

# Senior News

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*The Old Hebron Church...  
an important part of Zenith's  
history!*

*Story on pages 8*



June 2018  
Vol. 32, No. 6



## Taking Care

# Say What? Overcoming Communication Barriers!

by LISA M. PETSCHKE

**S**pending time with someone with an acquired communication disorder – such as speech impairment from a stroke or mental impairment due to Alzheimer's disease – can be challenging. It's natural to feel awkward when you can't relate to someone in the usual ways. However, there are many ways to overcome obstacles in order to have a positive interaction.

The following are tips for successfully handling some of the most common challenges when communicating with older adults.

### Setting The Stage: Some General Advice

- Choose a quiet area to minimize distractions.
- Ensure you have the person's full attention before initiating conversation. Sit close by, facing them.
- Show interest by maintaining eye contact and leaning forward. Be conscious of your facial expression and other body language.
- Be prepared for multiple forms of

communication, such as gesturing, pointing to an alphabet, word or picture board, drawing and writing.

### Hearing Impairment

- Pick a location with good acoustics – rooms with carpeting and curtains are preferable.
- Sit with your face to the light and be careful not to cover it with your hands.
- Ask if one ear is better than the other, and speak to that side.
- Lean in when it's your turn to speak.
- Use a loud voice, but avoid shouting. Speak slowly and clearly, but don't exaggerate.
- Keep your voice low-pitched.
- Be succinct about expressing yourself, and use short sentences.
- Read the person's non-verbal expressions, since some hearing-impaired people are hesitant to ask others to repeat themselves. If it looks as if they didn't pick up what you said, rephrase it.

### Speech Impairment

Defective speech due to impairment of the tongue or other key muscles is known as dysarthria. It involves difficulty pronouncing words; however, language abilities may otherwise be intact. Follow these tips to help with communication.

- Encourage the person to slow down, if necessary, in order to pronounce each syllable.
- Be patient and remain calm, allowing extra time for the person to get their words out. Don't interrupt or try to finish sentences unless they become really frustrated.
- Be attuned to non-verbal language that can give clues to the factual or emotional content of the message.
- Summarize the message to check if you heard it right.
- Ask the person to repeat the message if you could not make it out. Don't pretend that you understood.
- Ask questions that require a Yes or No answer so they can simply nod or shake their head.
- Don't correct every error.
- If the person is able to write, have a notepad and pen handy as a backup.

### Mental Impairment (Dementia)

When someone is cognitively impaired, traditional types of conversation may not be possible. However, contact is still important, providing them with much-needed mental stimulation and personal validation. Here's how to go about it.

- Approach slowly, establish eye contact and then address the person by name.
- Always identify yourself by name. Don't be deterred if the person does not remember you from one contact to the next – it doesn't diminish the value of your involvement.
- Keep your voice low-pitched to convey calmness and reassurance.
- Use simple words and short sentences, speaking slowly and distinctly.

- Keep questions to a minimum and avoid open-ended ones, especially those that begin with Why, or How.
- Allow plenty of time for response to a question before repeating it or changing the subject.
- Nod your head and smile if appropriate, to indicate understanding.
- Avoid debating facts. Focus instead on feelings or use distraction if the person becomes argumentative.
- Respond to the person's mood when their words don't make sense – for example, "It sounds like you're feeling sad."
- Stick to topics with which the person is familiar. Avoid complex or abstract subjects.
- Be direct. Avoid clichés and limit the use of pronouns such as it, she and they.
- Try using different words when your message is not getting across.
- Don't feel you have to fill every minute together with conversation. Remember that your very presence is therapeutic.

### Final Thoughts

- Watch for signs of frustration or fatigue that signal you should bring the visit to a close.
- Don't forget that humor is a valuable tool that can help reduce awkwardness and frustration.
- Above all, persist with your efforts. Remind yourself that with each contact, your comfort level will increase.

\*\*\*\*\*

*Lisa M. Petschke is a social worker and a freelance writer specializing in family life. She has personal experience with elder care.*

## GEORGIA DERMATOLOGY & SKIN CANCER CENTER



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## 2018 Georgia Golden Olympics Registration Is Now Open

Special to Senior News

**T**he Georgia Golden Olympics Registration is now open. The registration form can be printed from the GGO website and is online for participants who have previously competed in the games. If you have not competed before, please print the form and mail with age verification (copy of driver's license, or birth certificate or military ID). Please submit your registration form by August 1, 2018 to avoid late fees. Please read the form carefully and complete all areas correctly.

Also, please note that the location of the Pickleball Tournament has changed this year. Due to park and facility upgrades and construction in Warner Robins the Pickleball Tournament was moved to the Spalding County Pickleball Complex at Wyomia Tyus Olympic Park in Griffin, GA. The facility is beautiful and has all the amenities one could ask for. The location is approximately 1.5 hours north of Warner Robins. In August confirmations will be

sent to each registered athlete. For questions please call 770-867-3603, go to the website: [www.georgiagoldenolympics.org](http://www.georgiagoldenolympics.org) or email [goldenolympics.ga@gmail.com](mailto:goldenolympics.ga@gmail.com).

Join us for the fun and competition. Follow us on Facebook and Twitter.

### Donations

If you are interested in making a contribution to the Georgia Golden Olympics you may make the contribution online or mail your contribution to Georgia Golden Games, Inc., PO Box 958, Winder, GA 30680. All contributions are appreciated and used to provide a quality event. Thank you for your support!

### National Senior Games

The 2018 Georgia Golden Olympics is a qualifying site for the 2019 National Senior Games scheduled for June 14-25 in Albuquerque, NM. For more information on the National Senior Games, you may go to the website: [nsga.com](http://nsga.com).

See YOU in SEPTEMBER for the Georgia Golden Olympics Games!!!



## Let us entertain you

by CLAIRE HOUSER DODD

*Is life so dear, or peace so sweet,  
as to be purchased at the price of  
chains and slavery?*

*Forbid it, Almighty God! I know  
not what course others may take; but  
as for me, GIVE ME LIBERTY OR  
GIVE ME DEATH.*

Statesman Patrick Henry  
March 1775

**H**aving just received the BANNER, a news letter sent by Daniel W. Gatlyn, President and Founder of Retired Military Full Gospel Fellowship, we would like to quote only one of the statements in his article, "America celebrates another Memorial Day," a time set aside for all Patriots and Citizens to remember the deeds, daring and sacrifices of our Warriors over the past Two Hundred Years! With all its flaws, this Nation remains the best on the planet, especially in light of a multitude of caring, responsible and praying people.

So Proudly We Hail the Honor of those who have ensured our Liberties to work, worship and celebrate through the years. Because of our allegiance with God, and insight of freedom, our sons and daughters have spared nothing in defending our

rights and borders!" Can anyone say it better!?

Thank you, Dan, for your way with words. We love your choice of making the solvent words stand out with caps. He may be contacted at the RMPGF office on Chickadee Lane in Macon, Georgia; phone 478-784-9875.

Memorial Day is a National Holiday in most states. In the South, it falls around May 30th; this year, May 28th is on Monday, giving a long weekend.

We celebrated on the weekend before at a Memorial Day Camellia Society party at Frank and Connie Freshwater's. Fun!

We can't justify not seeing "Justify" win the 114th Kentucky Derby! We've got to be the only Kentucky Colonel who has never actually been to the Derby. It slips up on us every time. It used to be better advertised, and we'd fly down to the Civic Center in Macon to watch on the big screen TV with a bunch of friends from Atlanta and Miami. That was fun and less complicated, and no fighting the traffic and masses of people. This year was a real betting upset which made it more exciting. Hey, let's plan to go next year?!

This month presents Father's Day. Fathers never want anything. It's real hard to buy for men, any-

way. They get what they need when they need it and (unlike us) aren't tickled pink with STUFF! Maybe a nice dinner will show up in Mike and Eli's future!

Father's Day is relatively new. Started in June of 1910 by a daughter named Sonora Dodd (wonder if kin to Dr. Dodd) in Spokane, Washington. The clergy took it up and it stuck. Some like to compare it to a pagan strong worshipping event to the June Solstice. We'll stick with paying homage to loving fathers.

We were invited to go to lunch with Beth Lanyon Clark last week to order the oriental chicken salad at Applebee's. We had not been since Dr. Dodd passed away. That was his favorite and we had not had it for 10 years or more. We had forgotten. Man! It is worth the trip. It is delicious, and so huge; it is also supper.

While sitting there, we met a lady next to us, Aleta Lamb of Pennsylvania, lately moved to Perry. Actually only 10 months ago, but she has already made many friends because of her outgoing personality and flowers. Oh yes, flowers. While Beth and Yours Truly ate chips and dip, she kept her hands busy making flowers out of napkins of all colors. The people there knew her and kept her furnished with napkins to work with. We believe she may have brought some of her own. Anyway,

she gave each of us a handmade beautifully colored one made out of paper and green stem wrappers. Just beautiful! Ours is pink, yellow, orange, and purple. You will probably see it pinned on the lapel of a yellow or pink suit. We wore it home (with a smile)!

During our conversation, we asked what Aleta did in real life. She was a computer person or programmer or something like that! We offered her our expertise if she ever needed it, as The Stone Age Technologist. We will not be awaiting her call.

Besides that, she was a clown, and has her pictures to prove it. What a sight. She was a Clown Volunteer. She went around to hospitals to visit sick children, cheered them and left them with a beautiful flower she made while talking with them. What a wonderful story and what a giver! Pennsylvania's loss is Perry's gain. Welcome home, Aleta, we're glad to have you with us here in the South!

*One cannot conceive anything so valuable as Freedom.*

Warrior Harry Jones  
POW at the River Kwai,  
And later a survivor of a  
sunken Japanese transport.

\*\*\*\*\*

## The Facebook Quiz might be a Big Data Company Mining Your Personal Information

by KELVIN COLLINS  
President/CEO, BBB of Central  
Georgia & the CSRA, Inc.

**I**n light of the recent revelation that Cambridge Analytica allegedly mined personal information from more than 50 million Facebook users, the Better Business Bureau is again reminding consumers that what they share online can be used for illegal or unethical reasons.

Social media quizzes – especially popular on Facebook – seem innocent enough. But taking the quiz might mean you are giving away more about yourself than you originally thought, and may extend to your Friends, as well.

These quizzes ask seemingly silly or useless questions, but hackers can use that information to penetrate your social accounts and gain access to your personal information or the information of your friends and family.

Some quizzes are designed to steal your data in an outright scam. According to Khristian Ibarrola, of Inquirer.net "Once answered, hackers can easily hijack personal accounts and use them to lure in more victims." The hackers will include links embedded in the quiz that can cause a security breach of your personal accounts.

But the latest news shows that it isn't just scammers who are interested in your quiz answers. It turns out, your personal information is big business. Users have long suspected that someone was trying to trick them with social media quizzes but were lured into a sense of safety because they were free. However, if there is no charge, then the value is the data they can collect. Also concerning and telling is that these developers are willing to go to such great lengths to hide their purpose.

Not all social media quizzes are about unprincipled data collection, but BBB cautions users to be careful about what they share online. Profile data, quiz answers, and more can be used to steal your money, or let a scammer pretend to be you in order to steal someone else's money. And now we know that seemingly innocent information can even be used to build a profile on you that can be sold to anyone trying to influence society.

### Tips to avoid social media scams:

- Be skeptical: Before you take a quiz, figure out who created it and why? Is it a brand you trust?
- Adjust privacy settings: Review your social media account's privacy settings and be strict about what information you share.
- Remove personal details from your profile: Don't share informa-

tion like your phone number or home address on social media accounts.

- Don't accept friend requests from people you don't know.

For more information:

- You can find more about BBB and the cyber security resources available to both businesses and consumers at [BBB.org/cybersecurity](http://BBB.org/cybersecurity).
- To report a scam, go to BBB Scam Tracker ([BBB.org/scamtracker](http://BBB.org/scamtracker)).
- To protect yourself from all kinds of scams, visit the BBB Scam Tips page ([BBB.org/scamtips](http://BBB.org/scamtips)).

As always, you are your best protector so take some time to consider the risks of oversharing on social media before those opportuni-

ties arise.

\*\*\*\*\*

*Kelvin Collins is President/CEO of the Better Business Bureau serving the Fall Line Corridor, serving 77 counties in East Alabama, West Georgia, Southwest Georgia, Central Georgia, East Georgia and Western South Carolina. This tips column is provided through the local BBB and the Council of Better Business Bureaus. The Better Business Bureau sets standards for ethical business behavior, monitors compliance and helps consumers identify trustworthy businesses. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: [www.bbb.org](http://www.bbb.org) or E-mail: [info@centralgeorgia.bbb.org](mailto:info@centralgeorgia.bbb.org).*

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Senior News & Views of Georgia

## Opinion

# Those Robust Red Rogues!

by DANIEL W. GATLYN, USN  
Ret. Minister/Journalist

**H**ow dare those Ruskies rip us off in elections!!! Shame! Shame!

There has been at least a million accusations of those "Scheming Siberian Scoundrels" slipping through our nap time to veto our voting values with their bold and barbarous brashness! Let us with one accord condemn their underhanded, unscrupulous manner! tsk!! tsk!

I was on full alert when they committed this crime; and, yet for the life of me, I can't figure out just what they did! Let me guess!

1) They clogged the machines with cotton balls. 2) They greased the adjacent floor, causing slick hands to juggle the ballots. 3) They whispered in Nellie's ear to mark "all of the above!" Or, maybe it was, 4) As a reverse "pickpocket" they

slipped five rubbles in Bubba's trousers! Yeah, that's what happened. 5) They bribed the gate keeper with promises of a lengthy vacation in the city of Murmansk. 6) They promised Nancy brain surgery (that would do it). 7) The vicar (or viper) of Moscow hinted to The Donald of a fancy golf club for Melania. 8) An entire battalion of warriors went on a hunger strike! 9) They exchanged the machine with a Vegas slots box. 10) They infected the show room with "droned bats!" Seriously, just what did they do?

Just so you know... I am not the dumbest snoot on the arcade; and, as I made my rounds through election grounds, spent time working my brain on just how one could really juggle the books. One could storm the doors with awe-some weapons and force each one to "scratch the tab" to their liking; or, kidnap the Mayor until all relinquished their choice; or, count each ballot in

the dark room, and exaggerate results; or, rig the machines; or, brainwash the candidates (only most of those in a particular party would fall for that); or, mechanize Silicon valley; or, hypnotize the entire throng (no need for that, a large portion have yet to figure out what day it is anyway).

No, while some slight of hand (and mind) was accomplished in crazy corners, none of these items were named... by either party! So, what's the big deal? The Special Prosecutor has chased enough "rabbit holes" to tag ever hare on the planet!

As in the classic Mash act where the abstract doodles were only imagined, so it is with the multitudes of humanity. Stand back, give a whisper here and there, and homo sapiens will take care of the remainder.

Figure it out – health, food, opportunity, legacy, manners, ethics, wealth, reproduction – we were given all... and what did we do???

We blew it!! Polluted, wounded, spoiled, cheated, cursed, criticized, discouraged, intimidated, and de-legitimized! Be very honest (for a moment); and, own up to the weakness!

Oh yes, inconsistencies were present. "We have met the enemy; and, it is us!!!"

## Washington Memorial Library Genealogy Field Trip

Special to Senior News

**T**he Central Georgia Genealogical Society and the Nathaniel Macon Chapter DAR are Co-Hosting a Field Trip and Tour at the Washington Memorial Library, 1180 Washington Avenue, Macon, 31201 on Saturday, July 14, 2018, 9:30 a.m., Tour of the Genealogical and Historical Room. "Hear All it Offers," led By Muriel Jackson, Head Librarian.

Following the Tour there will be CGGS and DAR members available in shifts to assist in research until 4 p.m. Guests are welcome!

For additional information call Georgette Lippfort at 478-987-7260 or visit [www.cggs.org](http://www.cggs.org); [www.facebook.com/Central-Georgia-Genealogical-Society-205285712842623/](http://www.facebook.com/Central-Georgia-Genealogical-Society-205285712842623/); [www.facebook.com/nathanielmaconchapterDAR/](http://www.facebook.com/nathanielmaconchapterDAR/).

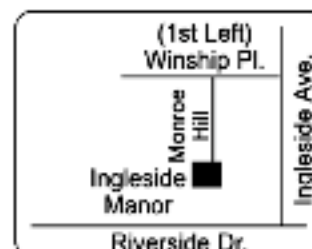
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# Georgia sets new background check standards for Long-term Care Employees

by MICHAEL SMITH  
and RICHARD BARID

**G**eorgia lawmakers recently strengthened regulations governing background checks for long-term care workers.

Senate Bill 406 will enact the Georgia Long-term Care Background Check Program. The program requires fingerprinting all employees with direct access to patients and checking those fingerprints against national databases to prevent people with a history of abuse from working with seniors. The new regulations pertain to all employees with direct access including owners, staff, nurses and janitors at assisted living, home health care and hospice facilities. The new program, which Governor Deal is expected to sign into law, would go into effect on Oct. 1, 2019.

This new law is important because the diminished physical or mental capabilities of seniors in these facilities make them vulnerable to abuse. Long-term care workers assist a large portion of the sen-

ior population. Experts say 70 percent of seniors will need some sort of long-term care in their lifetime. Long-term care can include everything from help around the home and yard, to running errands, to more personal care such as feeding, hygiene and medical needs.

Long-term care is a likely outcome for most, so it is important to plan ahead. The cost of long-term care continues to rise. The average private nursing home room in Savannah costs \$6,783 a month. These costs are expected to rise to \$9,116 by 2027, according to the Genworth 2017 Cost of Care Survey.

Some people mistakenly believe that health insurance or Medicare will cover skilled nursing care costs. Health insurance does not cover long-term care. Medicare covers care for up to 100 consecutive days following a hospitalization and requires a huge co-pay after the first 20 days. The average long-term care user requires care for at least three years.

Failing to plan for these expenses can easily wipe out your life savings. You can purchase

long-term care insurance and you may qualify for government assistance.

A qualified elder law attorney can help you determine if you are eligible for Medicaid or Veterans Aid and Attendance benefits. By getting to know you, your family, your goals, and your concerns, your attorney can develop a plan specific to your situation.

Your attorney can analyze your current medical needs, sources of income, insurance policies and other assets available to cover future costs of living and costs of care. If, based on all the information gathered and reviewed, you are or could be eligible for benefits to help cover the cost of care, your elder law attorney can use that information to tailor your plan.

As a first line of defense, you should consider long-term care insurance. Long-term care insurance costs between \$200 to \$300 a month depending on the insured's age, marital status deductible and coverage. The insurance can cover the costs of home care, assisted living, adult daycare, respite care, hospice care, nursing home and

Alzheimer's facilities.

Medicaid will cover your long-term health needs if you have less than \$2,000 in assets. This generally does not include your house or car and in Georgia your spouse may keep up to \$123,600 in assets.

The VA Aid and Attendance Pension Benefit offers about \$2,000 a month to help veterans and their surviving spouses who meet certain income requirements pay for home care, assisted living or nursing care as well as medical supplies and medicines.

Most seniors will need some form of long-term care so it is best to prepare. Like most things, the earlier you start, the easier it will be. A qualified elder law attorney can walk you through the process and make sure you're ready.

\*\*\*\*\*

*Michael Smith and Richard Barid are co-founders of Savannah-based Smith Barid LLC, which focuses in elder law, estate planning, special needs planning and veteran benefits planning. They can be reached at 912-352-3999 or msmith@smithbarid.com or richard@smithbarid.com.*

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400 Charter Blvd. For complete  
information call 478-746-4646.

### H2U Activities

For information call 478-765-4116

### Medical Center Navicent Health – Partners In Health Classes

#### Golden Opportunities

The Wellness Center

3797 Northside Drive, Macon 478-  
757-7817

#### Heartworks

389 First St. (Inside the MHC)

478-633-9090

#### Central Georgia Rehabilitation Hospital

3351 Northside Drive

478-201-6500

#### Cancer Life Center

Information and Reservations: 478-  
633-8537; [www.cancerlifecenter.org](http://www.cancerlifecenter.org)

### Alzheimer's Association

886 Mulberry St., Macon

478-746-7050 or 800-272-3900

[www.alz.org/georgia](http://www.alz.org/georgia) or

[msmith2@alz.org](mailto:msmith2@alz.org)

### Central Georgia Regional Area Caregivers' Support Groups

#### Baldwin County

• 4th Thurs., 5:30 p.m., Holiday

Express, 2600 N. Columbia St.,

Milledgeville, 478-452-2511

#### Bibb County

• 2nd Tues., 11:30 a.m., Alzheimer's

Association, 886 Mulberry St.,

Macon, 478-501-7426

• 1st Wed., 10 a.m., Martha Bowman

UMC, 500 Bass Rd., Macon, 478-  
746-7050

#### Houston County

• 4th Tues., 7 p.m., Houston Health

Care, Classroom #1, 1601 Watson

Blvd., Warner Robins, 478-923-2532

• 4th Thurs., 6:45 p.m., Centerville

Library, 206 Gunn Rd., Warner

Robins, 478-397-4669

#### Dodge County

• 3rd Wed., 6 p.m., Dodge County

Hospital, Education Building,

Eastman, 478-410-2685

#### Putnam County

• 3rd Wed., 10 a.m., First Baptist

Church, 115 N. Madison Ave.,

Eatonton, 706-473-5051

#### Upson County

• 3rd Thurs., 1 p.m., Upson Senior  
Center, *Care Partner Memory Café-  
PWD*, 302 S. Bethel St., Thomaston,  
478-745-9629

### Meals on Wheels of Middle Georgia, Inc.

Meals on Wheels of Middle  
Georgia, Inc. needs volunteers to  
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tive attitude. If you can spare two  
hours a day one day a week, then  
you may just be the person needed.  
We're currently needing volunteers  
Mondays and Fridays. Meals on  
Wheels is a wonderful organization  
which takes pride in everything it  
does. This program would not exist  
without volunteers.

If you are interested in volun-  
teering, please contact our Volunteer  
Department at 478-745-9140.

### Macon-Bibb County Parks & Recreation Department Senior Center

1283 Adams Street Macon, Georgia  
31201; Phone: 478-751-2790, 478-  
751-9238; Daily activities 9:00-2:00

### Warner Robins Senior Citizen Services (50+ Years Old)

Warner Robins Recreation  
Department - Felicia Wright,  
Director

Email: [FWRIGHT@wrga.gov](mailto:FWRIGHT@wrga.gov); 478-  
293-1066

#### Senior Activity Center

152 Maple Street, Warner Robins

Office: 478-293-1066

### DivorceCare Offered By Central Baptist Church

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For additional information call  
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### Volunteers Needed

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### Houston County Council on Aging/Meals on Wheels

Houston County Council on  
Aging/ Meals on Wheels is a non-  
profit that delivers meals to home  
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up for meals, or to volunteer.

### The GeorgiaCares Program

The GeorgiaCares Program helps  
people with Medicare understand their  
benefits, make informed decisions about  
health care options and provide ways to  
protect themselves from Medicare fraud,  
error and abuse. Call 1-866-552-4464  
(option 4) or (478) 751-6489 to schedule  
an appointment at a counseling station in  
Baldwin, Bibb, Crawford, Houston,  
Jones, Monroe, Peach, Pulaski, Putnam,  
Twiggs and Wilkinson Counties. Visit  
[www.mygeorgiacares.org](http://www.mygeorgiacares.org) for counseling  
site locations and hours.

For additional Services & Events  
listings, please visit our website at:  
[seniornewsga.com](http://seniornewsga.com).

## Volunteer opportunities to support Homeless Children and their Families

Special to Senior News

**F**amily Promise of Houston  
County is a 501.3.c network of  
churches, agencies, and resources in  
the community providing shelter,  
food, and support for homeless chil-  
dren and their families... addressing  
homelessness one family at a time.

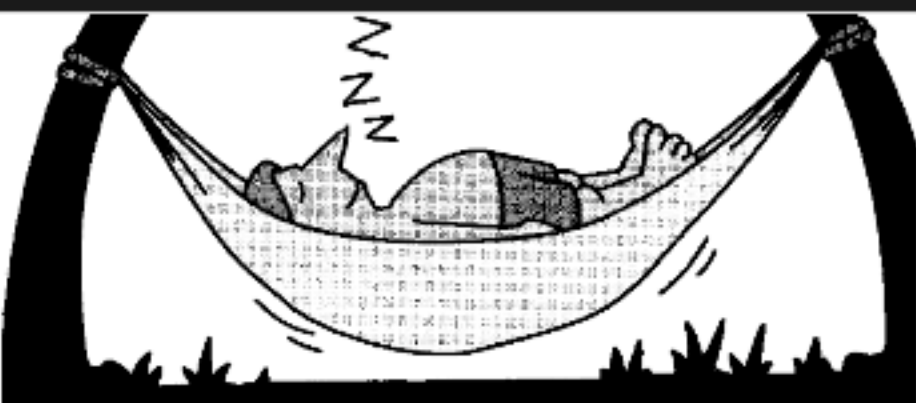
Since our program opened its  
doors to our first family in 2013,  
118 children have been able to move

into sustainable homes; and, these  
numbers grow every few months as  
families graduate from our program.

A multitude of volunteer oppor-  
tunities exist from providing a meal,  
serving as an Office Angel, assisting  
with our "Moving In" Team, and  
many, many more.

For details and an updated list,  
check out our Get Involved Tab on  
our website at [www.familypromise-  
houston.org](http://www.familypromise-<br/>houston.org).

## Tired of Retirement?



## Want Some Extra Spending Money?

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**Additional  
Services & Events  
Information & Listings  
Available at  
[www.seniornewsga.com](http://www.seniornewsga.com)**



# Poets' Corner

\*\*\*\*\*

## Rock Steady

by Miss Marie Charles

If you hit rock bottom, sometimes,  
that might be what it takes.  
It will surely shake you awake,  
and it won't be a mistake.

GOD knows HIS plans for us.  
Though sometimes it looks like  
HE threw us under the bus!

Walk by faith, not by sight,  
At the end of the tunnel, is a very  
bright light.

When HE brings us out into the  
marvelous light  
We know HE was with us in the  
darkness.  
We will have hindsight.

Hindsight is twenty-twenty vision,  
I heard someone say.  
Now we can see why  
We had to walk this way.

When you pray for rain,  
Get ready for mud.  
When you ask GOD to move a  
mountain,  
Get your shovel ready.  
When you pray a prayer, the  
answer is already there,  
All you have to do is...  
Rock Steady!!!

\*\*\*\*\*

## Joy Cometh in the Morning

by Ron Dennard

Things may be dark now,  
But Joy cometh in the morning.  
When things bear down on us  
We can look to God, for Him we  
can trust.

Things may not seem well at all.  
Joy cometh in the morning, we  
can stand tall.  
Joy cometh in the morning in  
every sorrow  
We look for a better day on the  
morrow.

He didn't promise all sunshine  
and no rain.  
He did say he's coming back again.  
Joy cometh in the morning, and we  
can live instead of die.  
Joy cometh in the morning, and we  
can laugh instead of cry.

Let's look toward the promise  
of the Son.  
Let's not forget all He's done.  
The hills may be hard to climb,  
But Joy Cometh in the Morning,  
God's always around.

\*\*\*\*\*

## Rental Listing Scams

by KELVIN COLLINS  
President/CEO, BBB of Central  
Georgia & the CSRA, Inc.

**A**re you moving, going on a well-deserved vacation, or maybe your son or daughter just got accepted to college and you are trying to find them the perfect rental close to campus. Then you spot it... "A real steal! 1,400 sq. ft. home for rent, all utilities included – for just \$500 a month!"

Steal is the right word, because this advertisement is nothing more than a scam. BBB warns of rental scams listing fraudulent ads on popular marketplace websites. Scammers are copying legitimate posts advertising properties in the area, and then re-listing the properties as "for rent" with different contact information. These are known as Hijacked Ads and may even use the name of the "real" person who originally posted it. Other scammers use what are referred to as Phantom Rentals, the listings do not even exist, but are designed to lure you in, their goal, take your money before you have time to fully check them out.

One consumer told BBB she was told by the property owner that she could move in at once, with no credit check required. All she had to do was send the security deposit via wire transfer and the house keys would be mailed back. The phony owner said they were out of town and couldn't meet to show the home and decided to rent because "realtors were inflating the prices". Other consumers report actually going to the property and meeting the so-called owners in person and paying the

security deposit in cash, only to find out they handed their hard-earned money over to a scammer. We have even had consumers show up to look at a house for rent, only to find the real owners still living there with no intentions of selling or renting their home.

Thankfully many consumers contact the BBB first and are able to learn the warning signs of such scams before they become victims.

Never pay a rental without first inspecting the property fully, if the landlord requires payment via wire transfer, walk away immediately. Legitimate realty agencies and property owners will never request payment in this manner or rent to someone sight unseen.

BBB advises consumers to watch for these red flags of a rental scam:

- Requests that you provide prepaid gift card information or wire funds through MoneyGram, Green Dot MoneyPak or Western Union.

- Typos, grammatical errors and improper wording or context during discussion or in the ad.

- When selling or buying items online, requests for your bank account number, Social Security number or a code sent to your cell phone via text message or phone call are all signs of a potential scam.

- The e-mail used by the person who posted the listing does not sound like a person's name. That may be an indicator that it is an auto-generated e-mail account, preferred because they are difficult to trace.

- The "seller" isn't willing to reveal the house's address until you reply to their ad, perhaps by going to a website

and filling out a "free credit report". That report's sole purpose is to steal your identity.

- You cannot inspect the property prior to making a decision.
- The rent is much lower than similar properties in the area.

- The owner is conveniently located out of state or in another country.

Remember to do your research: BBB suggests you carefully research the owner and the home. Look for the property owner's name, phone number, and email address online. Ask to inspect the property and review the lease before making any decisions. Check local property records to determine if the person is the actual owner of the property. You can generally find this information by contacting the Tax Assessor's office in that area.

For more trustworthy tips from the BBB, visit [bbb.org](http://bbb.org).

\*\*\*\*\*

Kelvin Collins is President/CEO of the Better Business Bureau serving the Fall Line Corridor, serving 77 counties in East Alabama, West Georgia, Southwest Georgia, Central Georgia, East Georgia and Western South Carolina. This tips column is provided through the local BBB and the Council of Better Business Bureaus. The Better Business Bureau sets standards for ethical business behavior, monitors compliance and helps consumers identify trustworthy businesses. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: [www.bbb.org](http://www.bbb.org) or E-mail: [info@centralgeorgia.bbb.org](mailto:info@centralgeorgia.bbb.org).

## General Business Directory For Seniors

Home Inspection Service

Planning to Buy or Sell?  
Need a Home Inspection?  
Call:

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Home Inspector  
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[VAMktPub@aol.com](mailto:VAMktPub@aol.com)

**FOR ADVERTISING ASSISTANCE!**

Please Call  
**Billy Tucker**  
at 478-929-3636

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OR CSRA: 706-650-5760**

To find a location near you, visit  
**[www.goodwillworks.org](http://www.goodwillworks.org)**

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## On the Cover

# The Old Hebron Church... an important part of Zenith's history!

by CLAIRE HOUSER DODD

COVER: Old Hebron Church now under renovation.

**O**ut on Pearson Farm about seven miles north of Fort Valley just off 341 toward Roberta in Crawford County stands a tribute to the Christian Faith in days of old up to present times.

Al Pearson is the thrust behind this endeavor. Not too long ago, the Lawton Pearson children divided the farm left to them by their parents. Al asked for the part that happened to hold Hebron Church, old, unused... except for a warehouse. The church that had meant so much to Al growing up in Zenith was in disrepair; and, it had been on Al's mind for many years to have it renovated and in use again. It had been a part of this small country town since the middle part of the 19th Century.

Angela Young was part of the research team and tells the following about the deed:

"In 1870, the Ordinary of Crawford County was required to execute title of the Old Hebron Church to the Trustees. It was to be used as a place of worship by members of the Methodist Episcopal Church, South. A beautifully hand-written deed describes the land like this: 'Five acres beginning at the black jack tree in the east line of said lot where the old church stood and running west to the pine tree corner then north to the sweet gum corner then east with the meander of the branch to the line lot.' The deed also required that the premises be well kept, maintained, and disposed of as a place of Divine worship. The records don't indicate why, but for some reason, the deed wasn't recorded until 1883 when the Ordinary of Crawford County conferred with the original requirement and sold the property for the sum of one dollar to the Trustees of Hebron Church."

Although the state didn't officially recognize the Hebron Church until the late 1870's, rolls were found documenting members back to 1857. Everything was hand written and contained fascinating notes to the side as to how and why some members were added and some dropped. One such note stated that a certain person was "to be dead," while another was on "probation."

The old Hebron Church has been moved three times. The

original was built on Cumming's Road where a cemetery can be found. It was then moved a little further down the road where it stood until the late 1930's when it was rebuilt on Zenith Mill Road where it became a huge part of the Pearsons as well as many who lived and worshiped in that area on the Peach and Crawford County lines where the Pearson Farm property lies.

It has been a large undertaking timewise, physically, financially, and emotionally, but as Mr. Pearson says, "It's the salvation of the Church," and he feels it is well worth all the time and energy to see it standing whole again and right next to The Pearson Farm Packing Shed for use by family, friends and workers. In it has been held employee classes, meetings, dinners and at least one political gathering.

As Al and wife, Mary, and the entire family, have been hoping to save the wonderful Church and bring it back to life, we can hear the sounds of "Amazing Grace, Just a Closer Walk with Thee" and all those heart rendering hymns being sung in worship. So inspiring, so comforting.

Perhaps a "Bless This House" party can be planned in the future and all those interested in History and the fading hamlets of

yesteryear can come, join in, and behold the beginnings of a new era for an old church.

Romans 15:13: "May the God of Hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in Hope."



Old Hebron Church in Zenith, Georgia.



Al and Mary Pearson

In the end,  
we believe *kindness*  
can be the best  
medicine.



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