

Senior News

Serving AUGUSTA & the CSRA
Information For Ages 50 PLUS!

*June is
Berry
Time!*

Story on page 8

June 2017
Vol. 31, No. 6

AGENCY ALERT: The 9th Annual Elder Rights Conference – “Rising to the Challenge... Investigation and Prosecution of Human Trafficking and Sexual Assault”

by KATHLEEN ERNCE
Executive Director, The Senior
Citizens Council Augusta, Georgia
kernce@seniorcitizenscouncil.org

Paul R. Greenwood, Deputy District Attorney, Head of Elder Abuse Prosecution Unit, San Diego DA's Office Elder Abuse Prosecution Unit, is our Keynote speaker and is considered one of the leading experts on Elder Abuse - as evidenced of his position as co-chair of the California District Attorneys Association Elder Abuse Committee.

Older adults are identified as anyone over the age of 65 and Mr. Greenwood is responsible for prosecuting felony crimes that are committed against victims in that age bracket. These crimes cover physical, mental, sexual elder abuse, neglect, and financial exploitation.

“At least 65% of my prosecutions involve some form of financial exploitation. The conduct of

the criminals is becoming more brazen and diverse as the perpetrators are constantly developing new ways to gain access to our seniors' life savings and have focused upon a generation that typically has been more trusting and less able or willing to self report the victimization,” he states.

Some cases to illustrate the problem:

Victoria Gilbert was a convicted felon who moved to San Diego from Nevada. She took a job as a caregiver and started work for an elderly widower who was physically and mentally fragile. Within a few days she had convinced the victim to allow her to move in with her boyfriend, Gary Kircus, whom she portrayed as a deputy US Marshall. Soon both Gilbert and Kircus were stealing the victim's medications, depleting his checking account, and assuming control of his credit card accounts. Fortunately, an alert bank teller became so concerned at the apparent isolation of her customer and the change in banking activity that she contacted the victim's adult children.

After making an unannounced visit, the adult daughter discovered her elderly father close to death. Law enforcement was called in and both Gilbert and Kircus were arrested, prosecuted and ultimately convicted after a jury trial.

Donald Wade was a cab driver hired to drive Peggy twice a month to visit with her 93-year old friend Ruth who was in the advanced stages of Alzheimer's and who resided in a skilled nursing facility. On one occasion Peggy cancelled the scheduled visit because of illness; however, Wade seized the opportunity to drive over to the facility and collect Ruth. He drove her to Ruth's bank and along the way obtained Ruth's signature to a CD surrender form that authorized the bank to cash in her CD for \$97,000, albeit with a penalty for early withdrawal. Wade convinced the bank to issue a cashier's check payable to Wade's friend whom he described as Ruth's “attorney.” At no time did the teller take Ruth to one side and ask her if she understood what was happening. As a result, Wade and his friend were able to steal \$96,000 [the bank deducted \$1,000 by way of a penalty] from Ruth's account. The crime was only discovered after Wade shot his friend over a dispute as to how the theft proceeds were being divided. Wade was convicted and sentenced to state prison.

tenced to state prison.

Want or need to learn more about Georgia and local officials are doing to combat the type of victimization? Our state and local speakers will identify and describe for the audience how victims are targeted, how vulnerable many are, and what is being done in the CSRA to combat these and other types of abuse, neglect, exploitation. You will also learn about area resources and what YOU can do to prevent one more victimization.

You may register by calling the Area Agency on Aging at 706-210-2000 for details and registration information.

Breakfast, lunch, resource materials, and networking with local resources are included in the registration fee. Don't miss out, please call 706-210-2000 today to register for this important and timely conference – who knows, it may save YOUR life or the life of a loved one!

Hope to see you all on Thursday, June 8, 2017 at Trinity-on-the-Hill United Methodist Church, Monte Sano Avenue, Augusta, Georgia 30904.

Source for case file information: Address to the Special Committee on Aging by Paul Greenwood, Deputy District Attorney, Head of Elder Abuse Prosecutions, San Diego District Attorneys Office, San Diego, California.



THE LEDGES APARTMENTS

- Quality, Independent Living For Seniors
- Must Be At Least 62 Years Old
- Rent Based On Adjusted Income (HUD Guidelines)
- Utilities Included In Rent
- One Bedroom and Efficiencies (Perfect For One)
- Smoke-Free Building
- Service Coordinator Available
- Added Safety Features In Bathroom
- Elevators For Your Convenience
- Coin Operated Laundry Rooms On Each Floor

INDEPENDENT RETIREMENT LIVING IN THE HEART OF NORTH AUGUSTA WITHOUT LEAVING FAMILY, FRIENDS, COMMUNITY AND CHURCH AFFILIATIONS

Applications Taken at 550 Sikes Hill, North Augusta, SC

803-279-1776
theledges@comcast.net



Congregate and Home-Delivered Meals (Meals on Wheels)

Submitted by
JEANETTE CUMMINGS
Director, Area Agency on Aging
A Division of the CSRA Regional
Development Center

The CSRA Agency on Aging is accepting applications for the Meals on Wheels program in the 14 county region which comprises the CSRA – Georgia.

The home delivered meal program promotes better health for older adults and eligible members of their households through the provision of nutritious meals; nutrition screening, education and counseling; and opportunities for social contact.



Jeanette
Cummings

Eligibility

- Aged 60 and over, or a spouse (regardless of age) of a person aged 60 or over;
- Persons with disabilities who are residents of housing facilities occupied primarily by older adults at which congregate nutrition services are provided

Priority

- Those in the greatest social and economic need,
- Shows moderate to high nutrition risk status,
- High functional impairment needs and unmet need as documented on the assessment tool (Home-delivered meals only)

To make application, please contact the CSRA Agency on Aging at 706-210-2018 or 1-866-552-4464.

Taking Care

Plan Ahead For Positive Medical Visits

by LISA M. PETSCHKE

When the relative you are caring for must attend a medical appointment, planning ahead is crucial, especially if they have special healthcare needs. You need to be prepared not only for the appointment itself, but also for the travel and wait time involved.

Follow the tips below to minimize stress and maximize success.

Before You Go

If accessible transportation is required, book it well in advance.

Don't schedule anything else on the appointment day.

If you are driving to an unfamiliar location, call in advance to get directions and information about parking options. Also inquire about the accessibility of the premises in terms of parking, entrances and washrooms, and whether transport chairs are available.

Complete any forms received at a previous appointment or by mail – for example, questionnaires or pre-op paperwork.

Review any literature received in advance regarding how to prepare for the appointment and what to expect.

Ensure your relative wears loose-fitting, breathable clothing and comfortable walking shoes. Layer garments to make it easy to adapt to warm or cool temperatures.

If the weather is inclement or you are anxious about parking, plan to take a taxi so you and your relative can be dropped off and picked up at the medical building's entrance.

Make a list of everything to bring along. Read on for items you may want to include.

What To Bring

Tickets for accessible transportation, disabled parking permit, parking pass or sufficient money for parking lot fees.

Mobility aids.

Nourishment. Snacks are especially important if you or your relative are diabetic. If your appointment is near lunch time, pack a sandwich and drink for both of you. If your relative resides in a care facility, request a bag lunch a day in advance. Bring an apron or towel to protect their clothing while they eat, and wet wipes for cleaning up afterwards.

Sufficient prescription and over-the-counter medications to cover the time you expect to be away. Bring an extra dose in case the wait is unusually long.

Extra incontinence pad or brief.

Change of clothes and a plastic bag for soiled garments.

Facial tissues.

Hand sanitizer (travel size).

Medical insurance information.

List of all health conditions and medications, including dosages and frequency of use.

List of questions and concerns.

Note pad and pen to record information and instructions.

Cell phone (ensure it's sufficiently charged) or coins for a pay phone in case you need to get in touch with someone.

Reading material or other diversionary items – crossword puzzles or personal music player, for example – to keep your relative pleasantly occupied during waiting periods. Bring something for yourself, too.

When You Arrive

Make use of hand sanitizers at building and office entrances.

If it's your first time in the building, orient yourself. Consult any layout plans or directories, typically found by main entrances. Find out where washrooms are located, and whether there's a cafeteria, coffee stand or tuck shop for purchasing drinks and snacks. The latter is good to know for future visits.

Have health insurance information ready when you check in at the office or clinic. Let the receptionist know of any special needs your relative may have – for example, behavioral issues that may be exacerbated by noise or a long wait. Also advise of special circumstances – for example, if your relative has another appointment in the building or elsewhere, such that time is a concern.

Before You Leave

If your relative resides in a care facility: ask the healthcare provider to make a brief note regarding any findings, recommendations and plans. This is important information for you to take back for the charge nurse and the physician overseeing your relative's care. Also inform staff of any tests or follow-up appointments that are scheduled or require booking.

If a referral is being made to another healthcare professional, ensure you are clear about their name, area of expertise and loca-

tion, and the purpose of the consultation.

If your relative is being booked for a test, inquire about the typical amount of time involved and whether special preparation is required.

When You Get Home

Note any further consultations or tests on your calendar right away. Attach appointment cards with a paper clip, so you have

phone numbers handy should you have any questions or need to reschedule.

Keep any forms or information sheets you've been given in a labeled file folder, for easy access.

Lisa M. Petschke is a medical social worker and a freelance writer specializing in boomer and senior health matters. She has extensive personal experience with elder care.

2017 Georgia Golden Olympics Registration

Special to Senior News

The 2017 Georgia Golden Olympics is scheduled for September 27 - 30, 2017 in Warner Robins, Georgia. You'll want to join in for the 35th year of the games!!! Plan now to participate... and, bring your friends! As an athlete you'll

have over 50 events to choose from. Not an athlete... then volunteer to help with the games. Join the fun!!!

Registration for the 2017 Georgia Golden Olympics opened on May 1st. Registration without late fees must be completed by August 1st. For complete details concerning the games, registration, and volunteer opportunities visit www.georgiagoldenolympics.org.



**GEORGIA
DERMATOLOGY &
SKIN CANCER CENTER**

Proudly welcomes
Lauren Ploch, MD
 Board Certified Dermatologist
to our team of skin cancer specialists.






Chris Thompson, PA-C - Lauren Ploch, MD - Johnathan Chappell, MD - Caroline Wells, PA-C

(706) 733-3373
2283 Wrightsboro Rd - AUGUSTA

Skin Cancer Removal - Mohs Surgery
Routine Skin Exams - Mole Removal
Botox, SkinCeuticals & Cosmetic Dermatology now available
**PATIENT REFERRALS, NEW PATIENTS
& MOST INSURANCE PLANS ACCEPTED**

GaDerm.com

Senior NEWS

Serving Augusta & the CSRA

Website

www.seniornewsga.com

Publisher

Billy R. Tucker
478-929-3636

Email: seniornewsga@cox.net

Advertising Account

Executives

Anthony Sorrells
404-353-3379

hanthonysorrells@aol.com

Carolyn Brenneman

706-407-1564

seniornewsga@att.net

Columnists

Carolyn Brenneman
Kathleen Emce
Lisa Petsche

Published monthly. Business Office is located at 214 Wilsons Creek Bend, Bonaire, GA 31005. Approximate Monthly Readership: Metro Augusta, 27,000; Metro Macon/Central Georgia, 21,000. Editorial and advertising copy deadline is the 15th of the month. Preference is given to editorial copy submitted earliest. Publishers do not accept any liability whatsoever for any material supplied by advertisers or editorial organizations including the use of trademarks, logos, slogans, or other service marks, or any claims made by such organizations and such organizations indemnify and save harmless the publishers in the event of any lawsuit or litigation. In the event of any publishers' error in the content of any advertisement, maximum liability shall be limited to the cost of the advertising area in which the error occurred. Publishers reserve the rights to edit or reject any materials submitted for publication. Editorial information you would like considered for publication should be mailed to: Senior News, 214 Wilsons Creek Bend, Bonaire, GA 31005.

CORPORATE OFFICE

Billy R. Tucker,
President/Publisher

Phone 478-929-3636

www.seniornewsga.com

E-mail: Seniornewsga@cox.net

Copyright 1987

Senior News & Views of Georgia

Poets' Corner

Editor's Note: If you have written a "well-worked" poem which you would like considered for publication, please email it to seniornewsga@cox.net or mail it to Senior News, 214 Wilsons Creek Bend, Bonaire, GA 31005. Please include your name and address on your poem. We will publish selected poems (or excerpts) as space permits.

YOU ARE NEVER TOO OLD TO FALL IN LOVE

by Sandy Schwamlein Straughan

*Love is Wonderful!
Love is GRAND!
I have married
A Gentle, Christian Man!*

*He takes care of me,
I take care of him,
We watch golf and baseball,
And Cowboys we both recall!*

*I like to cook...
The trash he took!
We have lots of FUN,
Now that we're JUST ONE!*

*You are never too old to fall in LOVE,
And we both Believe in our God above!*

MOTHER

by Linda Reagan

*As the years passed by and I
grew up
You were always there to guide me.
Now I am grown with children of
my own
And you are here beside me.*

*Whenever I need you
You're always there it seems*

*To help me with my problems
And to share my hopes and dreams.*

*No woman on Earth has ever been
A better mom than you, you're my
best friend.
And my greatest wish is that my
children will
Feel the same for me that I feel
for you.*

*I love you more than words can say
And though many things may
pass away
One thing will remain – my love
for you
That will never change.*

(I wrote this for my mother, Lillian Pritchett, July 27, 1969. She was still carrying it in her purse when she died, June 11, 1978. A few years later, my daughter, Teresa, wrote music for it, recorded it herself, and gave it to me for Mother's Day in 1987. Needless to say, it was the most touching gift I have ever received.)

MY NEW LIFE

by Rochelle Siegel-Day

*Scared and lonely
Beginning a new life
Out of a marriage
No longer his wife*

*What shall I do now?
Where will I now go?
Being a dutiful wife
Is all that I know*

*Must I move far away?
Joining the 'elderly' clan
Giving up all my hopes
Of finding another good man?*

*Now is the time, dear ones
To say "Good night"
It's 8 o'clock, now
Gotta turn off the light*

A CHRISTIAN MOTHER

by Shirley Glisson

*Through an act of love a new life
is born,
So tiny and helpless in a world
of scorn.
The mother so gently responds
to his cry,
And meets every need as each
day goes by.*

*She watches with pride her gift
from above,
She teaches and molds him with a
heart of love.
She prayerfully seeks on bended
knee,
Wisdom from God, and His will
to see.*

*To train up this child in the way
he should go,
So at a young age his Saviour
he'll know.
A precious soul has been left in
her keeping,
God has commanded, spare not for
his weeping.*

*Tell him the sweetest story we know,
That Jesus' blood makes us whiter
than snow.
Read to him God's Word and teach
him to pray,
And how he must live for God
every day.*

*Of all the great tasks, there is no
other,
As important to God as a Christian
Mother.*

Opinion

A Legacy Worth Remembering!

by DANIEL W. GATLYN, USN Ret.
Minister/Journalist

The question is not, "What kind of Legacy are those of renown leaving..." but, rather, "What are you individually building upon?" This is not to imply that good works, morals, loyalties, patriotism, credibility, and integrity are a waste in any corner; but, let all be wisely informed that the world is better or worse off for every person who has come this way.

That is true of the day worker, the night watchman, the nurse, the maid, the "butcher," the baker, the "candlestick maker." It is also true of the doctor, merchant, mayor, and surveyor. It is true of the driver, the fireman, the individual ballot marker, the affluent and illiterate... the journalist, the Democrat, Republican, the Independent; and, those of no Party!

All have some light and a conscience.

This column gives space for personal introspection, to both the writer and the reader! First of all... ME! Do I cling to facts? Credible statistics? A proven course? A positive phrase? A virtuous moral? You make the call! Then to you, for great responsibility lies within your choice. You can be a blessing or a curse! You can tell the truth, or you can stretch reality! Are you a responsible citizen? Your life can be filled with hate and revenge—or you can read the Script that explains an unthinkable error! What about your legacy? Would it be something to write home about? Only you can chart the course for gold!

It is sad, but we are in an era when falsehood is a fad! It is, and it has always been, a flaw on humanity and a flaw with both present and eternal consequence. Today, it is as common as sunshine.

Most lies have been uncovered; but, even those can be resolved with confession and remorse. Hate is a National past time; and, make no mistake, it will be judged!

Back to me, for I continue to be my greatest problem. I do not present myself as an item of perfection; but, I do strive for the prize.

Not just because of the prize; but, I deeply care for people, for my Country, and for my God. I do not hate my brother (sister) of any color. I make a conscious effort to abstain from violation of legal or moral statutes. I am proud of my Military alliance of thirty years; and, Ministry of an even longer term. I am up in years, and will soon be gone. I do not aspire that my name be inscribed on the marquee as someone special; but, I would pray that those who recall my existence – family and friends – would savor the fact that I came this way!

State Revenue Commissioner speaks at Columbia County Chamber of Commerce Post Legislative Breakfast

Special to Senior News

Evans, Ga (May 9, 2017)

The Columbia County Chamber of Commerce hosted the 2017 Post Legislative Breakfast, presented by Queensborough National Bank & Trust Company, on Tuesday, May 9 at Savannah Rapids Pavilion. Offered annually by the Chamber's Government Affairs Committee, the Post Legislative Breakfast allows local business leaders to keep abreast of the political challenges and activities that affect the Greater Augusta area.

During the program, keynote speaker State Revenue Commissioner Lynne Riley, addressed the crowd of over 250 local business and community lead-

ers, outlining the responsibilities of the Georgia Department of Revenue and discussing new legislation that was adopted during the 2017 legislative session.

The event also featured a panel discussion with state legislative delegates from the Greater Augusta area. Those in attendance included Sen. Jesse Stone, Sen. Lee Anderson, Rep. Barry Fleming, Rep. Jodi Lott and Rep. Mark Newton.

The 2017 Post Legislative Breakfast is presented by Queensborough National Bank & Trust Company. Premier sponsors include Columbia County Board of Commissioners and AT&T. Executive Sponsors include SME CPAs, Washington Road Self Storage and Zaxby's.

About the Columbia County Chamber



The Columbia County Chamber of Commerce is a five-star accredited chamber representing over 1,000 businesses in the Greater Augusta area. As a member driven, business focused organization, the vision of

the Columbia County Chamber of Commerce is to ensure and promote the beneficial growth of our community. For more information on the Columbia County Chamber, visit www.columbiacountychamber.com.

Rivers, Rails and Roads permanent display

Submitted by Arts and Heritage Center of North Augusta, Theresa Rousseau, Executive Director

The Arts and Heritage Center of North Augusta is a terrific resource for all, but especially so for teachers. This permanent display highlights the rich heritage of the four counties of Aiken, Bamberg, Barnwell and Orangeburg. It gives you a glimpse of life for the early settlers and the Native American tribes in the area. See how the Railroad, the Savannah River and the roads led to the development of this region, tied the state together and gave new access to life beyond the horizon. It will also give you an

idea of early agriculture and the King crop of cotton with an understanding of how life was changed during the Civil War, the depression, World War I and World War II.

The textile industries and Savannah River Site projects continued to bring growth and more change. The Rivers, Rails and Roads display is full of information about present day activities, recreations and sports and is interesting to visitors from school aged and up.

The display is augmented by a diorama of North Augusta which shows North Augusta circa 1910 with the lovely Hampton Terrace Hotel. The model is to scale and includes many historical structures that are still standing, including

Rosemary, Lookaway Hall and the Star of Edgefield.

The Arts and Heritage Center of North Augusta is located on the ground floor of the North Augusta

Municipal building, 100 Georgia Avenue, North Augusta. It is open Monday - Friday from 10 a.m. - 4 p.m. and the 1st Sunday of the month from 1 p.m. - 3 p.m.



WYMBERLY

by **JENSEN communities***
Get in on the good life!

A 55+ retirement community of affordable manufactured homes located in Martinez, Georgia.

- Clubhouse with exercise room, library and game room
- Pool
- Fishing lakes
- Par 3 golf course

Some homes available:

- 202 Constitution Ave., 2 bed/2 bath..... \$44,800.00
- 4607 Dever Dr., 2 bed/2 bath..... \$51,900.00
- 4612 Dever Dr., 2 bed/2 bath..... \$49,900.00

OPEN HOUSE

April 26, 2017 • 1-4 p.m. • 104 Constitution Avenue

For more information and listings please call Letitia DeChant at 706-863-2390 or Email: l.dechant@jensencommunities.com www.jensencommunities.com

Additional Senior Services & Events Information Available at www.seniornewsga.com

**AUGUSTA/CSRA METRO AREA
Senior Services & Events Directory**
For additional Services & Events list-
ings, please visit our website at:
seniornewsga.com.

The Senior Citizens Council
4210 Columbia Road, Suite 13A,
Martinez, GA 30907; 706-868-0120
www.seniorcitizenscouncil.org

The Senior Citizens Council is open
Monday through Friday for the follow-
ing services:

- Advocacy Programs Department – including: Caseworker Services - Caregiver Respite, Referral Information and Support (CRRIS); Bill and Money Management (MAP); Senior Health Insurance and Education (SHINE) - the Center for the Prevention of Elder Abuse, Neglect and Exploitation.
- The Senior Corps Department: Foster Grandparent Program (FGP) and Senior Companion Program (SCP) for income-eligible persons age 55 and older who "serve up to 20 hours a week with special needs children or adults." Call us at 706-868-0120 for complete details. The Retired and Senior Volunteer Program (RSVP) for individuals looking for "fun and rewarding ways to make a difference in the community" or just get out-of-the-house a few hours a month. RSVP recruits individuals age 55 and

over for the opportunity to apply their skills, expertise, and experience to help meet critical community needs while meeting other like-minded folks in our community. RSVP pairs talented volun-
teers with a variety of local nonprofit, health care, governmental, and faith based organizations to assist these groups with meeting the needs of those they serve. Please call us at 706-868-0120 for details on any of our programs or make an appointment for a needed service. Our physical address is 4210 Columbia Road, Suite 13A, Martinez, GA 30907, Monday through Friday, 8:30 a.m. to 5:00 p.m.

CSRA Senior Life Enrichment Centers

Over 60? Do you enjoy socializing, parties, cards, crafts, Bingo and travel? Are you interested in staying healthy and active? Are you tired of eating lunch alone?

If you answered YES to these ques-
tions, check out a Center near you!

- **Blythe Area Recreation Department**
Patricia Strakosch, Brenda Buck
3129 Highway 88, GA 30805; 706-592-6668
- **Carrie J. Mays Recreation Center**
Kristy Banks, Tammy Olive
1015 11th Ave., Augusta, GA 30901;
706-821-2831
- **Henry H. Brigham Senior Center**
Heather Koons
2463 Golden Camp Rd., Augusta, GA
30906; 706-772-5456
- **McBean Community Center**
Dana Pettigrew, William Shaheed
1155 Hephzibah/McBean Rd.,
Hephzibah, GA 30815; 706-560-1814
- **Sand Hills Community Center**
Brandi Robertson, Linda Taylor
2540 Wheeler Rd., Augusta, GA 30904;
706-842-1912 or 706-842-1916
- **McDuffie Woods Community Center**

- Frank Booker
3431 Old McDuffie Rd., Augusta, GA
30906; 706-771-2656
- **New Bethlehem Community Center, Inc.**
Sheridan Glaze
1336 Conklin Ave., Augusta, GA 30901;
706-722-0086
- **Columbia County Senior Center**
Christie Lowe
5913 Euchee Creek Drive, Grovetown,
GA 30813; 706-556-0308
- **Burke County Senior Center**
Jackie Brayboy, Sherry Moody
717 W. 6th St., Waynesboro, GA 30830;
706-437-8007
- **Glascok County Senior Center**
Anita May
568 Brassell Park Ln., Gibson, GA
30810; 706-598-3050
- **Betty Hill Senior Citizens Center**
Knakia Huff
330 Waters Work Rd., Sparta, GA
31087; 706-444-7532
- **Harlem Senior Center**
Sabrina Threest
405 B West Church St., Harlem, GA
30814; 706-449-8400
- **McDuffie Senior Center**
Kimberly Ivy
304 Greenway St., Thomson, GA 30824;
706-595-7502
- **Jenkins County Senior Center**
Errand Drake
998 College Ave., Millen, GA 30442;
478-982-4213
- **Jefferson County Leisure Center**
Tammie Bennett
1841B Highway 24 West, Louisville,
GA 30434; 478-625-8820
- **Lincoln County Senior Center**
Pam Parton
160 May Ave., Lincolnton, GA 30817;
706-359-3760
- **Sylvania Senior Center**
Cathy Forehand
209 E. Ogeechee St., Sylvania, GA

- 30467; 912-564-7727
- **Taliaferro County Senior Center**
Velma Harris
119 Commerce St., Crawfordville, GA
30631; 706-456-2611
- **Warren County Senior Center**
Porsha Johnson
48 Warren St., Warrenton, GA 30828;
706-465-3539
- **Washington County Council on Aging**
Lynne Beal
466 Maurice Friedman Rd.,
Sandersville, GA 31082; 478-552-0898
(Mon., Tues. and Thurs.); 478-552-0013
- **Wilkes County**
Diana Hall
108 Marshall Street, Washington, GA
30673; 706-678-2518
- **Shiloh Comprehensive Community Center**
Elizabeth Jones
1635 15th St., Augusta, GA 30901; 706-738-0089

- **Aiken County Parks, Recreation & Tourism**
902 Vacluse Rd., Aiken, SC 29801;
803-642-7559;
www.aikencountysc.gov/tourism
- **Courtney Senior Center**
49 Roy St., Wagener, SC; 564-5211
- **Senior Bingo: 3rd Fri., 2 p.m., Free**
- **Canasta Club: Wednesdays, 12 noon, Free**
- **Harrison-Caver Park**
4181 Augusta Rd., Clearwater, SC; 593-4698
- **Aiken County Recreation Center**
917 Jefferson Davis Hwy., Graniteville, SC; 663-6142
- **Roy Warner Park**
4287 Festival Trail Rd., Wagener, SC;
564-6149

continued on page 7

General Business Directory For Seniors

BIBLE BY PHONE
FREE DAILY BIBLE READINGS -- NKJV
706-855-WORD
Augusta 706-855-9673
Aiken 803-442-9673
Thomson / Lincolnton 706-541-3639
Daily Word • P. O. Box 1234 • Evans, GA 30809

CASKETS & MORE STORE
Now In Our New Location
1819 Walton Way • Augusta
Great Savings on a Large Selection of
Caskets, Monuments and Grave Markers!
Direct to the Public!
706-738-2999
"Specializing in all types of grave markers and coping"

**Crossword Puzzles
& Games**
available at
www.seniornewsga.com

Attic Treasures of Harlem
*All profits go back into the community.
Over 1/4 million dollars donated.*
575 W. Milledgeville Road
Harlem, GA 30814
attictreasuresofharlem.org
~ Last Friday of every month ~
EVERYTHING is 50% off!
~ First Wednesday of every month ~
ALL Clothes are \$1.00!
HOURS
Wednesday, Thursday & Saturday 10 a.m. – 4 p.m.
Friday 10 a.m. – 6 p.m.
Closed on Sunday, Monday & Tuesday

**COMPASSIONATE
Home Care Services, LLC**
We Know Nursing & We Are On Call 24/7!
We believe in family-centered care and education and it is our intent to be a blessing to you and our community. Our belief is that every human life has worth and is deserving of love, dignity and compassionate care. Our mission is to provide care that is affordable and without compromise.
~ SERVICES ~
• Skilled Nursing • Respite Care
• Live-In (Sleep Over) • Personal Care
• Home Management • Transportation
• Companion/Sitter • House Keeping

227 South Belair Road
Martinez, GA 30907
706-650-6613
www.compassionate3.com

**Goodwill NEEDS
YOU!**
YOUR DONATIONS
When you donate your clothing and household items to Goodwill Industries, the merchandise will be processed by trainees and resold at Goodwill stores to fund job training and placement services for people with barriers to employment
YOUR TIME
Spend an afternoon, or a few hours each week giving back to the community. Make volunteering a part of your family activities.

CALL: Mid GA: 478-475-9995
OR CSRA: 706-650-5760
To find a location near you, visit
www.goodwillworks.org

EVENTS from page 6

Hearing Loss Association of Augusta
Meetings are normally held on the 3rd Saturday, 11 a.m.-1 p.m., September-April except for December, at University Hospital, 1350 Walton Way, Dining Rooms 1-3. For information on the organization please contact Gayle Tison at g.m.tison@wowway.com.

Morris Museum of Art
1 Tenth Street at Riverwalk in Augusta Riverfront Center. Call 706-724-7501 for more information or visit the Museum's website at www.morris.org.
• Author Luncheon: Mary Alice Monroe: Tues., June 27, 11:30 a.m., Abel Brown Southern Kitchen & Oyster Bar

Augusta Museum of History
560 Reynolds Street in downtown Augusta. Call 706-722-8454 for events information.
• Voices of the Past Museum Theater: A Petersburg Boat Pilot: Sat., June 17
• Voices of the Past Museum Theater: The Other Tubmans: Sat., June 10
• Brown Bag Series: Beech Island: Elizabeth Laney, Redcliffe Plantation Park Interpreter

Lucy Craft Laney Museum of Black History
www.lucycraftlaneymuseum.com
Call 706-724-3576 for events information.

USA DANCE Augusta Chapter 6074
Every Third Saturday of the Month
The USA Dance is a National Dance Organization. Our Chapter 6074 focuses on the Augusta and Aiken areas. Our dances are held on the THIRD SATURDAY of each month. The dance is

held at American Legion Post 63, 90 Milledge Rd., Augusta, from 7:30 to 11 p.m. Lessons at 8 p.m. If you are able, please bring something sweet or savory for the goody table. Tasty food, the best dance floor in the CSRA, great music, a friendly and welcoming atmosphere all add up to a perfect Saturday evening experience. Cost is \$8.00 for USA Dance members or \$10.00 for non-members. For additional information call Kay Cooke at 706-210-8780 or Rudy Brostrom at 803-442-9337. Join us for an evening of fun and fellowship!

Augusta Christian Singles Dance
Dances are at 7:30 p.m. with complimentary dance lessons at 6:30 p.m. Admission will be \$10.00 for guests and \$8.00 for members. Light refreshments will be served.

Located at The Ballroom Dance Center, 525 Grand Slam Drive, Evans, GA 30809.

Friday Night Dance
Every Friday, 8-11 p.m., American Legion Post 63, 90 Milledge Rd., Augusta. With band or DJ. \$10 cost. Free coffee and cake. Everyone welcome. Call 706-733-5184.

DBSA (Depression Bi-Polar Support Alliance)
Meets the 3rd Tues. of every month at 6:30 p.m., First Baptist Church of Augusta, Walton Bldg., Room 105., 3500 Walton Way Ext., Augusta. Call 706-722-0010 for complete details or the Friendship Center (see Augusta phone book for number).

Pieceful Hearts Quilt Guild
Meets on Monday nights, 7-9 p.m., and Thursday mornings, 10 a.m.-2 p.m., at St. Bartholomew's Episcopal Church, Martintown Rd., North Augusta. For

details call 803-279-6456 or 706-790-4975.

Augusta Chapter Of The Embroiderers' Guild Of America
Meets First Mon. each Month, 6:30 p.m., St. Augustine's Episcopal Church, 3321 Wheeler Rd., Augusta. Additional information - Call Diana Parfit at, 706-513-5458 or email: dianalparfit@gmail.com.

Alzheimer's Caregiver Support Group
Meets 3rd Tues., 6:30 p.m., Brandon Wilde Retirement Community, Evans. For details call 706-854-3591 or 706-854-3501.

Area Agency on Aging
30-minute aging services information session, 3rd Thursday each month, 1 p.m. KROC Center Augusta, Senior Lounge, 1833 Broad Street. Registration not required. Contact April Young, Resource Specialist, 706-210-2022 or 706-210-2018.

CSRA Parkinson Support Group
Meets monthly, St. John Towers Dining Room, 724 Greene St., Augusta. For details call 706-364-1662.

Find Your Voice
Aiken Toastmasters meet on the first and

third Thursday of each month, 6:45 p.m., at Odell Weeks Center on Whiskey Road in Aiken. Guests are always welcome. For additional information call 803-648-7833.

Phinzy Swamp Events
706-828-2109

Tired of Retirement?



Want Some Extra Spending Money?

Senior News newspaper is adding to our team of advertising sales representatives! Work Full or Part-Time calling on businesses in the Augusta & CSRA Metro Area. Excellent communication and organizational skills, creative thinking, positive attitude, and being computer savvy a must. Advertising sales experience preferred.



Attractive Commission Based Plan!

Send Resume To
seniornewsga@cox.net

General Business Directory For Seniors

Do you Need Glasses, Dentures or Dental?

If you have Medicare, Call me.
I Might be able to Help.

Bill Phillips

706-284-1635

~ ADVERTISING INFORMATION ~

Anthony Sorrells

404-353-3379 • hanthonysorrells@aol.com

Carolyn Brennehan

706-407-1564 • seniornewsga@att.net

Billy Tucker

478-929-3636 • seniornewsga@cox.net

TrueCare Personal Care Home

We provide peace of mind

Welcome to a place you'll truly love to call home.

Services Provided:

- Can provide assistance with everyday tasks
- Full meals
- Fully trained caregivers
- 24-Hour monitoring
- Transportation to Doctor Appointments
- Weekly Activities

We accept private pay and Medicaid.

We Speak Spanish.

1909 Central Avenue • Augusta, Georgia 30904

706-364-1412

RAMBLEWOOD APARTMENTS

2549 Center West Parkway
Augusta, GA 30909

706-434-8768

www.RamblewoodAugustaByElon.com

Come for the value... Stay because it is HOME!

elon8130@elonmgmt.com



- Ask about our senior special!
- Single Story Living

SOUTHERN COMFORT SHOES

David A. Alexander, C.Ped.
Board Certified Pedorthist

- Custom Shoes
- Foot Orthotics
- Modifications
- Diabetic Fitting



1001 Walton Way
Augusta, GA 30901

706-434-0129

Fax: 706-305-1277

alexcosouthern@yahoo.com
www.southerncomfortshoes.com

We are Comfort Keepers



Comfort Keepers

Comforting Solutions for In-Home Care

Comfort Keepers® provide in-home care such as:

- Companionship
- Personal Care
- Meal Preparation
- Transportation
- Your Local EEOICP Provider

Services are provided for as little as a few hours a day up to 24/7. Call today to schedule a complimentary in-home assessment.

803-279-7100

Independently owned and operated since 2002

WWW.COMFORTKEEPERS.COM

On the Cover

June is Berry Time!

by CAROLYN BRENNEMAN

COVER:
Freshly picked strawberries

Hey everyone! Now is the time to take a short trip to one of the local farms markets for berry picking! Let's hop in the car, one of these warm mornings, and head on out to our favorite berry farm. We can take our kids and grandkids and head on out for some fun and togetherness to pick and purchase the delicious local produce.

Want to enjoy the summer morning picking strawberries? Now is the time to start out adventure. One of the largest farms in our area is Gurosik's Berry Plantation. We can enjoy picking along the rows and rows of sweet smelling and rosy red strawberries and fill our buckets full. It is a truly pleasant experience in a peaceful and relaxing atmosphere. This year, the season

starts early, so plan a trip in early June and enjoy the experience and favorable berries from 8 in the morning to 7 at night. Also there are many gorgeous plants and flowers available to enjoy and purchase. Before heading on out to the plantation, be sure to check in on the info line at 803.278.0594. The farm is located at 345 Briggs Road, North Augusta, 29860.

Love those tasty blueberries, blackberries, and boysenberries? Now later in June, let's head on out to pick some sweet and juicy berries at Blue House Farm. They are a smaller farm, but will produce lots of blueberries, blackberries, and muscadine grapes this year. They are at 279 Old Blythe Road, in Harlem, 30814, and be sure to call first at 706.699.0762 for more information.

So you say, you would rather take the grandkids out to a local roadside market for these delicious berries? Or just looking for fresh flowers? Then let's head on out to one of the several roadside stands in our area. A most popular one is Fury Ferry located at the corner of Fury's Ferry Road and Mulliken Road. You can't miss this popular stand at the corner of Fury's Ferry. Or try Tip Top Taps at 4317 Washington Road, near PDQ restaurant at the corner of Washington and Belair Road, with easy access and free parking. Rather go down to the river? Try The Riverwatch stand near the corner of Riverwatch Parkway and Baston Road. You may encounter the manager, Avia, on any given day, who will give us some great tips on cooking with berries.

So, where should we find the best information for our outings? My favorite website is Blake Slemmer's website, www.picky-ourown.org. He has a great list of Georgia and South Carolina farms near us where we can pick our own fruit or explore a road side market where we can get freshly picked fruits and vegetables and plants. Be sure to check out all the exciting and useful information on Blake's website



Giant sunflower blooming at a farm

www.picky-ourown.org for addresses and phone numbers of the various farms and markets.

And wherever we go, at one of our stands that we visit, let's enjoy some icy cold refreshments with our kids and grandkids! So

let's spend some family recreation time and create our summer memories together with our families and friends. Be sure to check out Blake's website, www.picky-ourown.org. Photo of the young child is provided by Blake.



Berries getting ready to be picked



Beautiful plants from many markets

Vintage Gardens At Sweetwater



Senior Living at its best! Enjoy the quiet gazebo with flowers, horseshoe pit, individual gardening areas, and a community center with planned activities for everyone.

Residents must be 55 and over.

Apartment Features

- Washer/Dryer Connections
- Heated/Cooled Sunrooms
- Fully Equipped Kitchens
- Oversized Bathrooms
- Large Walk-in Closets
- Water and Sanitation Included
- Garbage Disposal
- Mini Blinds
- Single Story, No Stairs
- Handicap Accessible

Community Features

- Community Center w/planned activities
- Individual Gardening Areas
- Gazebo with Flower Gardens
- Horse Shoe Pit

COME ON HOME!

Section 8 vouchers accepted and transferable from Georgia to South Carolina!

Equal Housing Opportunity

Vintage Gardens

At Sweetwater

3 Murrah Road Extension
N. Augusta, SC 29860

(803) 819-3139

Monday-Friday, 9 am-3 pm
Saturday, by appointment