Senior News

Serving AUGUSTA & the CSRA Information For Ages 50 PLUS!

Enjoy Crossword

Let's visit Congaree National Park!

by CAROLYN BRENNEMAN

Let's all take the day to visit Congaree National Park in South Carolina in the next few months. The national part is a delightful experience. This time of the year, the weather is sunny but not too hot and the waters from the rivers are flowing and ready enjoying, or even for canoeing. Many nature lovers, photographers, and hikers of all ages are traveling to this beautiful area and enjoying the warm days and cooler evenings exploring all that the national park has to offer.

One of the great features of Congaree National Park is the abundant walking and hiking trails all around the forest. The Bluff Trail, the Sims Trail and the Boardwalk can be traveled by the beginner walker as well as the experienced hiker. The Boardwalk starts from the Visitor's Center and goes through diverse old growth forest. You can listen for woodpeckers hammering away in the tall trees above. The lower part of the boardwalk passes through a primeval bald cypress and water tupelo forest. You will see hundreds of Cypress knees protrude from the forest floor. The knees, part of the tree's root system, are thought to help aerate the roots and anchor the cypress in the area's wet soil. Congaree is noted for being one of the tallest temperate, hardwood forests in the world with loblolly pines as tall as 17 story buildings, tall sweet gum trees, and beautiful cypress trees. To be in this forest, is like stepping back in time in a wilderness area.

Another great feature of the park is the free ranger guided canoe trips throughout the year. No canoeing experience is necessary and all ages are welcome. The rangers provide instruction in paddling and

continued on page 8

May 2016 Vol. 30, No. 5

Porter Fleming Literary Competition Award Winners

Special to Senior News

The winners of the 2016 Porter Fleming Literary Competition have been announced by the Morris Museum of Art. They are:

Fiction

- 1st Place: Chris Garcia, Martinez, GA, The Well
- 2nd Place: Walter Lacher, Aiken, SC, Gene
- 3rd Place: Courtney Santo, Memphis, TN, The Bridge of the Gods

Judge: Cecelia Tichi, author, editor, and the William R. Kenan Jr. Professor of English at Vanderbilt University, Nashville, TN

Non-Fiction

- 1st Place: Beth Ann Fennelly, Oxford, MS, Y'all's Problem
- 2nd Place: Evan Guilford-Blake,
 Stand Manageria GA, Salara
- Stone Mountain, GA, Solace
 3rd Place: Richard L. Knowles,
 Harkers Island, NC, Long, Cold Roads

Judge: Barry Yeoman, award-winning journalist, teacher, and radio documentarian

Plays

 1st Place: Chris LaMantia, Grovetown, GA, The Fourth Wall
 2nd Place: Jonathan Cook, North Augusta, SC, A Play by Theodore Janus 3rd Place: Jon Tuttle, Florence, SC, Precis

Judge: Ellen Hemphill, writer, director, and Associate Professor of the Practice of Theater Studies, Duke, Durham, NC

Poetr

- 1st Place: Emily Rosko, Charleston, SC, Transit
- 2nd Place: Peter Schmitt, Miami, FL, Instinct
- 3rd Place: James Hudson, Augusta, GA, The Virgin of Chelmsport
- Honorable Mention: Marlena Bergeron, Evans, GA, Skyline Salute

Judge: Ellen Hemphill, writer, director, and Associate Professor of the Practice of Theater Studies, Duke, Durham, NC

The Porter Fleming Literary
Competition, recognizing talented writers who reside in Alabama, Florida,
Georgia, Mississippi, North Carolina,
South Carolina, and Tennessee, was
established in 1993 by Shirley Fleming
to honor her late father, noted author
and artist Berry Fleming. Funded by
the Porter Fleming Foundation, which
is administered by the Trustees of the
Academy of Richmond County, the
competition is organized and directed
by the Morris Museum of Art.

The Porter Fleming Foundation was established by Berry Fleming in 1963 as a memorial to his father, Porter Fleming, a prominent Augustan and one of the city's leading philanthropists. The Morris Museum of Art was founded in 1985 and opened to the public in 1992. It is the oldest museum in the country that is devoted to the art and artists of the American South. The museum's permanent collection of five thousand works of art, dating from the late-eighteenth century to the present, represents every aspect of the region's visual culture. The Morris is open to the public from Tuesday through Saturday, 10:00 a.m.-5:00 p.m., and on Sunday, noon-5:00 p.m. For more information about the Morris Museum of Art, visit www.themorris.org or call 706-724-7501.

ENOPION is Busy this Summer... Busy as a Bee!

Special to Senior News

e need Actors and
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have singing roles.

So if you love to sing but don't want to "speak" this is the part for you.

Auditions are by appointment, so call NOW to schedule... 706-771-7777 or visit online at www.enopion.com and fill out an application.

All the information about CRE-ATION along with Audition materials, Rehearsal Calendars and Show Schedules are on the website too.

MOVIES IN MAY

Making a decision on what movie to go and see can be a challenge, especially for a Christian. Hollywood has caught on to the band wagon and realizes that we want this kind of entertainment and they have flooded the screens this summer. But can we trust their view of what makes a Christian Movie?

The Christiano Brothers, from FIVE TWO Pictures say: "if someone is going to call a movie Christian, it needs to have a sincere message for Jesus Christ."

So ENOPION and FIVE TWO
Pictures want to put your mind at ease
with two movies: TIME CHANGER
and A MATTER OF FAITH. Showing
May 21st at the Kroc Center. TIME
CHANGER - 3 p.m; A MATTER OF
FAITH - 6 p.m. \$7/PERSON (per
show); \$5 for Groups of 4 or more
(per show). Visit our Website
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<u>Taking Care</u>

What to Look for in a New Home

by LISA M. PETSCHE

s we advance in age, there is a good chance that eventually our home will no longer suit our lifestyle

or our needs.



Lisa Petsche

Common reasons for relocating include simplifying home ownership responsibilities, reducing living expenses, maximizing accessibility and safety, and

increasing personally security, community access or opportunities for activities and socializing.

There are many options for boomer and senior home ownership, including moving to a comparablesized home with different design, downsizing to a smaller house or an apartment-style condominium, and moving to an adult lifestyle community containing detached homes or townhouses.

If you or a loved one are planning to relocate, it is important to consider not only your current needs and preferences but also potential future needs. By doing so you can maximize your chances of being able to age in place.

The following are some questions you may want to consider when checking out properties.

Building Features:

- · When was it built? Does it appear to be in good condition?
- Is the exterior maintenance-free?
- Is there an entrance at ground level? Is it sheltered?
- If there are steps to enter, or to navigate once inside, is there plenty of landing space?
- · Does the entrance door have a wide-angle viewer (peephole)? Are door locks easy to operate?
- · Is there a sizeable foyer with room for a bench?
- Is there a one-floor plan? If not, is there a kitchen, bathroom, bedroom and laundry room on the main

floor? Is there an open concept lay-

- Are hallways and doorways wide enough to accommodate a mobility
- Is there non-slip flooring? Does carpet have a low pile?
- Are there sturdy handrails on both sides of the stairs? Are steps deep enough to place the whole foot? Is the stair rise a comfortable height, and are risers closed? Are stairwells wide enough to accommodate a stair lift? Are they well lit?
- Is there a light switch within easy reach at the top and bottom?
 - Is there an attached garage?
- Is there central air conditioning? A programmable thermostat?
- Are there plenty of windows? Are they easy to operate? Energy efficient? Low enough to have a view while sitting?
- Are door handles easy to operate? (A lever type is ideal.)
- Are light switches easy to reach from doorways?
- · Are there ample electrical outlets and phone jacks? What about highspeed Internet access?
- Are there smoke detectors and carbon monoxide detectors?
- · In the kitchen: Do countertops have rounded corners? Is there counter space next to appliances and cupboards?
- In the bathroom: Are there grab bars in the tub? A hand-held showerhead? A walk-in shower? Built-in shower seat? Easy-to-handle faucets? (A single lever is best.)
- Is there a spare bedroom and, ideally, a second bathroom, should live-in help be required?
- If walls are shared with neighbors, what kind of soundproofing

Apartment Considerations:

A Division of the CSRA Regional Commission

3626 Walton Way Extension, Suite 300

Augusta, GA 30909

- . Is the building fully air-condi-
- Are common areas spacious, clean and bright? Are furnishings and décor attractive and modern?
- Can elevators easily accommodate a wheelchair or scooter? Are the

buttons easy to access?

- · Does every unit have a balcony or terrace?
- · Are there in-suite laundry facilities? If not, is the laundry room easy to access? Are the appliances in good condition?

Grounds:

- Is the lot level?
- a If there is an entrance ramp, does it have a gentle incline?
- Is there covered parking? Ample space for visitors' vehicles?
- · Are the grounds child-friendly for visiting grandchildren?
- Does the neighborhood have sidewalks?
- · With a house: Are the grounds low maintenance? Is there room for a garden? Are paved areas in good repair? Are there sturdy railings and handrails on porches and decks? Are there motion sensor lights?
- With a Condo: Are hardscaped areas and green spaces well maintained? Do they include benches? Is there a furnished patio? Shaded areas? A residents' garden? Walking paths? Water features? Plenty of lighting?

Location:

· Is it central to local relative and

- · Is there easy access to major roads and highways?
- · Is it central to frequently accessed amenities, such as a grocery store, drug store, bank, medical clinic and place of worship? What about proximity to a shopping center, library, continuing education institution, park, recreation center, restaurants and cultural attractions?

Amenities (in a condo or lifestyle community):

- · What kind of security measures are in place?
- · Is there a party room for family gatherings and a community room for group meeting?
- Are there fitness facilities, such as a swimming pool, gym or tennis court? What other recreation and leisure opportunities are available?
- What amenities are included in the monthly condo or Homeowners' Association (HOA) fee, and would you make use of enough of them to justify the cost? What is the cost of optional amenities, such as a golf club membership or a boat slip?

Lisa M. Petsche is a social worker and a freelance writer specializing in boomer and senior concerns.

Vintage Gardens At Sweetwater



Senior Living at its best! Enjoy the quiet gazebo with flowers, horseshoe pit, individual gardening areas, and a community center with planned activities for everyone.

Residents must be 55 and over.

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Monday-Friday, 9 am-3 pm Saturday, by appointment



Regional Commission

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- · Assistive Technology
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- Housing Meals on Wheels
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- Options Counseling · Employment Options
- Private Pay Services Transportation
- In-Home Services



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Poets' Corner

Editor's Note: If you have written a "well-worked" poem which you would like considered for publication, please email it to seniomewsga@cox.net or mail it to Senior News, 214 Wilsons Creek Bend, Bonaire, GA 31005. Please include your name and address on your poem. We will publish selected poems (or excerpts) as space permits.

MOM, I LOVE YOU by Pauline M. Brown

Mom, I love you for all you've done! You never held back, even after all $I'd\ done.$

You gave me food, you dried my

and when I was tired, you hugged me twice.

Mom, I love you on this special day, Not because you gave me or let me have my way,

But because you taught me right from wrong.

When I couldn't sleep, you held me in your arms.

Mom, I love you because you are

And I thank you for all you do.

Happy Mother's Day! I'm blessed. You are my mom: just another blessing.

> ©2015 ******

OPPORTUNITIES MISSES

by Paul R. Goniea, Sr.

When I saw her passing, Beneath the mistle toe,

I thought, "Should I kiss her?" "Maybe she'll says, No!"

"Maybe she'll get angry!" And "Maybe she'll be mad!"

That's when I passed up, The best chance, that I had.

Now, I see her, underneath The mistle toe.

But, only in my memory, From many years ago.

I never made her angry. I never made her mad.

But, I never made her anything. I've only made me sad. *****

LINKS THAT BIND

by Henry N. Goldman (To all, with whom I have enjoyed the game, I dedicate this anaphora.)

Bound by fairway's plush green splendor,

Bound by green's smooth rolling grain.

Bound by nature's tree lined wonder, Bound to go and test my swing.

Bound by fellow golfers' friendship, Bound by their camaraderie, Bound to hear somebody's loose lips, Bound to wind up behind some tree.

Bound to try some new found gimmick,

Bound to trust it's amazing claims, Bound to find it does not help me, Bound to lay on it the blame.

Bound to make that perfect golf shot, Bound to hit the green and run, Bound to find that little white pot, Bound for my first hole-in-one!

MY SPECIAL FRIEND

by Sandra Schwamlein Moore

I met "My Special Friend" A long time ago...

We've kept in touch And now I know...

I'm in love with him. What should I do?

Could he be in love With me, too?

His kisses were sweet When he came to see me.

That's when I knew He was "Special" to me.

His next visit... may be soon, He hopes so, and I do, too!

Should I tell him I love him?

I don't want to scare him away... When he arrives, it will be "A Special Day!"

He is in my thoughts "Morning, Noon and Night!" I never thought I'd feel this way at this point in my life.

Just hearing his voice, makes me smile.

I hope I see him, in a little while.

Love is Wonderful! Love is Grand!

Soon I will be in his arms, And holding his hand.

Every Day so Happy am I, "My Special Friend" is the reason why!

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FEATURING: Kevin Brigle,

PhD, NP Massey Cancer Center Virginia Commonwealth University Health System

Friends and family are welcome! Complimentary parking and refreshments provided.



lateral latera

Homebuyers tricked into wiring closing costs

by KELVIN COLLINS President/CEO, BBB of Central Georgia & the CSRA, Inc.

Buying a home this spring?

If so, watch out for this cunning new con. A recent alert from the Federal Trade Commission (FTC) warns that scammers are hacking into email accounts and instructing homebuyers to wire closing costs straight into their pockets.

Here's how the scam works. Imagine you are buying a home, and everything is ready for your closing. Then, your real estate agent or title company emails with new instructions. Instead of bringing a check to your closing, you are instructed to wire your closing costs to a bank account immediately.

Don't do it! You'll be wiring thousands of dollars into a scam account. Hackers have been breaking into the email accounts of consumers' and real estate professionals to search for information about upcoming transactions. After figuring out the closing date, the hacker sends a phishing email to the buyer, posing as the agent or title company notifying them of the change in payment methods. If the buyer takes the bait, their bank account is usually cleared out within minutes. And

since the scammers are usually outside of the country, that is money the victim will likely never see again.

Don't accept changes to an agreed transaction based solely upon an email. If someone tells you to deviate from a previous plan, especially one that involves thousands of dollars, check it out before you send a dime. Call your agent or title company and make sure the new directions are legitimate.

Tips to Spot a Phishing Scam:

Email is not a secure way to send financial information. Your real estate professional or title company will know that. They will not send nor ask you to provide banking information via email.

Be wary of unexpected emails that contain links or attachments. Do not click on links or open files in unfamiliar emails.

Consider how the company normally contacts you. If a company usually contacts you by phone, be suspicious if you suddenly start receiving emails or text messages without ever opting into the new communications.

Don't believe what you see. Just because an email looks real, doesn't mean it is. Scammers can fake anything, from a company logo to the "Sent" email address. If something seems suspicious, check the company's website or call them. Err on the side of caution and confirm before taking any action. DON'T click on any links or call a number in a message you suspect is a scam. If you want to look on the company's website, type in the URL listed on your statement or do a web search.

Finally, be sure to keep your operating system, browser and security software up to date and run regular scans.

For more trustworthy consumer tips, visit bbb.org. Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org or E-mail: info @centralgeorgia.bbb.org or info@

The 2016 Georgia Golden Olympics

csra.bbb.org.

Special to Senior News

The 2016 Georgia Golden
Olympics is scheduled for
September 21-24, 2016 in Warner
Robins, Georgia and hosted by the
Warner Robins Recreation
Department. Join us for the 2016
event and qualify for the 2017
National Senior Games scheduled
for June 2-15, 2017 in Birmingham,
AL.

Registration will open May 1 and

continue through August 1, 2016. If you have competed in the Georgia event in previous years, you may register online (after May 1, 2016) from the website: www.georgiagoldenolympics.org

If this is your first time to compete, you may print the form from the website and mail with your fees and age verification to Georgia Golden Olympics, PO box 958, Winder, GA.

For more information about the games you may go to website or call 770-867-3603.

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Additional Senior Services & Events Information Available at www.seniornewsga.com

AUGUSTA/CSRA METRO AREA Senior Services & Events Directory For additional Services & Events listings, please visit our website at: seniornewsga.com.

The Senior Citizens Council 4210 Columbia Road, Suite 13A, Martinez, GA 30907; 706-868-0120 www.seniorcitizenscouncil.org

The Senior Citizens Council is open Monday through Friday for the following services:

Advocacy Programs Department –
including: Caseworker Services Caregiver Respite, Referral Information
and Suuport (CRRIS); Bill and Money
Management (MAP); Senior Health
Insurance and Education (SHINE) - the
Center for the Prevention of Elber
Abuse, Neglect and Exploitation.
 The Senior Comes Department: Foster

 The Senior Corps Department: Foster Grandparent Program (FGP) and Senior Companion Program (SCP) for incomeeligible persons age 55 and older who "serve up to 20 hours a week with special needs children or adults." Call us at 706-868-0120 for complete details. The Retired and Senior Volunteer Program (RSVP) for individuals looking for "fun and rewarding ways to make a difference in the community" or just get outof-the-house a few hours a month. RSVP recruits individuals age 55 and over for the opportunity to apply their skills, expertise, and experience to help meet critical community needs while meeting other like-minded folks in our community. RSVP pairs talented volunteers with a variety of local nonprofit, health care, governmental, and faith based organizations to assist these groups with meeting the needs of those they serve. Please call us at 706-868-0120 for details on any of our programs or make an appointment for a needed service. Our physical address is 4210

Columbia Road, Suite 13A, Martinez,

GA 30907, Monday through Friday, 8:30 a.m. to 5:00 p.m.

CSRA Senior Centers

Over 60? Enjoy socializing, parties, cards, crafts, Bingo and travel? Interested in staying healthy and active? Tired of eating lunch alone? If you answered YES to these questions, then you need to check out a Senior Center near you!

- Blythe Area Recreation Department Patricia Strakosch; 3129 Highway 88, Blythe, GA 30805; 706-592-6668
- Carrie J. Mays Recreation Center Sheryl Jones; 1015 11th Ave., Augusta, GA 30901; 706-821-2831
- East View Community Center Roberta Sullivan; 644 Aiken St., Augusta, GA 30901; 706-722-2302
 HH Brigham Senior Center Heather Kooms; 2463 Golden Camp Rd., Augusta, GA 30906; 706-772-5456
- McBean Community Center
 Willamae Shaheed; 1155 Hephzibah-McBean Rd., Hephzibah, GA 30815; 706-560-1814 or 706-560-2628
- Sand Hills Community Center Lillie Rosier; 2540 Wheeler Rd., Augusta, GA 30904; 706-842-1912 or 706-842-1916
- New Bethlehem Community Center, Inc.

Millicent E. West; 1336 Conklin Ave., Augusta, GA 30901; 706-722-0086

- Bessie Thomas Community Center Jeff Asman; 5913 Euchee Creek Dr., Grovetown, GA 30813; 706-556-0308
- Burke County Senior Center Jackie Brayboy; 717 W. 6th St.,
- Waynesboro, GA 30830; 706-437-8007
 Glascock County Senior Center Anita May; 568 Brassell Park Ln., Gibson, GA 30810; 706-598-3050
- Grovetown Senior Center Jennifer Thomas; 103 W. Robinson Ave., Grovetown, GA 30813; 706-210-
- Betty Hill Senior Citizens Center Cathie Birdsong; 330 Waters Work Rd., Sparta, GA 31087; 706-444-7532
- Harlem Senior Center
 Tina Sidener; 405 B West Church St.,
 Harlem, GA 30814; 706-449-8400
- Jefferson County Senior Center Marie Swint; 209 E. 7th St., Louisville, GA 30434; 478-625-8820
- McDuffie Senior Center
 Melinda Hill; 304 Greenway St.,
 Thomson, GA 30824; 706-595-7502
- Jenkins County Senior Center

Shirley Chance; 998 College Ave., Millen, GA 30442; 478-982-4213 • Lincoln County Senior Center

- Pam Parton; 160 May Ave., Lincolnton, GA 30817; 706-359-3760
- Sylvania Senior Center
 Cathy Forehand; 209 E. Ogeechee St.,
 Sylvania, GA 30467; 912-564-7727
- Taliaferro County Senior Center Allene Oliver; 119 Commerce St., Crawfordville, GA 30631; 706-456-
- Warren County Senior Center Gwanda Murray; 48 Warren St., Warrenton, GA 30828; 706-465-3539
 Washington County Council on Aging Jane Colson; 466 Maurice Friedman
- Rd., Sandersville, GA 31082; 478-552-0898 (Mon., Tues, and Thurs.) 478-552-0013
- Wilkes County
 Diana Hall; 108 Marshall St.,
- Washington, GA 30673; 706-678-2518
 Shiloh Comprehensive Community
 Center

Elizabeth Jones; 1635 15th St., Augusta, GA 30901; 706-738-0089

H. H. Brigham Senior Center 2463 Golden Camp Rd., Augusta Contact: Patricia A. Jenner 706-772-5456; 1 a.m.-3 p.m.

Aiken County Parks, Recreation & Tourism

902 Vaucluse Rd., Aiken, SC 29801; 803-642-7559;

www.aikencountysc.gov/tourism Courtney Senior Center

- 49 Roy St., Wagener, SC; 564-5211

 Senior Ringo: 3rd Fri. 2 p.m. Free
- Senior Bingo: 3rd Fri., 2 p.m., Free
 Canasta Club: Wednesdays, 12 noon, Free

Harrison-Caver Park 4181 Augusta Rd., Clearwater, SC; 593-4698

Aiken County Recreation Center 917 Jefferson Davis Hwy., Graniteville, SC; 663-6142 Roy Warner Park 4287 Festival Trail Rd., Wagener, SC; 564-6149

Academy for Lifelong Learning, USC-Aiken Information: 803-641-3288

Hearing Loss Association of Augusta

Meetings are normally held on the 3rd Saturday, 11 a.m.-1 p.m., September-April except for December, at University Hospital, 1350 Walton Way, Dining Rooms 1-3. For information on the organization please contact Gayle Tison at g.m.tison@wowway.com.

Hephzibah Lions Club

Meets the 2nd & 4th Thursdays, 7 p.m., Jesse Carroll Community Center, Windsor Spring Rd., Hephzibah. For additional information contact Lion Frank Spinney, President, at 706-592-5618 or Jon Winters at 706-592-9622 or 706-833-0458.

Morris Museum of Art

1 Tenth Street at Riverwalk in Augusta Riverfront Center. Call 706-724-7501 for more information or visit the Museum's website at www.the morris.org.

Gertrude Herbert Institute of Art Located at 506 Telfair Street, Augusta. Call 706-722-5495 for information.

Caregiver Support Group

Are you caring for a spouse or parent? Join other caregivers to share experiences, gather practical resources and find the support you need. The group meets the 3rd Monday of each month at

continued on page 7

Missed your copy of Senior News?

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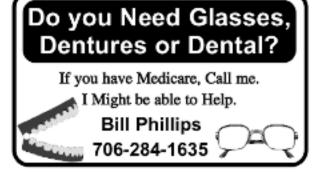
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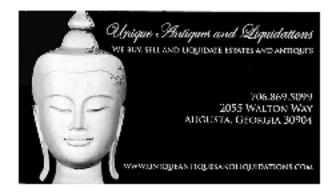
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General Business Directory For Seniors









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EVENTS

from page 6

6:30 p.m. at the Friedman Branch Library located at 1447 Jackson Road in Augusta. For more information contact Georgia Jopling, Caregiver Specialist, Area Agency on Aging, 706-210-2000 or 888-922-4464.

Augusta Museum of History

560 Reynolds Street in downtown Augusta. Call 706-722-8454 for events information.

 Announces Online Exhibition Commemorating 1916 Fire Augusta, GA: The Augusta Museum of History is pleased to announce a special online exhibition commemorating the Great Fire of 1916. Curated by Augusta Shepard, the exhibition is compilation from the Museum's photography collections and uniquely documents events and the aftermath of that fateful day. The exhibition can be found on the Museum's website: www.augustamuse-

 Mangelly Accordionaires: Museum Rotunda on Mother's Day, Sun., May 8, 1 p.m. The event is free to the public. The Mangelly Accordionaires travel musically around the world celebrating their versatile accordions on Mother's Day. Accordionists hail from New York, Pennsylvania, Augusta, Evans and have performed in Europe, Asia, South America and on cruise ships.

 Brown Bag History Series: Irish Americans in the River Region: Wed., May 11, 12:30 p.m.

Lucy Craft Laney Museum of Black History

www.lucycraftlaneymuseum.com Call 706-724-3576 for events informa-

USA DANCE Augusta Chapter 6074 Every Third Saturday of the Month

The USA Dance is a National Dance Organization. Our Chapter 6074 focuses on the Augusta and Aiken areas. Our dances are held on the THIRD SATURDAY of each month. The dance is held at American Legion Post 63, 90 Milledge Rd., Augusta, from 7:30 to 11 p.m. Lessons at 8 p.m. If you are able, please bring something sweet or savory for the goody table. Tasty food, the best dance floor in the CSRA, great music, a friendly and welcoming atmosphere all add up to a perfect Saturday evening experience. Cost is \$8.00 for USA Dance members or \$10.00 for non-members. For additional information call Kay Cooke at 706-210-8780 or Rudy Brostrom at 803-442-9337. Join us for an evening of fun and fellowship! Monthly dance details

- May 21: Armed Forces Day Waltz
- June 18: Hawaiian Luau Hula
- July 16: Independence Day Fox
- Aug. 20: Ice Cream Bolero
- Oct. 15: Halloween Salsa Nov. 19: Thanksgiving West Coast
- Dec. 17: Christmas (No Dance Instructor)

Augusta Christian Singles Dance

Dances are at 7:30 p.m. with complimentary dance lessons at 6:30 p.m. Admission will be \$10.00 for guests and \$8.00 for members. Light refreshments will be served.

Located at The Ballroom Dance Center, 525 Grand Slam Drive, Evans, GA 30809.

Fraternal Order of Eagles #1197

1999 Scott Rd., Augusta. Like to dance - join us 8-12 p.m. every Saturday. Live country band. Cover charge \$5 at the door. Bingo: Sun., 1:30 p.m.; Mon. & Thurs., 6:30 p.m. Kitchen open one hour prior to Bingo. Steak supper 1st Sat. For details call 706-790-8040 or 803-270-0981. .

AARP Augusta Local 266

There is more to AARP than a newspaper and a magazine. The local chapter meets at the Kroc Center, The Salvation Army, 1833 Broad Street, Augusta. For additional information or to join, call Mrs. Catherine B. Butler, Chapter President, at 706-854-0524.

Al-Anon and Alateen Groups

Al-Anon and Alateen Groups meet in various locations in the CSRA Mon.-Sat. For information or a listing of meeting in the area call 706-738-7984. To locate meeting throughout Georgia call 800-568-1615.

Friday Night Dance

Every Friday, 8-11 p.m., American Legion Post 63, 90 Millege Rd., Augusta. With band or DJ. \$10 cost.

Free coffee and cake. Everyone welcome. Call 706-733-5184.

DBSA (Depression Bi-Polar Support Alliance)

Meets the 3rd Tues, of every month at 6:30 p.m., First Baptist Church of Augusta, Walton Bldg., Room 105., 3500 Walton Way Ext., Augusta. Call 706-722-0010 for complete details or the Friendship Center (see Augusta phone book for number).

Pieceful Hearts Quilt Guild

Meets on Monday nights, 7-9 p.m., and Thursday mornings, 10 a.m.-2 p.m., at St. Bartholomew's Episcopal Church, Martintown Rd., North Augusta. For details call 803-279-6456 or 706-790-*******

Augusta Chapter Of The Embroiderers' Guild Of America

Anyone with an appreciation of embroidery is welcome. Chapter consists of women with diverse backgrounds, experience, and ages who share an interest and pleasure in needlework. Meetings include a review of local needlework activities, some handson stitching, refreshments, and socialization. Meets the 1st Mon. of each month at Alliance Missionary Church, 2801 Ingleside Dr., Augusta. For additional information call Natalie Farrell at 706-736-5508.

Alzheimer's Caregiver Support Group

Meets 3rd Tues., 6:30 p.m., Brandon Wilde Retirement Community, Evans. For details call 706-854-3591 or 706-854-3501.

CSRA Parkinson Support Group

Meets monthly, St. John Towers Dining Room, 724 Greene St., Augusta. For details call 706-364-1662.

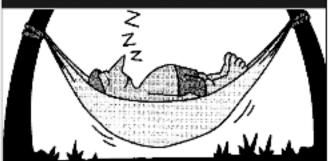
Area Agency on Aging Offerings

Learn through a 30-Minute session, 3rd Thurs. each month, 1 p.m., KROC Center Augusta, Senior Lounge, 1833 Broad St. Registration not required. Contact Lee Walker, Resource Specialist, 706-922-8348 or 706-210-

Turkey Creek Festival

May 7 in Byromville, GA. Family oriented fun for everyone. Parade at 10 a.m. Slide show vendors, games, rides, food, door prizes, and entertainment. 15 minutes west of I-75, Exit 122, right onto GA Highway 230. For details visit www.turkeycreekfestival.com.

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General Business Directory For Seniors

Goodwill needs



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YOUR TIME

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To find a location near you, visit www.goodwillworks.org

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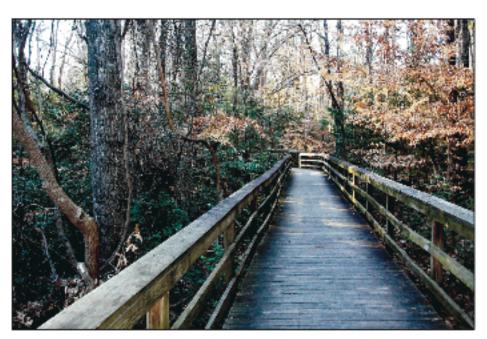
CONGAREE

from cover

give us an interpretation of the park and river as we paddle away. While canoeing, we can see the diverse wildlife of the area as, depending on the season, we may see turtles, snakes, raccoons, white tailed deer, and owls. The canoe trips are by reservation only. You will canoe in a most exquisite



Canoeing up Cedar Creek



The more familiar Boardwalk Trail

part of the park detailed with vivid fall colors, large cypress trees, and Spanish moss.

Wildlife and plant life photography opportunities are abundant. The large trees with their massive canopies block out a considerable amount of sunlight, yet allow enough filtered light through to make for some interesting photos. So come to visit this great forest, take a walk or hike, sign up for a canoe ride, and enjoy the beautiful surroundings that nature provides. For more information, visit www.nps.gov/cong or call 803.776.4396 for more information.





The knees of the cypress trees

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