

Senior News

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Information For Ages **50 PLUS!**

Shelia and
Keith Scott



*Lend a helping hand, please...
to Shelia Scott and family!*

story on page 5

September 2016
Vol. 30, No. 9

Don't get soaked buying a flood-damaged car

by **KELVIN COLLINS**
President/CEO, BBB of Central Georgia & the CSRA, Inc.

Recent flooding in Louisiana has damaged a multitude of automobiles. If you are in the market for a used car, the Better Business Bureau cautions you to watch out for flood-damaged vehicles that will soon begin to pop up in our area. Unsuspecting consumers, particularly those living in regions of the country unaffected by hurricanes or flooding, are led astray by fresh upholstery, new carpeting and bargain prices.

After a vehicle has incurred flood damage, the insurance company may declare it a total loss. When a car is declared a total loss, it should be sent to the junk yard. However, many of these cars are often sold at auction as 'salvage' vehicles. Then, they may end up for sale on used car lots, in classified ads or online on Craigslist.

After a thorough cleaning, new carpet and floor mats, these cars may look just as good as any other car on the surface. Buying a car that has been exposed to flood waters can have hidden problems including mold and mildew, rusty wiring, computer malfunctions, airbags that

don't inflate and much more.

BBB has 10 tips to help you spot these former flooded vehicles, which could be sold as "good clean used cars:"

- Ask to see the title of a used car. Check the date and place of transfer to see if the car came from a flood-damaged area and if the title is stamped 'salvage'.

- Check all gauges on the dashboard to make sure they are accurate, and look for signs of moisture.

- Test the equipment including lights, windshield wipers, turn signals, cigarette lighter, sound system, heater and air conditioner several times to make sure they work.

- Flex some wires under the dash to see if they bend or crack, since wet wires become brittle upon drying and can crack or fail at any time.

- Check the hard to reach interior of the trunk and glove compartment, and beneath the seats and dashboard for signs of mud, rust or water damage.

- Look for discolored, faded or stained upholstery and carpeting. Carpeting that has been replaced may fit too loosely or may not match the interior color.

- Check for a well-defined line, or "watermark," and for musty odors resulting from mildew.

- Check the car dealer's BBB review to see if they have a history

of complaints.

- Ask the dealer directly if the car has been damaged by floodwater.

- Get a vehicle history report based on its VIN number.

Before you buy any used car, you should always get a pre-purchase inspection by a trusted mechanic of "your" choosing, not a referral from the seller. The extra cost now may save you thousands of dollars in the long run if major problems are discovered.

For more tips you can trust, visit bbb.org.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org or E-mail: info@centralgeorgia.bbb.org or info@csra.bbb.org. For more consumer tips that you can trust, visit bbb.org.

Ocmulgee National Monument to hold 25th Annual Indian Celebration

Special to Senior News

Ocmulgee National Monument will host the 25th Annual Ocmulgee Indian Celebration September 17 and 18. This cultural experience provides an opportunity to interact with people from all of the Southeastern Native cultures, plus representatives of other tribes from throughout the nation. Over 300 Native People, artists, dancers, storytellers, musicians, and historic lifestyle demonstrators, will share their culture with the visiting public. This year we will be hosting an Alaskan group sharing their history and culture as well. The Celebration is open from 10:00 a.m. to 5:00 p.m. both days. The cost is \$6 for adults and \$3 for both children 6 to 12 and active duty military, children under 6 are free.

This year's Celebration will feature many of the popular artists,

dancers, and storytellers returning from past years. New event will include a Native stickball game demonstration. Native foods such as Indian tacos, fry bread, buffalo burgers, and roasted corn will be available along with drinks, ice cream, and hot dogs.

Superintendent Jim David stated, "This is a great opportunity for people to come out to interact and learn from the people whose ancestors were on this site for thousands of years before the city of Macon was founded. It is an event that all members of the family can enjoy."

MBCHD to offer Evening Hours

Special to Senior News

The Macon-Bibb County Health Department (MBCHD) is pleased to announce it will begin offering evening hours for its clinical services each Tuesday, beginning September 6. Its clinic will be open from 10 a.m. until 7 p.m. on Tuesdays. Clinical services that will be available during the evening include:

- Immunizations
- Family Planning/Women Wellness Services
- STD Services
- WIC
- Children Hearing-Vision-Dental Nutrition Screenings
- Children Health Checks/Children 1st

On Monday and Wednesday through Friday, clinic hours will remain 8:00 a.m. until 4:30 p.m.

MBCHD, located at 171 Emory Highway, works to protect the health of people and their environment wherever in our community they live, work and play. Through our services we prevent disease, injury and disability; promote health and well-being; and prepare for and respond to disasters from a health perspective.

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Let us entertain you

by CLAIRE HOUSER DODD

*What we gave, we have;
What we spent, we had;
What we left, we lost.*

Epitaph of the Earl of Devon
1419

Can you believe school has started already, and Fall is nowhere in sight, but our Grand, Denver, took Great Grand, Matthew, up to Dahlonga to see the mountains, to dig for gold, ride a horse, go swimming; and, he even caught a fish in a mountain stream. What a happy little boy. Lucky too, we might add!

We were at High Falls, north of Forsyth, a few weekends ago, enjoyed the view, the water falling over rocks, the lake, and most of all, the catfish at the restaurant. That is a favorite meal of ours, and it's a nice destination for us as it is not too far away for a day trip or a late afternoon and dinner trip.

While there, we noticed the yurts. They are relatively new to our world. We have seen the rondels, or round cabins, on ski slopes, and as these are round, they reminded us of those! A yurt is built, secure to the ground, has floors and roll up windows. In short, you may camp out without having to

lug your housing equipment with you! A much easier and safer way to camp out without being OUT. They usually have two double decker beds, furniture and electrical outlets inside, with a grill and picnic table outside. Hot shower a short distance away! This is called "Glamorous Camping" or Glamping for short! So, you see, you've got a great vacation spot just a hop, skip and a jump away, and all sorts of options as to how to handle it. There are 1,050 acres, 6 yurts, RV campsites, 16 Walk-in Tent sites, 5 picnic shelters and a 650 acre lake offering fishing, boat rental, kayak and canoe rentals, boating - two ramps and private boating allowed; plus 4.5 miles of hiking trails, swimming, miniature golf, etc. 478-993-3053. There is still time for hot weather fun. Just do it!

What is better to read about than children and pets? Or boys and pets? Not much. Last weekend we had two such stories we'd like to share.

A couple of weekends ago Bill Nelson had a call from Jason Tucker's daughter. He and Jason grew up together here in Fort Valley, and after many years, Jason and his family have returned to the home place on Beverly Road. His daughter was at home trying to load three goats on to a truck. She had two in crates and loaded, but the third one was amiss and would Bill please come over to help them catch it.

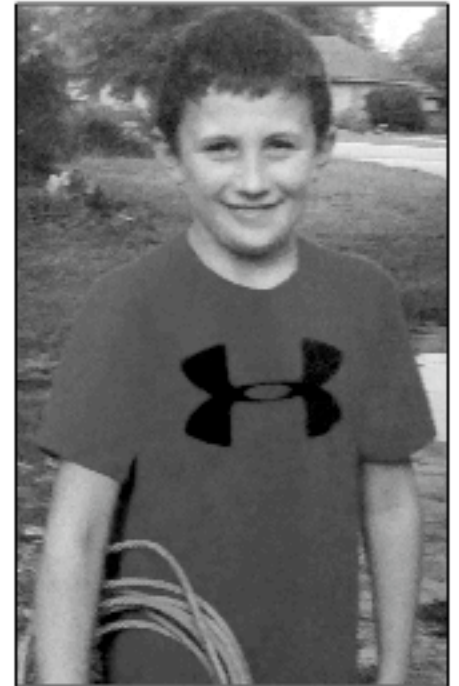
In the meantime, Bill had made arrangements to pick up his mother, Barbara Davidson. He called Barbara and told her what was happening and he'd be over later.

Barbara decided to ride out to see what was happening. Lo and behold, three goats were encased and the third one was about to be loaded onto the truck. She asked, "How did you catch the goat so fast?" Bill answered, "Well, Will (his son) told me to wait a minute and he'd get his lasso. So he did." Will Nelson, the lasso wielding young man of 10 popped out his cowboy rope and captured the escaped goat just like in the old West. Actually, this is a real lasso, brought to Will by his deceased great uncle, James Clark, who brought it to him after a trip to Texas.

At about the same time of day, Sandee and William Khoury were over on Lake Jackson at a family cabin at least 100 years old with son Devon and their new exchange student from Italy, Alberto Spertino. They were in the yard down by the lake when a few young goats appeared. Now, goats are not normally too friendly, especially, billy goats, so these may have been sweet little girl goats who took one look at Devon and fell in love. OK, so "that's not exactly what happened," Sandee says. "We drove the boat to a sandbar off Goat Island. We got out of the boat and the boys commended to feed the goats food from the restaurant. Goats come from everywhere, it looked like a herd with at least 14 grown ones with four babies in the group. They rushed

right up to the boys, rubbing on their legs, and putting their heads in their laps. Just adorable. Just like newborn puppies. I couldn't believe they let Devon pick them up and let Alberto pet them."

How special! Devon is the good-looking blonde and Alberto the good-looking brunette. The rest are G-O-A-T-S! What? What? No pictures of William and Sandee? Our next trip will be to the 100 year old cabin at Lake Jackson and on to Goat Island.



Will Nelson
with lasso



Devon Khoury and Alberto Spertino

Second class in the Fall Gardening with the Masters Series opens

Submitted by Teddie Berry
Program Assistant, Horticulture
UGA Extension - Houston County

The UGA Extension Houston County office is opening registration immediately for the second class in the Fall Gardening with the Masters series. The class, Composting for Your Garden, will be offered on Thursday evening, September 22, from 6-8 PM in the Houston County Extension Office Multipurpose Room, 801 Main Street, Perry.

Led by Master Gardener Extension Volunteers, this class will introduce you to Black Gold and its

benefits in your garden. Participants will learn how to start a compost pile using the traditional recipe as well as different pile construction methods. They will also be introduced to vermicomposting and how to make it manageable and practical.

Cost of the class is \$10 per person. Registration forms are available at the Houston Extension Office at 801 Main Street, Perry, or by emailing mg@uga.edu. To register with a credit card, call 478-987-2028. Deadline is Monday, September 19.

Upcoming classes:

- October 18: Building Raised Beds and Cold Frames
- November 15: So You Want a Greenhouse

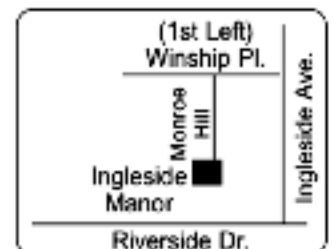
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Poets' Corner

Editor's Note: If you have written a "well-worked" poem which you would like considered for publication, please email it to seniornewsga@cox.net or mail it to Senior News, 214 Wilsons Creek Bend, Bonaire, GA 31005. Please include your name and address on your poem. We will publish selected poems (or excerpts) as space permits.

"MOMA"

by Jerome Joiner

*Put Moma in the nursing home.
She has lived beyond her years.
Always sad since Daddy's been
gone.
Moma has become a prisoner of
her tears.
Sitting alone in her dark bedroom
rarely uttering a single word.
Moma only eats in the afternoon
no matter what time dinner's
served.
Rocking in her red rocking chair,
while looking for hours at the
quarter moon.
Moma turned ninety five November
the third.
Regressing to her childhood days,
often acting like a little kid.
Moma's memories come, and fade.
She often forgets the things that*

*she did except the time that she
spent on stage.
Some times Moma's hard to live
with, when she's going through
a stubborn phase.
But I won't be signing the papers
I'll take care of Moma until she
goes to the grave.
Moma won't be playing bingo
with her peers at the nursing
home.*

© January 2016

FORECAST OF THE DAY

by Henry N. Goldman

*My newspaper's filled with
depressing news,
Each morning when I awake.
The pages are full of death and
robbery,
And how another killer escaped.
I fill my cup and lift my toast,
And turn on my TV.
And all that greets me as I sit here,
Is a film clip of speeders that flee.*

*The obits tell of another death,
Of a friend that I once knew.
The day that started out so bright,
Now makes me feel quite blue.*

*I read of another bomb blast,
Of which al-Qaida likes to boast.
And about another manhunt,
For some poor child that's lost.*

*Another athlete that I admire,
Is now in jail behind bars.
NASA just spent eight hundred
million,
To look at some rocks on Mars.
So once more the day that once
looked bright,
Is dimmed by news that's gray.
Makes me want to creep back
to bed,
Cover up and stay there all day.*

ONE

by Allie Morris

*"One" step at a Time,
"One" sorry at a Time,
"One" move at a Time,
"One" laugh at a Time,
"One" cry at a Time,
"One" shout at a Time,
"One" thought at a Time,
"One" prayer at a Time,
"One" day at a Time,
"Life" would be so much easier!*

08/04/2016

Why we go to church

by DANIEL W. GATLYN, USN Ret.
Minister/Journalist

Having been a pastor for more than a half century has afforded me many opportunities; one of which is to examine why people go to Church.

Putting on the best face, we would like to explain that families enter the "gates with Thanksgiving, and into His courts with praise." A substantial investigation; however, reveals that there exists many reasons for "Ned and Millie" to make appearance – especially a consistent one!

There is seemingly a Church, or House of Worship, on most every corner; thus we statistically indicate a fervency in the volume which

"shows up!" Some may not appreciate my take on the subject, but here goes!

To be more than fair (giving slack to a host); we readily agree that many attend for virtuous reasons! To those we extend a commendation for their recognition of liberties, and their reasons to join in the chorus!

You can agree (or not), but that segment accounts for only a percentage of faces we see!

Jenny goes because Johnny is there! Johnny appears because of Jenny!

Mom and dad opens the doors to keep an eye on Jenny and Johnny! The sophisticates chase every dead line to display attire! Mr. Budget is on the front row to impress business associates! The twins sound off from

backstage because they are popular!

Their friends "bounce in" because being part of the crowd is a popular value! The bank manager is present to monitor the till! The till keepers (ushers) love to be seen – and Mrs. Forebush comes to lend an ear for the latest gossip! Some love to sing! And we can't forget the technicians!

Last, but not least, the Parson graces the upper chambers – I mean somebody has to referee the circus! (Never mind the clowns")!

Obviously I jest! But barely! For we would be hard-pressed to nail down the positive side of attendance!

Since such a statement is absolute truth, please do not spend time indicting anyone for unsound judgement!

That is not to imply that we should vacate friendship, fellowship, jocularity, jubilation, pot lucks, contests, projects, and such (or the prizes awarded); but, let's get serious about the real reasons for us to gather in facilities that are conspicuously set aside and marked for the purpose of honoring the King of Kings! There is nothing magical about the place we assemble, but, there is everything miraculous about the Master of Ceremonies! Determine to enjoy your time together with friends; but, remember to place pre-eminence upon He who guides the ship! Sense remains a virtue!

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On the Cover

Lend a helping hand, please... to Shelia Scott and family!

by CLAIRE HOUSER-DODD

Cover: Shelia and Keith Scott

Shelvia Scott is one of the strongest, most energetic and spiritual ladies we have ever met. We knew her back when she was Director over the Senior Centers in Warner Robins. Dr. Dodd and yours truly went to a few Senior Citizens parties and met her at that time, but had no idea she was in charge of the centers in Houston, Peach, Crawford, Monroe and Twigs Counties. What an undertaking! Besides that, she has a \$5.00 Accessories Business (Paparazzi). We have seen her at the hospital presenting her wares; very nice pieces of jewelry, hair accessories and interesting trinkets all for \$5.00. Shelia has a knack for finding pricey items that she can sell reasonably. Really rare finds!

Although she hasn't time to slow down, and will not anyway, her husband, Keith, tells us she is battling a very serious and rare disease. It is an aggressive cancer,

adrenocortical carcinoma which only attacks one in two million people. Of course, Shelia is on the internet and has found two other patients with this type cancer, and they have formed a 3-part club to boost each other and find any others they can help along the way.

Having been too busy to notice she was a little more tired than usual or her step was not as perky, she had to have a call from Above to send her to the hospital thinking she was having a heart attack. Fortunately, she was not, but other problems were noticed. Her hemoglobin count was high and she showed signs of infection. With further examination it was found she had a suspicious lesion adjacent to her right kidney. After more blood work and an MRI, her doctor called for her to come to his office right away.

Keith took her to Dr. Kirk's office and was alarmed when they were ushered back immediately. That was their first knowledge that something was bad wrong and they needed to act immediately by having more tests which showed the tumor was invading the liver, adrenal glands and interior venacava.

It was then on to a surgical oncologist only to find that the disease was so rare he did not feel qualified to perform the surgery and did not know anyone in the area who could.

When asked what to do, they got the answer to pray, which, of course, they'd been doing all along and know the power of prayer. They belong to the Byron Baptist Church, and are surrounded by friends and helpers.

Some of their help has come in the form of helping to raise money to try a new and experimental treatment in Bethesda,



Shelia, her mother, Evelyn Baker, and Les Brown, world renowned motivational speaker at their August 2016 Paparazzi convention in Las Vegas Nevada.



L-R: Brother-in-law and wife Kirk and Susan Scott, Shelia and Keith Scott, and dear friends Joe and Lisette Pirkle.



Most recent family photo... Sheila, Keith, Deven, Jayden and Kaedyn.

Maryland where a pharmaceutical company is funding an experimental cure for this very rare cancer. At the time this article was written, the company was backing off awhile probably to attack the problem from a new standpoint. Thus, giving their helpful friends a chance to help them gather funds to make the trip and pay for the treatment by the time the company cranks up again.

"And what," you ask, "are these wonderful people doing to help, and how?"

To start out, Shelia's Insurance Agent, Sheryl Bareky with Woodman of the World, got her started with the Red Basket organization who raises money for this sort of thing.

Also, friends around Byron, such as Charlene and Curt Roundtree, have given a one-week vacation at their condo in Panama City. J.R. Pulliam of Hedgerow Landscapes is having a raffle with an Alabama Big Boy Recliner donated by Ibatz Marketing, a 45 qt. Yeti cooler by Yamaha of Byron, Ridget LED Light by Byron Tire Co, and an Outdoor Burn Pit by Mr. J.R. Pulliam, himself. We hear there are several others trying to help in different ways.

Our publisher, Billy Tucker, heard about Shelia and Keith's problem and called us to see if we

could do an interview and perhaps help them raise funds to be ready to travel to Maryland when the time comes and the researchers are ready.

To assist Shelia and her family, you may mail your monetary gift to: My Love Fund, (Keith M. Scott), Colony Bank, 1290 S. Houston Lake Rd., Warner Robins, GA 31008. Your support and help are certainly appreciated!

Shelia's husband, Keith, also a busy bee with his landscaping company, Keith's Kustom Lawn Care says, "I try to slow Shelia down, but she just won't listen, and there's nothing I can do about it!" Shelia says, "I'm gonna live until I die."

And we know that's right! Besides that, who can slow down when they are raising three grandchildren... all living under the same roof? They have Deven (13), Jayden (10) and Kaedyn (19)... the loves of their lives; and, they all go to the Byron Baptist Church together. There is nothing like a close knit family praying and worshipping together.

We would like to add our prayers from *Senior News* to join the others and wish you the very best on your road to recovery. Thank you so much, Shelia, for sharing your story with us. God Bless you and your lovely family.

Additional Senior Services & Events Information Available at

www.seniornewsga.com

MACON METRO AREA

Senior Services & Events Directory
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- Bosom Buddies + (PLUS): Call (478) 765-4805 for information.
- Breathe Easy' Support Group: Reservations are required; please call (478) 751-0449.
- Caregiver Support Group: Everyone is welcome. For questions, call (478) 765-4336.
- Chemo and You: Managing the Side Effects of Chemotherapy. Call (478) 765-4805 for information.
- Chronic Fatigue/Fibromyalgia Syndrome: Call (478) 475-4908 for information.
- Helping Hands Grief Support: For information, call (478) 464-1401.
- G.L.A.D.: Call (478) 765-4338 for information.
- Lap-Band Support Group: For information, call (478) 476-8045 or email chandra.churchwell@hca-healthcare.com.
- Look Good ... Feel Better: Registration is required. Call (478) 765-4805 for information.
- Survivors of Suicide: Call (478)

741-1355 for information.

- Strive from Stroke and Heal ?The Heart Support Group: Call (478) 765-4413 for details. This support group is for patients, families and caregivers whose lives have been touched by stroke.
- United Ostomy Association Support Group: Call (478) 477-8337 for information.

H2U Activities

For information call 478-765-4116

- Improving the Chemotherapy Experience: Coliseum Medical Centers' Cancer Center, Bldg. C, Suite 120. 478-765-4805.
- Joint Pre-Surgery Education Classes: 3rd Wed. each month, Coliseum Medical Centers, 1st Floor Classroom. 478-751-0189
- Focus on Healing Classes (Lebed exercise): Advanced: Mon. & Thurs. 8 a.m.-9 a.m.; Beginner: Tues. & Thurs., 11 a.m.-12 noon. Coliseum Medical Centers, Bldg. D, Suite 230. \$34 per month. 478-765-4413 to register.
- Perspectives: Mon., 12:30 p.m.; Tues., 9 a.m.; Fri., 7 p.m. Cox Cable channel 15
- Joint Classes at Coliseum Northside Hospital: Offered weekly for Patients who are going to have Joint Replacement Surgery. Coliseum Northside Hospital; 478-757-6092 to schedule.
- A-Z Diabetes Self-Management: Day Classes: Last Thurs. of month with exception of Nov. & Dec., 9 a.m.-5 p.m. Coliseum Diabetes Management Center, Bldg. C, Suite 120. 478-765-4338.
- Look Good... Feel Better: A free program by the American Cancer Society designed to help women overcome the appearance-related side effects of cancer treatment. Coliseum Medical Center, Bldg. C, Suite 120. Registration required. 478-765-4805 for dates.

Alzheimer's Association, Central

Georgia Regional Area Caregivers' Support Groups

Call 478-746-7050 or 800-272-3900 for details.

Free Legal Services Available to Seniors

The Macon Office of Georgia Legal Services provides free legal services to seniors (60 and over) as resources allow. We interview clients in the following counties BY APPOINTMENT ONLY: Bibb, Baldwin, Crawford, Houston, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs and Wilkinson.

Call the Macon Office at 478-751-6261 for an appointment.

Meals on Wheels of Middle Georgia, Inc.

Meals on Wheels of Middle Georgia, Inc. needs volunteers to help deliver meals to home-bound clients. Volunteers must have a valid Georgia driver's license and a positive attitude. If you can spare two hours a day one day a week, then you may just be the person needed. We're currently needing volunteers Mondays and Fridays. Meals on Wheels is a wonderful organization which takes pride in everything it does. This program would not exist

without volunteers.

If you are interested in volunteering, please contact our Volunteer Department at 478-745-9140.

Macon-Bibb County Parks & Recreation Department Senior Center

1283 Adams Street Macon, Georgia 31201; Phone: 478-751-2790, 478-751-9238; Daily activities 9:00-2:00

Warner Robins Senior Citizen Services (50+ Years Old)

Warner Robins Recreation Department - Felicia Wright, Director

Email: FWRIGHT@wrga.gov; 478-293-1066

Senior Activity Center

152 Maple Street, Warner Robins Office: 478-293-1066

Support Group for Caregivers of Frail Elderly Family Members

First & third Tuesdays of each month, 3:30-5 p.m., 6060 Lakeside Commons Place (off Bass Rd.), Macon. Call Martha Duke at 478-808-6957.

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Family Promise of Greater Houston County Annual Fund Raiser and Educational Experience

Special to Senior News

Colby Dee and Jared Leland will be joining supporters of Family Promise of Greater Houston County for its Third Annual "Car City... Putting the Brakes on Homelessness in Our Community." Held September 16-17 participants are invited to spend a night in their cars at Central Georgia Technical College to "experience a night of homelessness."

Beginning Friday evening with a

soup supper provided by Scout Troop 566, guests will participate in various activities including music, campfires, entertainment, an outdoor movie and flashlight treasure hunt. The event ends with breakfast at 7:00 a.m. on Saturday.

Family Promise provides twenty-four/seven care and support to homeless children and their families who enter the program. Information on sponsorship and registration in support of this annual fund raiser can be found at www.FPHope.org.

General Business Directory For Seniors



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EVENTS

from page 6

Houston County Council Of The Blind

The Houston County Council of the Blind meets the first Saturday of each month at the Centerville Lions Club located on Houston Lake Road voicing state and local concerns for the blind or visually impaired. Fellowship and membership are welcomed.

Theatre Macon

438 Cherry Street, Macon
478-746-9485

• *Lend Me A Tenor*: Sept. 2-11

Warner Robins Little Theatre

South Pleasant Hill Drive
478-929-4579; www.wrlt.org
• *Sylvia* (comedy), Director: Michael Castle: Sept. 16, 17, 18, 21, 22, 23, 24

Middle Georgia Art Association Gallery

2330 Ingleside Ave., Ingleside Village, Macon. 478-744-9557; middlegeorgiaart.org. Tues.-Fri., Noon-5 p.m.; Sat., Noon-3 p.m.

Divorce Recovery Group

First Baptist Church of Macon, located at 511 High Place, is offering a Divorce Recovery Group for those interested. The meetings are held on Wednesday evenings. Child care and children's activities will be provided.

For additional information call the church office at 478-742-6485.

DivorceCare Offered By Central Baptist Church

Divorced? Separated? Find help at DivorceCare.

DivorceCare is a special weekly seminar and support group for people who are separated or divorced. The group meets at Central Baptist Church located at 1120 Lake Joy Road, Warner Robins. Childcare is provided for babies through 5th grade.

For additional information call 478-953-9319.

Substance Abuse Help Available

Did you know alcohol is the most-used drug in the country and it's the number one abused substance among teens? Although most parents don't realize it, they are the best prevention tool around when it comes to underage drinking.

Children do listen to their parents. Not only can you be a good role model for drinking behavior, you can have a meaningful, honest discussion with your children about alcohol, its pitfalls and risks. If you need more information or help, Hodac, Inc. is here to lend a hand. You can talk to trained professionals 24-hours a day, seven days a week by calling the Georgia Helpline at 800-338-6745. Making that call puts you on the road to answers so why not call today.

Volunteers Needed

GeorgiaCares, Georgia's State Health Insurance Assistance Program (SHIP), needs volunteers to assist seniors and persons with disabilities with Medicare problems, fraud, and abuse. Must be computer savvy. Rewarding volunteer work. Call Carol Cannon, GeorgiaCares Coordinator for the Middle Georgia Regional Commission/Area Agency on Aging, at 478-751-6489 or email: ccannon@mg-rc.org for details.

Heart of Georgia Chapter 2 Blue Star Mothers of America

The Blue Star Mothers of America, Heart of Georgia Chapter 2, meets the first Thursday each month at 7:30 p.m. at Coldwell Banker's SSK Realtors located at 470 S. Houston Lake Road, Warner Robins. For additional information contact PJ Johnson at 478-284-6905 or email: chiefstrib@cox.net.

Fine Art Society of Middle Georgia

Meets 4th Mondays at the Flint Electric Building, Hwy. 96 & Sutherland Dr., Warner Robins. For details call 478-396-9198, email: fasmidga@gmail.com, or visit www.fasmidga.org. FAS Gallery of Art is located at 2507 Moody Rd., Warner Robins.

Alzheimer's Association

Neighborhood Memory Café

Have concerns about your memory? So do we. The Café is a time of socialization and support for people with early to mid-stage memory loss AND their spouses and friends. Meets every 3rd Thursday, from 2 pm-3:30 pm. Call Allison at (478) 328-3800, x24 for location and information. The Memory Café is made possible by Summer's Landing of WR and The Alzheimer's Association of Central GA.

Houston County Council on Aging/Meals on Wheels

Houston County Council on Aging/ Meals on Wheels is a non-profit that delivers meals to home bound seniors. We have openings for seniors in need of meals and for volunteers able to distribute meals. Please call Alesha Mathis, Meals on Wheels Coordinator, at 478-328-6070 for more information, to sign up for meals, or to volunteer.

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www.seniornewsga.com

General Business Directory For Seniors

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Keaton G. Walker named Director of Marketing and Sponsorship by GNFA

Special to Senior News

The Georgia National Fairgrounds and Agricenter recently named Keaton G. Walker Director of Marketing and Sponsorship. Mrs. Walker was working as Sponsorship and Special Programs Coordinator at the GNFA, and will now serve as Director of both departments.

GNFA Vice Chairman Foster Rhodes stated, "I am proud of Keaton Walker's progress upon joining our staff. She is an outstanding talent and will do an excellent job in her new role. We are proud to be able to promote from within our organization."

In her new role, Walker will be

responsible for GNFA communications, media relations, sponsorship development, and special programs. She and her staff will be responsible for facilitating relationships between area businesses, agricultural industry partners, and fair attendees; while promoting GNFA activities and coordinated events throughout the year.

Walker brings with her a list of service to the agricultural community and looks forward to expanding in her role as an agricultural advocate while serving the State of Georgia in this capacity. A University of Georgia Agricultural Communications graduate, Walker will utilize her skills promoting the Georgia National Fairgrounds and Agricenter throughout the

southeast.

"We are impressed with Keaton. She grew up showing livestock here and it helps her to understand our mission, vision, and values," said Stephen Shimp, GNFA CEO.

"I look forward to embracing this new opportunity and doing my part to aid in the continued development, support, and promotion of the Georgia National Fairgrounds and Agricenter. I am very excited about what this opportunity means for me professionally and personally. The Agricenter is a superior facility, we welcome organizations to utilize this Georgia Point of Pride," said Walker.

Mrs. Walker and her husband, Dr. Clay H. Walker, live in the Perry.



Keaton G. Walker

27th Annual Native American Festival & Powwow

Special to Senior News

The Butts County Historical Society will be sponsoring the 27th Annual Native American Festival and Powwow on September 10th & 11th. The Festival will be held at the Indian Spring Hotel/Museum, 1807 Hwy 42 South, in Flovilla, Ga. Bring your family and friends to meet Native Americans from different nations, listen to the stories and see the colorful Native American Regalia, enjoy the traditional music and hear the beating of the drum. The featured performers are the Aztec Dancers Javier Alfaro and family; watch the demonstration of Mesoamerican culture through dance and music. Also this year we have Lowery Begay Native American Flutist and Hoop Dancer / NAMA Nominated and Winner Ryan Little Eagle is well respected Indigenous musician.

Don't miss the Grand Entry Saturday at 12:00pm and Sunday at 1:00pm

Please visit the Native American vendors featuring arts, crafts and demonstration. The beautiful Indian Springs Hotel/ Museum, was built by Chief William McIntosh in 1823, will be open for tours and take a stroll through the lovely Elizabeth Harris Garden.

The hours are from 9:00am to 6:00 pm on Saturday and 9:00am to 5:00 pm on Sunday. There is a donation of \$5.00 for adults and \$3.00 for youth 5 to 17, and infants are free. For additional information please contact Trina Mansfield at (770) 655-5905 or e-mail trinamansfield11@gmail.com or the Butts County Historical Society at 770-775-3313.

For More Information Contact: Jim Herbert, Butts County Historical Society, 678-588-6818.

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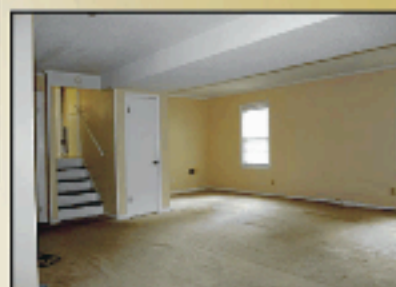
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