plant and is very particular to be sure there are plenty of leaves for the emerging caterpillar to feed upon. The other plants that are in the Monarch's habitat are the native nectar and host plants that many butterflies eat. Swamp milkweed was added especially for the Monarchs.

The metamorphosis of this particular butterfly is much the same as others.

Not having a Monarch loving friend, we visited Elizabeth Strickland Hatton and her mother, Ann, in Macon to witness the stages of birth of a swallowtail butterfly, which includes egg, caterpillar, chrysalis and adult. Her variety hosts are Fennel leaves. Consequently, she has these plants surrounding her pool. I was amazed at the small caterpillar shedding its skin like a snake and leaving its casing behind four times before entering the chrysalis stage. I saw several forms of the development and realized I had wondered in the past what that particular form was! They are small and you need an expert like Elizabeth to break off a stem and show you the different stages of development. She is so excited about the birth of a butterfly, explained it so well, and makes you enjoy it as much as she does!

To protect her babies from predators, she has an incubator where she puts chrysalis so as to keep them safe, as well as to watch their growth. As we were leaving, Elizabeth gave me an outstanding, beautiful yellow butterfly she had just painted. I had the perfect place for it. Thanks to Elizabeth and Ann for such an outstanding and informative visit. And thanks again for your talent, not only for the butterfly, but for the picture too.

We spoke with William Khoury, Superintendent of Gardens at American Camellia Society located at Massee Lane Gardens. The Gardens are also listed in the Rosalyn Carter Butterfly Trail and we found that they have many varieties of milkweed, including swamp weed around the pond.

This is a beautiful venue in Fort Valley on Highway 49 South on the way to Marshallville, Georgia. The camellias are also very lovely and you will do yourself a great favor by visiting.

As some of us are planning a visit to Plains to see Rosalyn's original gardens, we called Marle Cater Usry, her niece, to check on things down there. She said: *"They're all beautiful, still thriving, and while there, you should take in the museum, 'Jimmy's boyhood home about two miles out of town; and, if you'll wait to October, I will go with you and show you around."* Sounds wonderful to me, but you don't know why the wait! Gnats... gobs of gnats, little beastly insects that fly in your eyes, ears and all over!

They are large size nuisance for being so small... almost no-see-ums! We hate them... period! So Marle, thanks! We will wait until then and take you up on your delightful offer. See you in October!

Isn't it amazing to learn that lady butterflies like people have different styles, types and even tastes. All of God's creatures are needed and have their own place in this world.

Thanks to our own former first lady, Rosalyn Carter, for knowing this and responding in her own way.

Although the Monarch is not the largest butterfly, it is certainly one of the most beautiful. The largest butterfly in the world is the Birdwing, a native of Papua, which has a wing span of over a foot. I'll let you in on a little known secret... these insects were originally called *"flutterbys;"* and, we can certainly see why. They are delightful to watch, *just fluttering by!*

Opinion!

IMPLOSION by DESIGN!

By Daniel W Gatlyn, USN Ret. – Minister/Journalist

YOU HEARD IT RIGHT! DEFINED AS AN EXPLOSION... DIRECTED INWARD! What has been a carefully guarded piece of global real estate **HAS NOW BEEN ABSOLUTELY PARCELED OUT!** Whatever rules, laws, legalities, practicalities, rational stream of leadership in America was meant to protect, has now been trashed! Blame who you will for the absolute collapse... **IT IS OVER!!! DAMAGED BEYOND REPAIR... AWARDED TO STRANGERS FROM EVERYWHERE!!!**

Every ounce of strategy has now been flushed down the toilet of insensibility! Call it whatever you like; makes no difference! An overwhelming takeover by Communism, Socialism, Atheism, Have Nots, Will Nots... A Liberal, Careless Group of Criminals... all capitulating into insanity... **WITH TOTAL DISREGARD FOR NATIONAL SECURITY!** We have been **SNOOKERED** and defeated... Reduced to shambles... **AND ABOVE ALL EXPLANATION!**

No decent citizen has advocated the expiration of decency... or morality... or benevolence! America has proved its mettle many times over! We have gone, given and sacrificed beyond comprehension. **THE DEFEAT** could never have happened from without... **IT** had to happen **WITHIN!** What the enemy could not effect has been made a reality by sinister hands **ON BOARD!** Millions have died for **LIBERTY, SAFETY AND SANE PROGRESSION!** Immigrants from "hither, thither, and yon" have now come ashore... Totally Unchallenged! And, we will never be the same! **NOTHING WILL ERASE THE DESPICABLE ERROR!!!**

We have been assured for decades that this could not happen; that Proper Safeguards were in place! A host of Leaders **(AND CITIZENS)** have turned in their Allegiance! The course ahead is **UNSUSTAINABLE!**

I have personally spent months and years in troubled turf! I have given a lifetime of service in the preservation of our country! My voice, and my efforts, have been dispatched! I am hurt! Embarrassed! Troubled!

At the present, I have no clue as to what action (or phrase) can reverse the **UNTHINKABLE DILEMMA AHEAD!** Calling me an Alarmist will not **FIX THE MIX!** Fear, Strategy, Aspirations are useless! We have scuttled all rhyme and reason. **WE** have delayed... until there is no remedy! Warned a thousand times over, our response has been totally unproductive!

We may find forgiveness... but, **GRACE** for **RECOVERY** is not in the wings!

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On The Cover!

One More Adventure During Our Summer Travels!

By Carolyn Brenneman, Columnist

COVER: Everyone is ready to have a great time at the park!

Yes, we took another adventure this month, from Augusta, Georgia to Yuma, Arizona to San Diego, California to visit the magnificent Balboa Park! It is a 1,200-acre historic urban cultural park in San Diego which features many beautiful gardens, lots of open spaces, great walking paths, great shops and museums, entertainment and restaurants.

We hadn't been to Balboa Park in many years and therefore, we were delighted to visit and enjoy the magnificence of this park. There are many museums, some free and some you need to purchase a ticket to visit. They include the San Diego Museum of Art featuring European old masters, contemporary paintings and sculptures; the Museum of Us featuring a wide range of human history and culture; the San Diego Model Railroad Museum showcasing one of the largest indoor model railroad displays in the US; the Air and Space Museum with a

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Thousands of blooming marigolds!



Wonderful display of white flowers!



Magnificent architecture on many buildings!

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collection of automobiles, motorcycles and memorabilia as well as historic aircraft and spacecraft, and hands-on exhibitions and a 3D/4D movie theater. Wow, these are just a few of the museums in Balboa Park. Actually there are 18 museums and that is one of the reasons we must visit this magnificent park!

Placed in over 1,200 acres, San Diego’s beautiful Balboa Park has gorgeous Spanish Colonial Revival architecture, gorgeous gardens and many green walkways and trails. Walking through the park near the Visitors Center, we enjoyed the whole area with many gorgeous gardens, strolling up and down the parkway admiring the Memorial Garden, the Japanese Garden, and the Desert Garden full of prickly cacti and delicate succulents. The center stage has rows and rows of yellow magnolias, and beautiful daisies. We could spend a whole day searching out and admiring the gardens!

And yes, entry to the park is free; and, guess what, parking is free also. On top of that, the free park tram, known as the Green Shuttle, is available to ferry us from our parking space in a lot to many top spots around the park. Balboa Park is so beautifully landscaped and features thousands of different flowers and plants, historic landscapes and educational museums; and, so we must visit! So everyone, when you vacation in California, come to visit anytime of the year and plan to spend from a few hours to a few days at this wonderful park.



Display of some artifacts in the folk art museum!



Gardens in the parkway!



Beautiful exhibit in one of the walk throughs!



Colorful fountain in the parkway!

On The Cover!

Barbara Palmer... A Charming Lady!

By Claire Houser-Dodd, Columnist

COVER: Mrs. Thomas J. “Barbara” Palmer

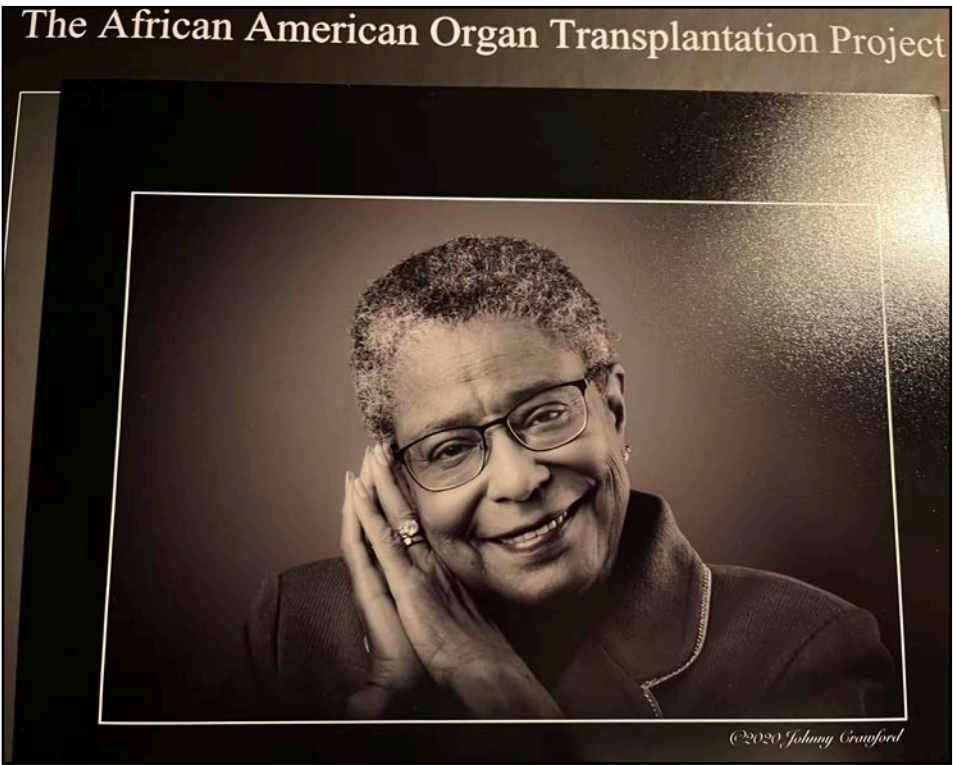
Barbara is a charming lady I taught with at Fort Valley State University. Although her major was French, she taught in the English Department under Dr. Joyce Jenkins who was a blessing to all who knew her. Barbara Palmer, or Mrs. Thomas J. Palmer as she is also known, was always UP, positive, and friendly; and, always greeted you with a smile on her face. Everyone loved and admired her then, as well as now.

Barbara was born in Macon, Georgia to Alonso and Fannie Hollimon who had seven children. Barbara is the third and the oldest girl. She graduated from Peter G. Appling High School in Macon, Fort Valley State University in Fort Valley, and earned a Master’s Degree at Atlanta University. She also studied at Columbia in New York and Université Laval, the oldest French language university in North America and located in Quebec City, Canada.

Barbara and Thomas Palmer married August 2, 1969. They had two girls, Dr. Tomia Palmer Harmon (Dr. Alvin) of Peachtree City, Georgia and Felice Palmer Pitt (Juanson), an engineer in Centerville, Georgia.

They have five grandchildren whom they see as often as possible: Jaden, Christian, and Mason Pitt and Christina and Alexander Harmon.

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Barbara Palmer



Home that the Palmers built for a Haitian family!



Barbara and Thomas Palmer

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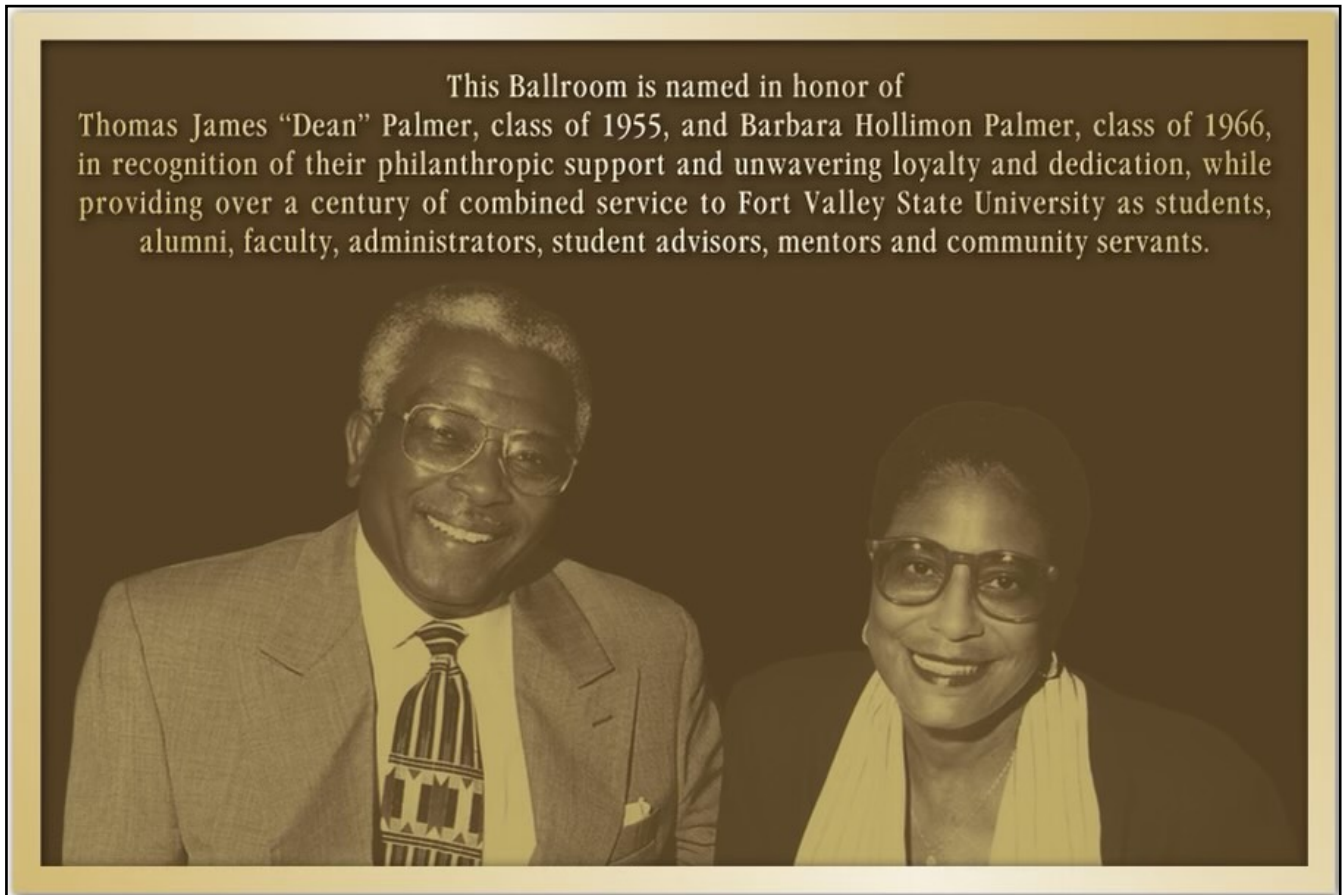
Following a teaching career of 36 years at FVSU, she is still involved. In fact, I was lucky to catch her on the way to a meeting there. A Delta Sorority meeting that weekend and something else almost every week.

The Palmers were both born and bread educators, respected and blessed by their many students and co-teachers. Together they’ve taught for 78 years! Thomas taught at the public school level for 12 years and at FVSC for 30 years. Both are now retired, he in 1997 and Barbara in 2002. They are a very happy and close couple and have been together for 54 years. Quite a fete for this day and age!

Barbara said, “I love reading and studying, and especially tutoring. While in college I tutored a blind classmate.” She is always willing to help!

After retirement, she is still busy and still going strong. We consider ourselves thankful and lucky that she took precious time out of her busy schedule to give us an interview. A main thrust is working along with their girls and a niece researching the Holliman and Palmer ancestry, a very trying but rewarding job.

Barbara says, “We try to keep moving, eat well, stay healthy, and try to keep up with the grand’s.” It appears that she and Tom are making an A+ at all their endeavors. And, I say, “Proud of you... keep up the good work.”



Left to Right: VPSA Emeritus Thomas J. Palmer and Associate Professor Emerita Barbara Hollimon Palmer, Mrs. Charlia Williams, FVSU President Paul Jones and Mrs. Sylvia Jones at the dedication of the Thomas and Barbara Palmer Ballroom!

BBB Offers Tips to Keep Your Online Information Safe!

Submitted by Kelvin H. Collins, President/CEO, Better Business Bureau
Serving the Fall Line Corridor, Inc. • BBB.org/central-georgia • Office: 478.742.9034 (Direct)

OFFICES: Macon: 277 M.L. King Jr. Blvd, Ste 201, Macon, GA 31201. • Augusta: 119 Davis Road, Ste 3-B, Augusta, GA 30907
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Recently we shared information about data breaches, including ways to detect red flags that your data has been compromised, along with steps you can take if your data was part of an information breach. There are several additional ways you can be proactive year-round to keep your online information as secure as possible.

Quite a bit of personal information can be shared through cell phones, tablets, laptops, and any other device that connects through Wi-Fi or an internet provider. These access points make it easier to shop, bank, make travel arrangements, and keep in touch with friends or family, but also potentially open up access to others. That’s why it’s so important to safeguard your information.

- Your [Better Business Bureau](#) and the [National Cyber Security Alliance](#) offer the following tips to help secure the privacy of critical information:**
- Share with care.** Posts on social media last a long time. Consider who will see the post, how readers might perceive it, and what information it might reveal about the individual posting it. Avoid participating in surveys that collect information about you and your experiences.
 - Manage privacy settings.** Check the privacy and security settings on web services and apps and set them to your comfort level for information sharing. Each device, application, or browser used will have different features to limit how and with whom you share information.
 - Select security questions only you know the answer to.** Many security questions ask for answers to information available in public records or online, like your zip code, mother’s maiden name, and birthplace. That is information a [motivated attacker can easily obtain](#). Also, don’t use questions with a limited number of responses that attackers can easily guess - like the color of your first car.
 - Personal info is like money: Value it. Protect it.** Personal information, such as purchase history, IP address, or location, has tremendous value to businesses – just like money. Make informed decisions about whether or not to share data with certain businesses by considering the amount of personal information they are asking for and weighing it against the benefits you may receive in return.
 - Make your passwords long and strong.** A strong password has at least 12 to 14 characters mixed with uppercase and lowercase letters, numbers, and symbols.
 - Avoid easy passwords, like the word “password” or the numbers 123456. You’ll also want to avoid using things like** your pet’s name, your mother’s maiden name, the town you grew up in, your birthday, your anniversary, etc. Surprisingly, the answers to these common passwords can typically be found online. Never use the same password for multiple accounts, especially for the most sensitive ones, such as bank accounts, credit cards, legal or tax records, or medically related files.
- Consider being creative by using your favorite song lyrics or a passphrase that has been intertwined with random words, numbers, and symbols. Think of something that you will be able to remember, but others need help to come close to guessing, such as PurpleMilk#367Jeep-Dog\$.
- Keep a list of your passwords locked in a safe place, not on or near your computer. Consider using a password vault application but check their trustworthiness first.
- Keep tabs on apps.** Many apps ask for access to personal information, such as geographic location, contacts list, and photo album, before using their services. Be thoughtful about who gets that information and be wary of apps that require access to information that is not required or relevant to the services they offer. Delete unused apps on your internet-connect devices and keep others secure by performing updates.
 - Lock down your login.** For your online accounts, use the strongest authentication tools available. Your usernames and passwords are not enough; consider two-factor authentication for key accounts like email, banking, and social media, especially for access on mobile devices.
 - Don’t click on unfamiliar links.** Whether at home or at work, don’t click on links from unfamiliar sources or unexpected correspondence. One false click can infect a whole computer...or a whole business.
 - Pay attention to internet-connected devices.** Smart thermostats, voice control systems, cars, and even refrigerators are just the beginning of the growing list of devices that watch our homes and track our locations. Read the privacy policy and understand what data is being collected and how it will be used. Read [BBB's tips on smart devices and cyber security risks](#).
 - Shred outdated documents and destroy unneeded hard drives** that contain personal information. This is also a wonderful opportunity for residents to have electronics recycled and outdated or unneeded prescription drugs dropped off for safe disposal.

###

Kelvin Collins is president & CEO of the Better Business Bureau serving the Fall Line Corridor, serving 77 counties in East Alabama, West Georgia, Southwest Georgia, Central Georgia, East Georgia, and Western South Carolina. This tips column is provided through the local BBB and the International Association of Better Business Bureaus (IABBB). The Better Business Bureau sets standards for ethical business behavior, monitors compliance and helps consumers identify trustworthy businesses. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: BBB.org or E-mail: info@centralgeorgia.bbb.org.

Bike Walk Macon Celebrates Success of Play Streets Macon On Bay Street Macon-Bibb County, Georgia

Submitted by Kaylee Pruitt, Education & Engagement Manager; kaylee@bikewalkmacon.com

Recently we shared information about data breaches, including ways to detect red flags that your data has been compromised, along with steps you can take if your data was part of an information breach. There are several additional ways you can be proactive year-round to keep your online information as secure as possible.

Quite a bit of personal information can be shared through cell phones, tablets, laptops, and any other device that connects through Wi-Fi or an in Bike Walk Macon is thrilled to celebrate the success of the inaugural Play Streets Macon program. This exciting initiative, hosted in partnership with Keep Macon-Bibb Beautiful, transformed Bay St. within the Small and Minority Business District in Historic Greenwood Bottom on Sunday, August 27th. Despite the heat, the event effectively united the community for a day filled with play, celebration, and meaningful connections.

Local residents and business owners joined forces, showcasing the strength of community unity. Attendees enjoyed performances by The Douglass Theatre and delicious BBQ chicken and refreshments from Greater Turner Tabernacle AME Church. The event also featured a bicycle rodeo, water sprinklers, and StreetLine, making it an epic celebration of unity and the spirit of Macon.

Play Streets Macon's mission is to empower residents to shape and enjoy their streets as family-friendly spaces. The Play Streets program on Bay Street exemplified this mission and marked the beginning of an exciting journey towards creating safe and inclusive spaces where residents can connect with their neighbors, and build a stronger community.

Play Streets Macon's mission is to empower residents to shape and enjoy their streets as family-friendly spaces. The Play Streets program on Bay Street exemplified this mission and marked the beginning of an exciting journey towards creating safe and inclusive spaces where residents can connect with their neighbors, and build a stronger community.

Get ready for more exciting Play Streets Macon programs. These upcoming initiatives are free to attend, family-friendly, and guarantee excitement, fun, and community engagement:

Bicentennial Celebration on Main Street in East Macon

When: Saturday, October 7 from 2:00 PM - 5:00 PM

Where: Main St. between Clinton St. and Hydrolia St.

Neighborhood Champion: Julia Morrison, Macon 200 Bicentennial Commission

First Friday Festivities in Downtown Macon

When: First Friday, November 3 from 6:00 PM - 9:00 PM

Where: 2nd St. between Poplar St. and Cherry St. + Cherry St. between 2nd St. and 3rd St.

Neighborhood Champion: Emily Hopkins, Main Street Macon

Bike Walk Macon is dedicated to transforming Macon's streets by empowering our partners and residents to create vibrant spaces of togetherness and play for all ages. For more information and updates, visit www.bikewalkmacon.com/playstreets.

ABOUT BIKE WALK MACON:

Bike Walk Macon is a non-profit organization leading the movement to make bicycling and walking a safe, healthy, and convenient option for transportation and recreation for everyone in Macon-Bibb County. Bike Walk Macon's office is located at 830 High Street, Macon, GA. For more information, visit www.bikewalkmacon.com.



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Andersonville National Cemetery Hosts Saluting Branches During Nationwide Service Event

Submitted by Susan H. Sernaker; Susie_Sernaker@nps.gov

ANDERSONVILLE, Georgia

On September 20, 2023, Andersonville National Cemetery hosted arborists from across the state for a yearly nation-wide service project, Saluting Branches. Saluting Branches’ mission is to “honor American service men and women by organizing volunteer tree and landscape care for the property dedicated to our veterans.” This year, over 40 professional and student arborists came to Andersonville National Cemetery and spent the day pruning and checking on the health of the existing trees. Some arrived as early as 6:00 am and stayed until work was completed at 2:00 pm. All told the volunteers contributed over \$30,000 of donated services to the park.

Andersonville National Historic Site horticulturist Adam Foldesi had this to say: “Yesterday, September 20, was a major success. Saluting Branches did the work that would have taken park staff weeks to complete or thousands of dollars to contract! I'm thrilled with the result.”

In addition to the many professional arborists who donated their time to the national cemetery, students from South Georgia Technical College’s Horticulture program received hands-on learning from experts in their field of study. They assisted in spotting the trained tree-climbers from the ground and acquired necessary knowledge in arborist safety.

Saluting Branches website states: “Whether you have expertise in tree care or simply a strong desire to contribute, this is your chance to make a positive impact. Together, we'll honor and care for the trees that provide shade, beauty, and a sense of tranquility in our local green spaces.” This year nationwide, 4,000 volunteers at 100 veteran properties provided roughly \$4,000,000 in donated services. To participate next year contact Saluting Branches at salutingbranches.org

The work continues at Andersonville National Cemetery. If you are interested in donating your time to help contact Adam Foldesi at adam_foldesi@nps.gov

Andersonville National Historic Site is the only unit of the National Park System to serve as a memorial to all American prisoners of war. Admission to the park is free. For more information about the park call 229 924-0343, visit our website [at www.nps.gov/ande](http://www.nps.gov/ande), or check us out on [Facebook](#), [Twitter](#), Instagram, or [YouTube](#).

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