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**CASH
GIVEAWAY!**
See Page 8
For Details!

*Geologists' Book
Leaves No Stone
Unturned!*

Story on page 8

August 2013
Vol. 27, No. 8

If Disaster Strikes, are you prepared financially?

by **KELVIN COLLINS**
President/CEO, BBB of Central Georgia & the CSRA, Inc.

We have seen our fair share of rain and storms over the last month so it seems timely to think about planning for natural disasters. Natural disasters can destroy your personal property and severely impair your ability to conduct financial transactions. If you had only a few minutes to evacuate your home, and had to be away for several days or weeks, would you have access to cash, banking services and the personal identification documents you would need to support your family?

The Better Business Bureau and the Federal Deposit Insurance Corporation offer tips on what to have ready if a disaster should strike without warning:

Forms of Identification

These include driver's licenses, medical insurance cards, Social Security cards, passports and birth certificates. While it is best to have originals, it is also important to have copies, in case originals are misplaced or destroyed.

Checks and Deposit Slips

Even if you rarely write checks, consider having your checking account number handy. That way you can authorize an important payment over the phone. If you do rely on checks, have enough blank checks and deposit slips to last a month or so.

ATM Cards, Debit Cards and Credit Cards

These cards give you access to cash and the ability to make payments on outstanding bills. Make sure you know your PIN numbers; do not write them down or carry them with the cards!

Cash

ATMs and credit card machines in affected areas may not be functioning, so it is a good idea to have cash available for necessary purchases. The amount will depend upon the size of your family, your expected financial needs and your ability to use debit or credit cards to make purchases.

Phone Numbers for Financial Service Providers

Make a list of the local and toll-free numbers for your bank, credit card companies, mortgage lender, brokerage firms and insurance companies. You may need to contact

these providers to defer a payment, replace lost cards or open a new account.

Account Numbers

These would include bank and brokerage account numbers, credit card numbers and auto and homeowner's insurance policy numbers. Copy the front and back of your credit cards so that you have the card number and the toll free contact number on the back.

Safe Deposit Box Key

You cannot get into your safe deposit box without your key, no matter what forms of identification you present.

After you have gathered this information, store it in a safe, protected place. Do not leave it out in

the open or in an unlocked drawer. Many identity theft victims have been "robbed" by family members or workers within their homes.

For more tips you can trust, visit www.bbb.org <<http://www.bbb.org>.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org or E-mail: info@centralgeorgia.bbb.org or info@csra.bbb.org.

The Next Chapter

Book Recommendations by ANNE B. JONES, PhD

A Killing on Ring Jaw Bluff: The Great Recession and The Death of Small Town Georgia, William Rawlings, Mercer University Press, 2013

Internal Security, David Darracott, Lightning Rod Books, 2012

One of my favorite writer-friends has written a great non-fiction work for Georgia history buffs. Mercer University Press recently published William Rawlings' *A Killing on Ring Jaw Bluff*. Rawlings' mother and my mother were friends years ago in a middle Georgia town named Sandersville. This was back in the day... when the deep-south was ribboned with two-laned highways dotted with small towns that didn't flow into each other.

Raised in this south he knows and loves, Rawlings came from a family of physicians and now has his own practice. He is as steeped in southern tradition as the sweet beverage we drink on hot summer days. Having lived the southern experience, he has access to knowledge of the people and events that created it.

Considered his best book yet, *A Killing on Ring Jaw Bluff* provides a look at Georgia in the early 1900s, its politics, its economy and its people. Described by one reader as a story of "Murder, Scandal, Family Secrets and History," the story is about Charles Graves Rawlings and the rise and fall of our state's rural population and small towns. The

man amassed a fortune along with power and prestige, but his glory was short-lived due to allegations of involvement in murder. The book gives a fascinating look into our judicial system as it poses questions still relevant today.

David Durracott's *Internal Security* is a timely novel. The book was released as we heard news stories about reporters paying the ultimate price for uncovering high level secrets. Darracott refers to his work as a "literary thriller" because of the extra pains taken in areas of setting, character development and layering of plot. This main difference in commercial and literary thrillers is due to craftsmanship.

The story revolves around a small-town reporter who chances upon a career-building opportunity... the bombing of a Florida hotel. His subsequent investigation uncovers shocking evidence threatening the rich and powerful as well as the U.S. government. Faced with life-changing choices, he becomes the target of those who will suppress the story at any cost. Non-formulaic and filled with surprises, *Internal Security* is a thought-provoking political novel appealing to intelligent individuals willing to delve into high level politics. Darracott is a respected writer of fiction and non-fiction, a graduate of Emory University who holds a masters degree in English

You may contact Anne at annebjones@msn.com; annebjones.com.

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Seniors to Congress: Don't pay Social Security based on illegal work!

Special to *Senior News*
Alexandria, VA (July 15, 2013)

When unauthorized immigrants work under phony Social Security numbers, what happens to their prior earnings' records when their legal status changes? The question is important because earnings are the basis for determining entitlement to Social Security and Medicare benefits. Under current law, individuals who later gain work authorization can claim prior earnings under invalid Social Security without penalty to gain eligibility to Social Security. Social Security uses all earnings from jobs – worked both legally and illegally to determine the initial retirement benefit. "That means without changes to Social Security, immigration reform would lead to big, new long-term benefit costs based on illegal work," says TSCL Chairman Larry Hyland. "These are costs that neither the Congressional Budget

Office nor the Social Security Administration have fully disclosed to the public," he says.

To qualify for Social Security, workers generally must have 40 quarters of coverage – about ten years of earnings history, but fewer quarters are required for people under age 61 with qualifying disabilities. There is no official published data on the amount of wages on file attributable to aliens working without authorization, but the Social Security Administration maintains an earnings suspense file that represents an estimated \$763.5 billion in wages from 2000 through 2010, most of it believed attributable to illegal workers.

The Congressional Budget Office estimated that the cost of the Senate immigration reform bill S.744 would cost Social Security and Medicare about \$70 billion over 20 years. But under the legislation, immigrants in provisional status must wait 13 years before they would have access to most federal benefits. The

CBO's 20-year estimate thus does not reflect Social Security and Medicare long-term costs.

TSCL strongly supports an amendment in the Senate bill proposed by Senator Orrin Hatch and Marco Rubio that would prohibit the use of unauthorized earnings to determine eligibility for Social Security benefits. "TSCL believes that if Social Security numbers used for unauthorized work are invalid then the earnings under those numbers should also be invalid for entitlement to benefits," Hyland says.

Eighty-eight percent of TSCL's grass roots senior members believe that Social Security should not be based on unauthorized work. "Document fraud, identity theft and violation of immigration law should not be rewarded with Social Security benefits, adding huge new future costs at a time when lawmakers are considering cuts to Social Security cost-of-living adjustments (COLAs)," Hyland states. "Doing so would further erode Social Security solvency

increasing the risk of more cuts down the road," he adds.

TSCL is urging seniors to contact their Members of Congress. To learn more and find out how much you could lose by COLA cuts, visit www.SeniorsLeague.org.

With about 1 million supporters, The Senior Citizens League is one of the nation's largest nonpartisan seniors groups. Located just outside Washington, D.C., its mission is to promote and assist members and supporters, to educate and alert senior citizens about their rights and freedoms as U.S. Citizens, and to protect and defend the benefits senior citizens have earned and paid for. The Senior Citizens League is a proud affiliate of TREA The Enlisted Association. Please visit www.SeniorsLeague.org or call 1-800-333-8725 for more information.

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Albuterol Inhaler	90 mcg	200 dose	\$ 52	\$15.45	\$11.68	45%
Actos	30mg	100 tabs	\$658	\$334	\$109	83%
Advair	250/50	60 doses	\$175	\$110	N/A	39%
Plavix	75mg	28 tabs	\$142	\$ 86	\$ 25	83%
Synthroid	100mcg	100 tabs	\$ 55	\$ 15	N/A	74%
Viagra	100mg	4 tabs	\$ 68	\$ 46	\$ 32	45%
Diovan	320mg	28 tabs	\$113	\$ 42	\$ 18	85%
Celebrex	200mg	100 caps	\$396	\$158	N/A	60%
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Senior News & Views of Georgia

Be a Smarter Consumer!

by **KELVIN COLLINS**
President/CEO, BBB of Central Georgia & the CSRA, Inc.

There is no shortage of scams out there today. Consumers of all ages and nationalities are targeted by con artists whose primary goal is to part you from your money. The best way to avoid being taken advantage of is to become a smarter consumer. The Better Business Bureau offers the following tips to help improve your consumer skills:

- Be your own best protector. Even with all the consumer protection agencies and laws on the books, consumers must protect themselves by being leery of high pressure "too good to be true" claims. Say "no" whenever you feel pressured or have questions that are not answered yet. Carefully check out businesses and deals before signing anything or paying money up front.

- Do not do business with strangers who approach you at home without doing a thorough check. Make sure you have a permanent address and phone number for the business. Check the company out with your BBB. And make sure any promises are put in writing.

- Read before you sign. Read anything you sign to make sure you understand it, and to make sure it matches what the salesperson told you. And never sign a blank or partially blank contract, mark through the blank spots.

- Do not give any personal information over the phone to an unfamiliar company. This includes your credit card numbers, but also the credit card expiration date, your social security number, driver's license number and bank account

numbers. Even if you are told it is only for "identification" or "verification," this information can be used for unauthorized credit card charges, bank account debits and identity theft.

- Do not pay in advance for a "guaranteed" loan or job. Advance fee schemers typically ask for hundreds and sometimes thousands of dollars up front in order to allegedly deliver what they've promised, usually without a written contract.

- Do not fall for calls or letters claiming you have won a prize, but you must pay something. These calls or letters are usually worded very carefully to give the impression that you have already won, when in fact, it is either a low-value "premium with purchase" or a non-required purchase with extremely slim odds that you are the top winner.

- Do not get involved with work-at-home schemes or business opportunities without checking carefully. The BBB sees lots of secret shopper schemes, work-from-home scams, and other phony job offers, but the worst job-related scam can dash your hopes and steal your identity. Emails, websites and online applications all look very professional, and the candidate is even interviewed for the job (usually over the phone) and then receives an offer. In order to start the job, however, the candidate has to fill out a "credit report" or provide bank information for direct deposit of their "paychecks." The online forms are nothing more than a way to capture sensitive personal data – Social Security number, bank accounts, etc. – that can easily be used for identity theft. Also, avoid any request to wire transfer money, even if they send a check to cover the costs, the check ends up being

counterfeit and you get to repay the bank once it is returned. And, of course, there is no job in these situations.

- Do not respond to e-mails pretending to be from well-known companies. Such e-mails are often cleverly disguised phishing scams from computer criminals trying to steal your credit card number and other personal financial data.

Many consumers that fall victim to a con artist are too embarrassed to come forward, but we must all realize that these shysters are professionals and that they make their living from scamming the average unsuspecting consumer. To them this is a trade and like many honest workers, they become quite proficient at their trade. Becoming a victim is nothing to be embarrassed by, but it is an opportunity to warn many other consumers to be on the lookout for the perpetrators and possibly help authorities apprehend them.

If you or your group would like more information on avoiding scams, contact your Better Business Bureau at 1-800-763-4222 or visit our website at www.bbb.org.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org or E-mail: info@centralgeorgia.bbb.org or info@csra.bbb.org.

Spiritual Notes

The Passing Clouds

by **Dr. Bill Baggett**
Minister to Seniors
Dunwoody Baptist Church

In recent months there have been many natural disasters reported throughout our country. Never before, in my lifetime, have I seen or heard of so many destructive tornadoes, fires, and flooding. So many lives have been lost as well as prop-

erty damaged and complete devastation of towns.

I can remember as a child how disturbed my parents would get when a dark cloud and thunder was seen and heard on the horizon. Our family had a storm cellar where we would seek shelter until the storm passed.

So it is in life; clouds of sorrow, death, bereavement, and shattered dreams often leave us devastated. It is understandable that many people, who have experienced difficult times, can find a rainbow after the storm.

A favorite expression of my mine is found in Psalm 30:5 – "Weeping may endure for a night but joy cometh in the morning."

Like Job of old, we are often battered by the storms of harsh circumstances. As he found out, his

friends, though they had good intentions, did not comfort him in his troubles. Their counsel was based on wrong assumptions. His only comfort came when he was able to bring his case directly before God. This encounter with God gave him a broader understanding of God. This encounter with God caused Job to see himself, his frailties, mistakes and place in God's purpose.

If you are engulfed by storm clouds in life, read again the following words: "Yea though I walk through the valley of the shadow of death, I will fear no evil; for Thou art with me; Thy rod and Thy staff they comfort me..." (Psalm 23:4).

Dr. Baggett can be reached at Dunwoody Baptist Church, 1445 Mt. Vernon Road, Atlanta, GA 30338; phone 770-280-1200.

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Taking Care

Challenges of long-term ailments can be handled

by LISA M. PETSCHÉ

Approximately one in three North Americans has a chronic illness, defined as a permanently altered state of health that significantly affects daily living.



Lisa Petsche

Examples include arthritis, osteoporosis, diabetes, heart disease and neurological diseases such as Parkinson's disease.

Upon diagnosis of a major medical condition, most people initially go into a state of shock or disbelief. Subsequent emotions typically include anger, fear, anxiety, guilt, sadness and loneliness.

With progressive diseases, losses can be many, including strength, coordination, energy, communication, bodily functions, roles and responsibilities, previously enjoyed pastimes and plans for the future. Resulting dependence on others can strain relationships and negatively affect self-esteem.

Time frames vary for individuals, but eventually most people come to accept the reality of their situation. At that point they are ready to plan for their future and take control of it as much as possible.

Coping Tips

If you or a loved one has been diagnosed with a chronic illness, the following are some ways to become empowered mentally, emotionally and spiritually.

- Learn as much as possible about the illness and its management, and educate family and friends to help them understand.
- Be receptive to learning new ways of doing things and trying new activities. Concentrate on what you can rather than can't do.
- Cultivate an attitude of gratitude, consciously focusing on the good things in your life, such as supportive relationships and your religious faith,

and seeking beauty and tranquility – for example, through appreciation of art or nature. Learn to live in the moment and enjoy life's simpler pleasures.

- Redefine what quality of life means to you, recognizing that there are many ways to lead a meaningful life. Remind yourself that your identity goes much deeper than your appearance and physical abilities.

- Find an outlet for expressing your thoughts and feelings – perhaps talking with a friend, keeping a journal or participating in a support group.

- Accept that how you feel and what you can do may vary from day to day, and be flexible about plans and expectations. Take things one day at a time.

- Recall past life challenges and how you overcame them, to remind yourself of your resilience and generate hope.

- Stay connected to people who care. If your social net-

work is limited, develop new connections through volunteering, taking an adult education course of joining a club or group.

- Allow yourself plenty of time to adjust to your illness and the lifestyle changes it necessitates. Recognize that your family and friends will also need time to adjust, and may not know what to say or do. Let them know how you wish to be treated and keep communication lines open.

- Do something nice for someone. It will take your mind off your own situation and boost your self-esteem.

- Set aside quiet time each day, to nurture your spirituality and help keep you grounded.

- If applicable, turn to your religious faith for comfort.

- Seek counseling if you get stuck in one of the phases of grieving, such as anger or depression, or find yourself making unhealthy lifestyle choices.

- Recognize that no matter

what happens, you always have a choice about how to respond. Tap into your mental power.

Final Thoughts

However unwelcome it may be, illness – like other life crises – presents opportunities for growth. Many people gain a richer perspective on life, including a deeper spirituality, discover inner resources they did not know they possessed, develop new interests, acquire new skills, and form new relationships or experience deepening of existing ones.

If you are living with a chronic illness, rise to the challenges it presents, perceiving yourself as a survivor rather than a victim. Attitude really does make a difference.

Lisa M. Petsche is a medical social worker and a freelance writer specializing in boomer and senior issues. She has personal and professional experience with elder care.

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Poets' Corner

Editor's Note: If you have written a "well-worked" poem which you would like considered for publication, please forward it to: Senior News, P. O. Box 8389, Warner Robins, GA 31095-8389. Please include your name and address on your poem. We will publish selected poems (or excerpts) as space permits.

"YES, WOMEN ARE WRONG" by Paul R. Goniea, Sr.

A "companion and helpmate" is too much to ask.

To nag, vamp, or reform him,
instead, is her task.

To lead him, to bleed him, to paint
on her mask.

Ooh, but he...
Worse than she
Has chosen to be
Unable to see
What Divinity
Wants him to be.

Women refuse their role, as wife.
Oh, the distaff.

Men refuse their role in life.
Alas, Satan's laugh!

SOME HEARTS by Ronald Dennard

Some hearts are kind,
They love everyone,
They always look for the sun.
A heart that has love for even a
Stranger they will never see again.

Some have been broken, but they
never give up;
They preach love and they practice
it.
You can see love in their faces,
It shows in the eyes;
It is a joy to be around them.

To have a kind heart is a valuable
asset.
Each heart yearns to be loved;
They have so much to give in return.

A kind heart is far better than pure
gold;
Better than all of life's luxuries.

God teaches us all about kindness;
He will take a stony heart and turn it
into flesh.
Some hearts have really been
touched by God.

HER SILVER GRAY HAIR by Roger Brock

I comb her silver gray hair
Touch her cheek softly
Hoping today is a good day
One of remembrance and recognition

This past year has been so hard
First little things, then bigger
pieces of life's puzzle missing
Hard when I'm part of that
A stranger to her most times now

Her gaze meets mine
She smiles, the same sweet smile
A gentle loving person all her life

Where are all of her thoughts and
memories now?
In their own secret place?
Locked up?

No, life is unfair sometimes
And you can't help but wonder why
Why this sweet lovely lady Lord?

Looking back now, I wish I had held
her more and been a nicer person
During those good years when you
never thought about this stage of
life

Today she's smiling
But not much more
I tell her about the grandkids
How busy they are with school
Everyone says hello
And they'll be coming to see you
soon

I kiss her cheek softly
as I say goodbye
And a tear falls on her silver gray
hair

Cherokee County VAC's 13th Annual Gala and Auction slated for August 24th

Special to Senior News

The Cherokee County Volunteer Aging Council (VAC) is planning its 13th Annual Gala and Auction, the organization's major fundraiser, for Saturday, August 24, 2013. The event will be held at Northside Hospital, Cherokee Conference Center, located at 1130 Bluffs Parkway in Canton.

The Cherokee County Volunteer Aging Council is dedicated to supporting Senior Services and helping to fill the needs of Cherokee County seniors. The Council is committed to raising funds for services which are not currently covered or completely supported by programs already in place. YOUR DOLLARS help to supplement Meals on Wheels, building projects such as wheel

chair ramps, Last Stop Emergency Fund, Fan and Heater Drive and Adopt-A-Senior Programs. These programs help our seniors maintain and supplement their health and well-being during these trying times.

This year's event will feature live music and dancing with music by a Big Band Orchestra and include Dance

Lessons by Dance Studio of Canton. The event is black-tie optional and includes dinner, entertainment and a silent and live auction. Tickets are on sale now for \$75 each or \$135 per couple. Additionally, donation of auction items and sponsorship opportunities are available. For additional information or to purchase tickets call 770-345-7515.

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Does anyone have any idea?

by SUSAN LARSON

I'll bet everyone reading this has invented something. Or at least improvised, innovated or improved something. Really, is there anyone out there who's never gotten out of a jam with a twisted paper clip?

Actually, inventing is usually the easiest part of the process. The patenting, manufacturing and marketing are where the trouble comes in.

Enter Inventors Association of Georgia, where inventors from all over the state can meet up with patent agents, patent attorneys, IT experts,

web designers, vendors and manufacturers who can provide support. Also, members can keep abreast of all the details of intellectual property rights and laws that change as rapidly as the new technology they apply to.

And there are always experienced inventors willing to mentor, like Jan Janicek of Stone Mountain. Janicek, the most senior member of the group who has been paying his dues since 1967, has only one patent to his credit.

"It was for a home-style soft drink dispenser, but it was too expensive to manufacture," Janicek said, noting that he knows the ropes from both ends.

Members don't all have degrees

from places like Georgia Tech, either. Carlyen Cumbie, also of Lilburn, left home in 1949 at age 16 to make it on his own. After working for 50 years as a plumber, he retired to pursue his first love in life, inventing.

For years Cumbie made miniature farm wagons and received a patent for a lock he designed for a retainer pin in a miniature tractor.

"Details like that make the difference between these things being worth a few dollars or a few hundred dollars," Cumbie said.

Today he focuses on inventing devices to make life easier for people with disabilities.

"When I see people that's struggling to do something, I want to do what I can to help out," he said. "A Vietnam vet told me how it's impossible to wheel a chair and hold an umbrella at the same time, so I invented an umbrella holder for his wheelchair."

These "Everyday Edison's" as some members call themselves, welcome anyone with any ideas. The next meeting is at the Ramada Inn in Norcross on August 24. For more details visit www.GAinventors.org.

Susan Larson is a writer from Lilburn. E-mail her at susanlsarson79@gmail.com.

When was the last time your doctor took the time to discuss your long-term well-being?

As your healthcare evolves and concerns about your medications, conditions, and specialists arise, it's important to have a physician who cares more about you and less about the number of patients seen. That's why it's our mission to transform senior care. By establishing a one-on-one relationship with you. By coordinating your healthcare and offering **courtesy transportation** to our offices. And most importantly, by providing you the respect and care you deserve.

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On the Cover

Geologists' Book Leaves No Stone Unturned

by SUSAN LARSON

Photos courtesy of Tony Madden

ON THE COVER

Dr. Pamela Gore, co-author of "Roadside Geology in Georgia," rests in a backhoe scoop during one of her Georgia digs.

After decades of digging through Georgia rocks, Dr. Bill Witherspoon and Dr. Pamela Gore decided to write a book about their discoveries. "Roadside Geology of Georgia," the latest in a series from Mountain Press, illustrates dozens of geological gems in Georgia.

"The book will be useful for families to take along to Georgia outdoor destinations," Witherspoon said. "If you've tubed the Chattahoochee in Helen, left tracks in the sand on Tybee Island, or glided up the Summit Skyride at Stone Mountain, you've had a rock

adventure. This book lets you spice those adventures up with a little science by understanding the geology behind the Georgia landmarks we encounter whenever we go outside in Georgia."

But "Roadside Geology of Georgia" is not just a travel guide for amateurs. The book is dedicated to Dr. Timothy M. Chowns, professor emeritus of the University of West Georgia, who for decades, with his colleague Randy Kath, has kept the Georgia Geological Society together.

Dr. Chowns said, "For thirty years or more people have been asking me to recommend a book about the geology of Georgia and, of course, there was none. Now I can direct them to 'Roadside Geology.' I am very impressed. You have done a magnificent job of explaining the geology of the state both in words and pictures. It was very generous of you to dedicate your book to me and to allow me to participate in your celebration. I have never received this kind of



Dr. Bill Witherspoon, co-author of "Roadside Geology of Georgia," poses with a massive Georgia rock, jokingly comparing it to the rock Sisyphus was doomed to push.

recognition from my colleagues before and I am immensely pleased and flattered. It's the kind of accolade I can treasure forever. Thank you so much. I look forward to toting Roadside Geology around the state and taking frequent bites."

The book provides more than just a description of rock formations. It helps people dig into the development of civilization, for which geology built the stage. In Georgia, there is a geological story behind the locations of all its largest cities and the sites of several Civil War battles. The location of certain minerals such as kaolin played a major role in shaping Georgia's politics. And many historic buildings and monuments are constructed from rocks indigenous to their particu-

lar area of the state.

Dr. Gore and Dr. Witherspoon also conduct programs all around the state to help educate people about the rocks around them.

On August 17 they will be keynote speakers for the Mineral Symposium at the Tellus Science Museum in Cartersville. On September 23, they will discuss Geology and the War in Georgia at Kennesaw National Battlefield Park. Other 2013 venues will include Atlanta Science Tavern, Fernbank Science Center and the Mid Georgia Gem and Mineral Museum at the Museum of Arts and sciences in Macon.

To dig up more information about their book or their programs, visit <http://geogiarocks.us/book> or www.facebook.com/RoadsideGeologyGA.

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Senior News

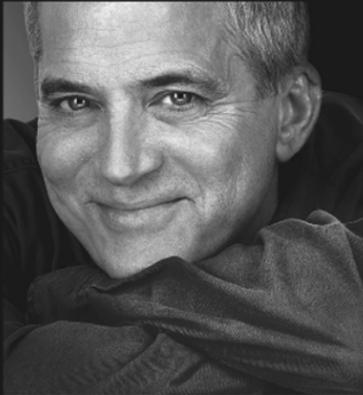
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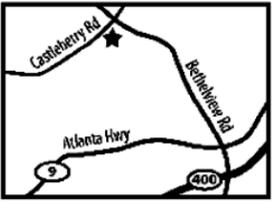
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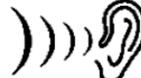


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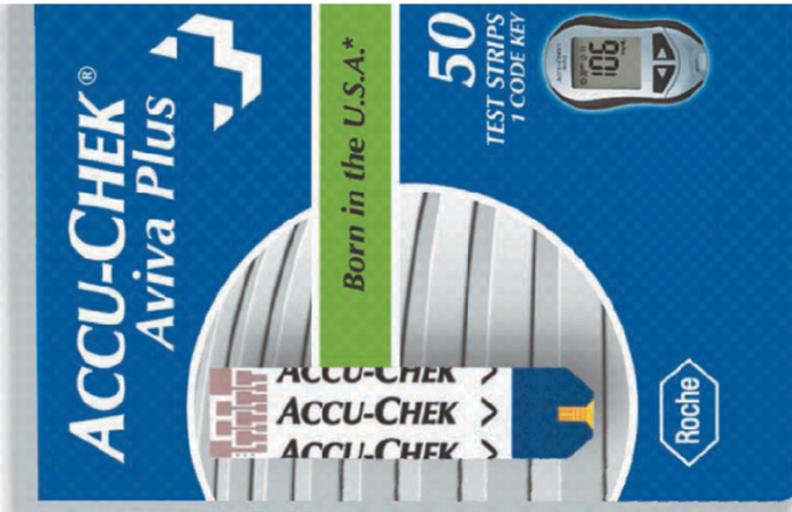


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Out & About

Beware of Paving Scams!

by KELVIN COLLINS
President/CEO, BBB of Central
Georgia & the CSRA, Inc.

Warm weather is a sign of a couple of things to come. One, mild temperatures may unfortunately be gone for a few months, and two, summer scams may be around the corner. A common scam that tends to surface during the warm days of summer is the driveway repair scam and the BBB wants you to know how you can avoid it.

Usually the setup involves a less-than-trustworthy sales representative visiting your home claiming they have leftover materials from a previous paving job. They are looking for homes with cracked driveways and say they can take care of your driveway for a very large discount over the normal price. The catch is that you have to pay upfront. From there, consumers have complained to the BBB about multiple issues.

Since the representative is using leftover materials, the quality of work is poor because there is normally not enough asphalt to adequately cover all the cracks. This causes uneven spreading, and a risk of further cracking of the consumer's driveway. The other issue consumers complain about is that the representative begins work, only to find out there is not enough asphalt to complete the job that same day. He or she will apologize and promise to return the next day to finish.

Consumers report the representatives never come back and the consumer is left with an unfinished driveway and less money in their bank account.

Often, consumers do not have a way to contact the representative or the company they work for because they were never given a business card, they only have a cell number (that no longer works) and they don't have an agreement in writing. To make sure this does not happen to you, here are a few red flags that

you can look for in a driveway repair scam:

- There are leftover materials from another job. Professional asphalt contractors know, with great accuracy, how much paving material is needed to complete each project. Rarely will they have large quantities of leftover material.

- You are pushed to make a quick decision. Trustworthy contractors will provide a written estimate that will be valid for days or weeks. It should specify in detail the work to be performed and the total price. They also don't mind you checking them out before signing a contract.

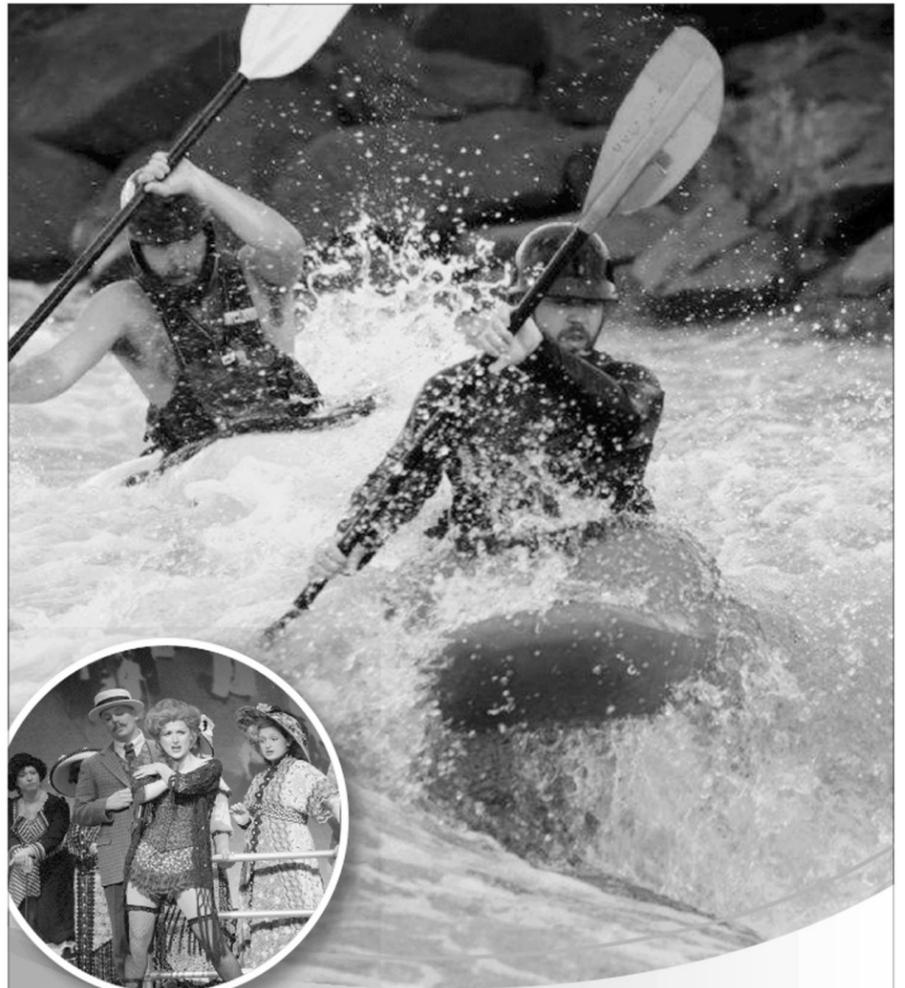
- Cash-only sales. Most reputable contractors will take checks or credit cards.

- The company is from out of state. Look at the truck the representative travels in. If it is unmarked or has an out-of-state license plate, be cautious. Even if the representative claims to have a local phone number, scammers can easily purchase disposable cell phones to provide a local number in the area they are soliciting. Also, don't be afraid to ask to see their driver's license.

If you suspect that you are dealing with a paving scammer, contact your local police department immediately and then contact the BBB.

For more tips you can trust, visit www.bbb.org.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc. serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org or E-mail: info@centralgeorgia.bbb.org or info@csra.bbb.org.



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51
reasons
to visit Columbus

Reason 1

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Out & About

51 Reasons to Visit Columbus, Georgia!

Special to Senior News

For a while now, we've been sharing with you the 51 reasons to visit Columbus, GA—from history, arts, theatre, to great food, geocaching, and biking...to name just a few. Well, that list has gotten even longer. Columbus, GA has just unveiled the longest urban whitewater course in the world!

With the release of the City Mills and Eagle & Phenix Dams, the natural flow of the Chattahoochee River through Uptown Columbus, GA has been restored to its awesome beauty, which provides an outdoor experience you won't find anywhere else on the planet.

Whether you're an avid white-water enthusiast or just discovering a new hobby, you'll be in good hands with experienced outfitters who'll make sure your ride down the river is safe...and a whole lot of fun. There's also plenty to explore about river conservation and restoration—from spider lilies and shoal bass to eagles and egrets. This 2.5-mile waterway is steps away from the heart of the original city and home to a vibrant entertainment district, the-

atre, specialty shopping, pubs, art and much more.

Other one-of-a-kind experiences include the National Civil War Naval Museum at Port Columbus—the only museum in the country dedicated to taking a look at this fascinating aspect of the Civil War. There's the new National Infantry Museum where you can traverse the "Last 100 Yards Ramp," where battles from each of the Infantry's major conflicts over the years are depicted in striking realism, then amble through interactive galleries tracing Infantry history from colonial times to the present and the training of today's Soldier.

More unique activities include a stroll through the Original Columbus Historic District and discovering a secret about Coca-Cola; venture to Mars at the Coca-Cola Space Science Center; and the Columbus Museum—the second largest art museum in Georgia, with a hands-on gallery that kids of all ages will enjoy!

Columbus is also home to the Springer Opera House, The State Theatre of Georgia. This is one of America's most vibrant professional theatre companies, complete with a



popular Mainstage Series, an innovative second-space series called Studio II, and a ten-state regional touring program called Springer Theatre On Tour.

For more entertainment options, there's RiverCenter for the Performing Arts, one of the crown jewels in the entertainment district, with three acoustically superb performance halls that host artists and

touring shows of international renown.

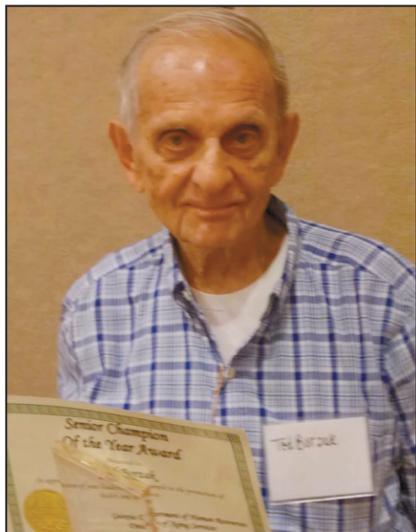
There is a world of adventure waiting to be discovered in Columbus, GA. Come experience for yourself this one of a kind city and her true Southern hospitality. "51 Reasons"...and that's just the start!

Go to www.visitcolumbusga.com or call us at 800.999.1613 for more information.

Forsyth County man awarded "Senior Champion of the Year" for Georgia

Special to Senior News

The Division of Aging Services of Georgia (DAS) recently named a Forsyth County man as the "Senior Champion of the Year" for Georgia. Ted Borzak was recognized at a recent awards banquet luncheon held in Macon and representatives of Forsyth County Senior Services were



Mr. Ted Borzak of Forsyth County was recognized as "Senior Champion of the Year" for Georgia at a recent awards banquet held in Macon.

on hand to present the award.

Following his participation in programs within the county such as the senior hiking club, Forsyth County Senior Services nominated Mr. Borzak to Legacy Link, Inc. as a candidate for the "Senior Champion of the Year." Forsyth County is one of 13 counties in Legacy Link's region, and Legacy Link selected Mr. Borzak to represent their region at the state level. Once Mr. Borzak was selected by Legacy Link, it was up to DAS to choose the "Senior Champion of the Year" from among all those submitted by the 12 regions in Georgia.

"This is a tremendous honor for Mr. Borzak and we are very proud DAS has chosen him to receive the award," said Director of Forsyth County Senior Services Michael Bohn. "Senior Services provides a wide variety of programs and activities to enrich the lives of the older adults in our community. Mr. Borzak is a great example of someone taking advantage of these offerings and really living life to its fullest."

The criteria for the "Senior Champion of the Year Award" included having a positive attitude, being smoke free, being physically active and eating healthy.

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Atlanta CALENDAR

Senior Citizen Services

1705 Commerce Drive, NW, Atlanta.
For information on programs offered call 404-351-3889.

Cobb Senior Services

• Administrative Office: 1150 Powder Springs St., Suite 100, Marietta, GA 30064, 770-528-5355
• For events & activities: www.cobbse-niors.org

Multipurpose Centers:

(Seniors age 55+)

- East Cobb Senior Center: 3332 Sandy Plains Rd., Marietta, GA 30066, 770-509-4900
- Freeman Poole Senior Center: 4025 South Hurt Rd., Smyrna, GA 30082, 770-801-3400
- North Cobb Senior Center: 4100 Old Highway 41, Acworth, GA 30101, 770-975-7740
- West Cobb Senior Center: 4915 Dallas Highway, Powder Springs, GA 30127-4488, 770-528-8200

Neighborhood Centers:

(Seniors age 60+)

- Austell Neighborhood Center: 4915 Austell-Powder Springs Rd., Austell, GA 30106, 770-819-3200
- Marietta Neighborhood Center: 1150 Powder Springs St., Marietta, GA 30064, 770-528-2516
- Senior Wellness Center: 1150 Powder Springs St., Suite 100, Marietta, GA 30064
- North Cobb Neighborhood Center: 4100 Old Highway 41, Acworth, GA 30101, 770-974-2984

Fulton County Senior Services

The Fulton County Government coordinates a variety of services at 20 senior centers. For the nearest center or more information call the Fulton County Senior Information and Assistance at 404-613-6000, or visit www.myfulton-countyga.us.

Senior Multipurpose Facilities

- Dorothy C. Benson Senior Multipurpose Complex (Includes Sandy Springs Neighborhood Senior Center): 6500 Vernon Woods Drive, Sandy Springs, 404-705-4900. "Council on Aging," Mon.-Fri., 8:30 a.m.-5 p.m.
- H.J.C. Bowden Senior Multipurpose Facility: 2885 Church Street, East Point, 404-762-4821.
- Harriett G. Darnell Senior Multipurpose Facility: 677 Fairburn

Road, NW, Atlanta, 404-699-8580.
Helene S. Mills Senior Multipurpose Facility: 515 John Wesley Dobbs Avenue, Atlanta, 404-523-3353.

Neighborhood Senior Centers

- Alpharetta/Crabapple Neighborhood Senior Center, 12624 Broadwell Road, Alpharetta, 770-751-9397.
- Auburn Avenue Neighborhood Senior Center, 300 Auburn Ave., NE, Atlanta, 404-224-3140.
- Bethlehem Neighborhood Senior Center, 87 Thayer Street, NE, Atlanta, 404-577-6017.
- Camp Truitt Neighborhood Senior Center, 4320 Herschel Road, College Park, 404-762-4802.
- Cosby Spears Neighborhood Senior Center: 355 North Ave., NE, Atlanta, 404-876-4031.
- Dogwood Neighborhood Senior Center: 1953 Bankhead Hwy., Atlanta, 404-792-4964.
- Fairburn Neighborhood Senior Center: 109 Milo Fisher St., Fairburn, 770-306-1555.
- Fulton County QLS Senior Center: 4001 Danforth Road, SW, Atlanta, 404-699-1686.
- Hapeville Neighborhood Senior Center: 527 King Arnold St., Hapeville, 404-762-3660.
- New Horizons Neighborhood Senior Center: 745 Orr St., NW, Atlanta, 404-730-7100.
- Northside Shepherd Neighborhood Senior Center: 1705 Commerce Dr., NW, Atlanta, 404-352-9303.
- Palmetto Neighborhood Senior Center: 510 Turner Ave., Palmetto, 770-463-4990.
- Roswell Neighborhood Senior Center: 1250 Warsaw Rd., Roswell, 770-640-1583
- St. Paul Neighborhood Senior Center (Tuesdays & Thursdays): 501 Grant St., NE, Atlanta, 404-688-7501.
- Sandy Springs Neighborhood Senior Center (In same location as Dorothy C. Benson Senior Complex): 6500 Vernon Woods Dr., Sandy Springs, 404-705-4901.
- Southeast Neighborhood Senior Center: 1650 New Town Circle, SE, Atlanta, 404-624-0641.

Roswell Recreation & Parks Offerings

• Roswell Recreation Senior Citizens Club: Meets each Wednesday. Activities include trips, parties, guest speakers, social functions and other activities. For membership information call 770-641-

3950.

- Monthly Luncheon: Second Wed. of the month. Must RSVP one week in advance. Call for more information.
- Scrabble Club: First and third Tues. of each month, 10 a.m. and Mondays at 1 p.m. Call in advance to play, 770-641-3950.

Lawrenceville Senior Center

225 Benson Street, Lawrenceville 770-822-5180.

Gwinnett Senior Center

225 Bethesda Church Road, Lawrenceville, 770-822-5147

Bartow County Senior Center

Cassville, 770-383-7383

www.bartowga.org

Fayette Senior Services

4 Center Drive, Fayetteville 770-461-0813. Call for complete details on services offered.

CLUB 55

The Bridge Community Center 225 Willowbend Rd., Peachtree City www.thebridge-cc.org
• Club 55: For adults 55 and older. Meets every 4th Wed., 1:30-3:30 p.m. for bingo, foosball, video games, movies and more. For details call The Bridge Community Center or visit www.thewypers@bellsouth.net.

Alzheimer's Support Group

On the third Monday of every month at 7:00 p.m., Cypress Court and Vinings Place and the Greater Georgia Chapter of the Alzheimer's Association are sponsoring an Alzheimer's Support Group. This support group is intended for families and friends of a loved one afflicted with Alzheimer's Disease. For additional information and directions call 770-803-0100.

Parkinson Disease Support Groups

For information on Parkinson Disease Support Groups in the metro area, please contact Lynn Ross, LMSW, Coordinator, American Parkinson Disease Association Information & Referral Center, Emory University, at 404-728-6552 or slross@emory.edu.

Multiple Sclerosis Center of Atlanta

Support group meetings second Tuesday each month, 4-5:30 p.m., MSCA in Buckhead, 3200 Downwood Circle, Suite 550, The Palisades Building. For additional information call 404-351-0205, ext. 110, or visit www.mscaatl.org.

Alzheimer/Caregiver Support Group Meeting

First Mon. each month, 10:30 a.m. Free respite care for your loved one during meeting, must call in advance. Aloha to Aging, Inc. located in the Mt. Bethel Community Center, 4608 Lower Roswell Rd., Marietta. Call 678-439-1177.

Square Dance Class

Singles & couples welcome; free child-care, ages 5+. Hosted by Kennesaw Square Dancers. Call 404-808-8689 or visit www.squaredealers.com.

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Spouse's Name	Number In Family		

CALENDAR
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Button Gwinnett Society
Meets quarterly at the 1818 Club for fellowship and interesting speakers. Meetings begin at 6 p.m. For complete details call Elliott at 770-840-1003 or elliott@brack.net.

Greater Atlanta Archaeological Society

Meets 2nd Tues. of each month, 7:30 p.m., at the Fernbank Museum of Natural History, just off Ponce de Leon at 767 Clifton, Rd. NE, Atlanta. Call 770-242-2249 for recorded message.

Senior Ballroom Dance

First & third Tuesdays, 7:30 p.m., Mason Mill Park, 1340 McConnell Dr., Decatur. Live band, refreshments. Call 404-679-1349.

Atlanta History Center

130 W. Paces Ferry Road, NW, Atlanta; 404-814-4033, LMassey@AtlantaHistoryCenter.com

High Museum of Art

1280 Peachtree St., NE, 404-733-4437; www.high.org

Center For The Arts At Georgia Tech

404-895-9600; www.ferstcenter.org

Schwartz Center For Performing Arts, Emory University

1700 N. Decatur Rd; 404-727-5050; www.arts.emory.edu

The Michael C. Carlos Museum

Emory University, 571 Kilgo Circle 404-727-4282; www.carlos.emory.edu

Fernbank Museum of Natural History

767 Clifton Rd., NE. 404-929-6300, www.fernbank.edu/museum

Theatre In The Square

770-422-8369, www.theatreinthesquare.com/library_dragon

Callanwolde Fine Arts Center

980 Briarcliff Rd., NE, Atlanta. For complete events details call 404-872-5338 or visit www.callanwolde.org

Alpharetta Convention & Visitors Bureau Park Plaza

178 South Main St., Suite 200, Alpharetta. Call 678-297-2811.

Georgia Museum of Art

90 Carlton St., University of Georgia, Athens; 706-542-4662;

www.uga.edu/gamuseum/press

Alpharetta's Main Street Markets

Third weekend of each month. Call 678-297-6078.

Cumming Fairground Events

Call 770-781-3491 for schedule of events.

Atlanta Artists Center and Gallery

2979 Grandview Ave., 404-237-2324, www.atlantaartistscenter.org

The Breman Museum

For information call 404-575-3767 or visit www.thebreman.org/jsgsg.htm.

Balzer Theater at Herren's Luckie Street

www.theatricaloutfit.org 404-577-5257

Rialto Center for the Performing Arts

Georgia State University, 404-651-4727, www.rialtocenter.org

Jimmy Carter Presidential Library

441 Freedom Parkway, 404-865-7100, www.jimmycarterlibrary.org

Center For Southern Literature Margaret Mitchell House & Museum

990 Peachtree St., 770-578-3502. www.gwtw.org

High Museum of Art Folk and Photographer Galleries

133 Peachtree St., 404-577-6940

Spivey Hall, Clayton College & State University

5900 North Lee Street, Morrow 770-961-3498, www.spiveyhall.org

The Atlanta Opera

28 West Peachtree Street, N.W. 404-881-8885/1-800-35.OPERA

www.AtlantaOpera.org

The Mable House Arts Center

5239 Floyd Road, Mableton 770-819-3285; cobbcounty.org; mable-house.org

Marietta Museum of History

770-794-5710 or mary@mariettahistory.org

Friends of Smyrna Library

100 Village Green Circle, Smyrna www.friendsofsmyrnalibrary.org

Georgia Center for the Book DeKalb County Public Library

215 Sycamore Street, Decatur 404-370-8450, www.georgiacenter-forthebook.org

Roswell Library

115 Norcross St., Roswell 770-640-3075

East Point Library

2757 Main St., East Point 404-762-2094

Buckhead Library

269 Buckhead Ave., Atlanta 404-286-6986

Scott-Candler Library

1917 Candler Rd., Decatur 404-286-6986

Atlanta World War II Round Table Preserving History. For information call John Kovach at 770-928-4579 or visit our website at <http://atlantawwiiroundtable.org>.

East Cobb AARP

AARP New Members and Volunteers Welcome. First Thurs. of the month, 1:30-3 p.m., East Cobb Senior Center, 3332 Sandy Plains Road, Marietta. Contact Joan Ferrandino at 770-579-5191 or Arlene LeClair at 770-321-9789.

Woodstock AARP Chapter 5173

Meetings held 2nd Tues. of each month, 11:30 a.m.-1:00 p.m., Hearth Restaurant, 3055 Eagle Watch Dr., Woodstock. Call

Alice Kuzniak at 770-928-5640.

Sandy Springs AARP

Meets the 2nd Tues. of each month at 2:00 p.m. in The Dorothy C. Benson Senior Center, 6500 Vernon Woods Drive, Sandy Springs. Contact Miriam Hahn at 404-252-2989 for information.

PALS Lunch 'n Learn Sessions

For details call PALS (Perimeter Adult Learning and Services) at 770-698-0801.

Senior Connections' Adventures In Learning Classes

Mack Love Senior Center, 1340 McConnell Dr., Decatur

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CALENDAR

from page 13

Online catalog available at www.seniorconnectionsatl.org or call 404-321-6060.

Monthly Sacred Harp Singing

Thurs., August 1, 7:30-9:30 p.m. Early American hymns sung in powerful, exuberant style, as seen in *Awake My Soul*. Beginners welcome, instruction provided. Emory Presbyterian Church, fellowship building, 1886 N. Decatur Rd. For details and directions call 404-892-6836 or visit www.atlantasacredharp.org.

Monthly Song Circle

Fri., August 23, 7:30 p.m. Group singing just for fun... no performances. Open to all. Folk music, old standards, spirituals, political songs, pop, freedom songs, country, show tunes, and more. East Lake location. For directions and more information call Bob at 404-378-5424.

Volunteers Needed To Deliver Food

South Fulton Senior Services Inc. (SFSS) is a non-profit agency. Its mission is to provide a range of services and activities which promote wellness, wholeness and self-sufficiency for adults, sixty (60) years of age and older, who reside in South Fulton County.

SFSS has serviced the South Fulton Community for 21 years. In order to enhance the level of support and services, volunteers are needed to help deliver meals on wheels. Service areas include: East Point, Hapeville, College Park, Union City, Fairburn, Rico, Palmetto, and Chattahoochee Hills. If you would like to become a volunteer for meals on wheels, please contact Debra Hood or Adam Surfus at 404-559-0070.

Get Connected with SeniorNet

at the Marcus Jewish Community Center of Atlanta

SeniorNet is an international, non-profit computer learning program designed to teach adults ages 50 and over computer literacy. The Marcus Jewish Community Center of Atlanta bears the unique distinction as being one of only three SeniorNet learning centers operating in the metro Atlanta area.

The SeniorNet curriculum covers a broad spectrum of computer-related courses including learning beginning, intermediate, and advanced Microsoft Windows applications (word processing, database, spreadsheets), discovering the Internet, how to buy a computer, the ins and out's of email, learning how to use a mouse, basic typing skills, buying and using a digital camera, digital photography and Adobe Photoshop elements, PowerPoint, buying and selling on eBay, designing web pages, and fun with graphics.

SeniorNet programs at the MJCCA are available to both members and non-members. Trained volunteer instructors teach computer classes that are specially designed and paced for older adults. Classes are limited to 12 students each allowing for a meaningful learning experience. All classes are held in the ORT Computer Technology Resource Center at the MJCCA Zaban Park campus.

The Marcus Jewish Community Center of Atlanta (MJCCA), "The Center of the Jewish Community," is committed to strengthening the quality of life in Atlanta, and is recognized as one of the most highly-regarded centers internationally. From preschoolers and children, to teens and singles, to adults and seniors - the MJCCA attracts a diverse audience from the entire community. Visit us on the web at www.atlantajcc.org.

Volunteers Need for Meals on Wheels

Senior Connections needs volunteers to deliver hot, nutritious meals to homebound seniors in your area. Three convenient pickup locations in Chamblee, Decatur and Lithonia. Call 770-455-7602 or register to volunteer online at www.seniorconnectionsatl.org. Call for new class offerings.

New Neighbors League Club

Prospective member orientation, first Wed. each month at the New Neighbors Welcome Center, 479 S. Atlanta St., Roswell. Luncheon and program second Wed. each month at various locations. Volunteer orientations are conducted every Monday at 1 p.m. For complete details call 770-993-7886.

Volunteers Need for Meals on Wheels

Meals on Wheels volunteers needed in DeKalb neighborhoods. Deliver hot, nutritious meals to homebound senior neighbors in your area. Three convenient pickup locations including Chamblee, Scottdale and Lithonia. Call Senior Connections at 770-216-2574.

Congregation Shema Yisrael

4549 Chamblee-Dunwoody Rd., Atlanta. Call 404-943-1100.

The Open Synagogue holds services every Sat. at 10:15 a.m., Jewish Family and Career Services.

Congregation Beth Shalom

5303 Winters Chapel Rd., Atlanta
770-399-5300; www.bshalom.net

Achva Adult Day Club

The Achva Adult Day Club meets at Ahavath Achim Synagogue on Wednesdays and Fridays, 11 a.m.-3 p.m. Open to the community and provide meaningful activities for those with memory loss or physical challenges. Contact Leah Steiner at 404-603-5756 for information.

VOLUNTEER OPPORTUNITIES FOR 55+

The Metro Atlanta RSVP program, sponsored by the Atlanta Regional Commission, Area Agency on Aging, is currently accepting applications for volunteers to help educate older adults about issues that are important for remaining healthy and independent in their communities. Join a force of talented volunteers, age 55 and over, whose members are utilizing their unique life experiences and skills to share important information with older adults. RSVP volunteers play a critical role in providing education and outreach in the community so older adults can make informed choices about available programs and services. Free training is provided for all volunteers and flexible schedules are available. Volunteers 55+ are eligible to receive mileage reimbursement and supplemental insurance.

For more information, please call 404-463-3119 or email enaumann@atlantaregional.com.

Alzheimer's Support Group

4th Thurs. of month, 6:30-8:00 p.m., GoldenCrest Assisted Living, 2160 Lake Harbin Rd., Morrow. For details call Gery Saunders at 770-961-2200.

Grandparents on the Move Meeting

Every 3rd Thurs., 10 a.m.-12 noon, Helene Mills Center, 515 John Wesley Dobbs Ave., Atlanta. Everyone invited. For details call 678-938-6649.

N.A.R.F.E.

All federal civilian employees and retirees are invited to join N.A.R.F.E. (National Active and Retired Federal Employees Association). Call T. Jerry Samples at 770-973-2834.

Lifespan Resources, Inc.

3003 Howell Mill Rd., NW
An interfaith, non-profit volunteer organization recognizing and responding to the needs of older persons in North Atlanta. For details call Laurie Stokes, Executive Director, at 404-237-7307 or www.lifespanresources.com.

Volunteers Needed by CASA - Court Appointed Special Advocates

Be a positive influence and help provide stability and leadership in a child's life. Consider volunteering with CASA. For complete details call 770-345-3274 or visit www.casacherokee.org.

Newnan-Coweta Habitat for Humanity ReStore

Open Tues.-Sat., 9 a.m.-5 p.m., 150 Pine Rd., Newnan. Donations accepted 9 a.m.-4:30 p.m. Tues.-Sat. Call 770-252-4061.

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CALENDAR
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FODAC Needs Donations
 4900 Lewis Rd., Stone Mountain. FODAC depends on your financial donations as well as your donations of medical equipment and household goods to our thrift store. You can donate online. You can also donate your used automobile. For complete details call 770-491-9014 or email: fodac@fodac.org.

The Matt Adler Entertainers
 "The Matt Adler Entertainers," a Troupe O' Traveli' Seniors offers delightful entertainment for senior groups. One-act plays, skits, mostly comedy. Call Alice Adler at 404-296-7288 or alicerhodes357@mindspring.com.

Care & Share Support Group
 2nd Wed. each month, 10:30 a.m., Savannah Court of Marietta, 886 Johnson Ferry Rd., Marietta, 770-977-4420.

Harmony Grove UMC Events
 50 Harmony Grove Rd., Lilburn
 770-921-7747

• Stop Hunger Now! An International Program: Aug. 18, 9 a.m.

Columbia Presbyterian Church
 711 Columbia Dr., Decatur
 404-284-2441

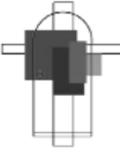
Southern Winds Concert Band Welcomes 50 & Older Musicians
 Members meet together to share their love of music and the joy of playing together. No auditions. Typically, the band plays one concert each month. The band rehearses at Northbrook United Methodist Church, 11225 Crabapple Rd., Roswell, every Thurs., 2:30-5:00 p.m. For complete details contact Dorothy Parker at 770-993-2059 or e-mail arw1935@att.net.

Volunteers Needed
 Court Appointed Special Advocates (CASA) connects qualified, compassionate adults to advocate for children in the foster care system, one child at a time. You will be trained and equipped to advocate for a child's right to be safe, to be treated with dignity and to learn and grow in the security of a loving family. Connect with CASA by calling 770-345-3274, email at info@casacherokee.org or visit www.casacherokee.org.

Gallery at St. Edward's "Eyes and Hands"
 Through September 6th. Nineteen works by Mikki Root Dillon now on display covering her travels from Maine to New Mexico and Japan to Charleston, SC. The Gallery is located in the chapel at St. Edward's Episcopal Church, 737 Moon Rd., Lawrenceville. Free and open to the public. Call 770-963-6128 for complete information.

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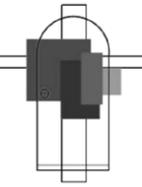


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Philadelphia Winn Chapter NSDAR joins naturalized citizens in joyful celebration

Special to Senior News

On Friday, June 14, seven members of Philadelphia Winn Chapter NSDAR provided refreshments for 149 new citizens representing 57 countries following a Naturalization Ceremony in Atlanta at the U.S. District Court, Northern District of Georgia. U. S. Magistrate Judge E. Clayton Scofield began proceedings and asked the court to rise for the Presentation of Colors by the Piedmont Chapter Sons of the American Revolution Color Guard. Following the pageantry, U.S. Attorney Stephanie Gabay-Smith called names from the roll. One-by-one 149 immigrants stood and repeated their names and that of their home countries.

Judge Scofield then administered the oath that naturalized the immigrants into American citizens: "I hereby declare, on oath, that I absolutely and entirely renounce and abjure all allegiance and fidelity to any foreign prince, potentate, state,

or sovereignty ..." After the oath, they pledged allegiance to their new flag.

Guest Speaker Eileen Scofield, Head of Immigration Law, Alston & Bird, encouraged them to go forward by head and by heart. She noted we often use our head to go forward and other times our heart. She used attorneys as examples, who speak among themselves in heady legal code, but in the courtroom, they use the language of the heart.

Judge Scofield introduced guests and asked for comments. Philadelphia Winn Chapter NSDAR Regent Peggy Freeman, dressed Colonial-style, gave a congratulatory welcome to the new citizens, and briefly explained the role of today's DAR. William Day Chapter NSDAR Regent Leslie Watkins offered her warm congratulations as well.

Philadelphia Winn Daughters Ann Story, Sylvia Johnson, and Amy Koon, joined their regent in the receiving line that wound through the courtroom. Outside the court doors, Philadelphia Winn Americanism Committee Chairman

Mary Lou Godbey and Daughter Sandi Christman set up refreshments. As the crowd drifted from the courtroom, Mary Lou and Sandi guided the new Americans and their families to refreshments offered in their honor.

The Daughters then packed up

their gear, cleaned up the tables, and headed down the elevator to the loading dock. Before driving off, they left a box of cookies for the security guards.

If you would like to join Philadelphia Winn Chapter NSDAR, please email philwinndar.org.



Naturalized Citizen Chhaya Patel poses with Philadelphia Winn Chapter NSDAR Daughter Ann Story of Bethlehem and Philadelphia Winn Chapter NSDAR Regent Peggy Freeman of Lilburn, who dressed Colonial-style. Ms. Patel lives in Stockbridge.

Veteran Scouter receives 70-Year Pin and Award

Special to Senior News

Bill Swilley of T467 sponsored by Peachtree Road United Methodist Church in Buckhead received his 70-year pin and award for 70 years of continuous scouting. He is an Eagle Scout. He has served as a Cubmaster and Scoutmaster in several units along with serving on numerous district, council and national scout committees and staffs. At present, he serves as Assistant Scoutmaster at T467, is the Coordinating Organization Representative for Peachtree Road United Methodist Church and a Unit Commissioner for the Phoenix District.



Bill Swilley

While serving on the Special Commissioners Assistance Team, a special council team dedicated to bringing scouting to disadvantaged young people, he not only provided scout leadership, but also became an after school volunteer teacher for the East Oglethorpe, DeKalb Housing Authority.

For his scouting activities he has been awarded the Silver Beaver, the Distinguished Commissioner Award, the Vigil Order of the Arrow Award, the Whitney M. Young, Jr. Award and the District Award of Merit, along with numerous other awards.

He has been a member of Peachtree Road United Methodist Church for a number of years; and, for his service, he has received the Methodist Cross and Flame Award and the Adult God and Country Award for serving on the church Administrative Board and teaching Sunday School. Presently he assists in the nursery, ushers, and serves on the Sanctuary and Funeral Guilds.

As a longtime resident of the City of Chamblee he has served as Park Commissioner, a member of the Parks and Recreation Advisory committee and as the fundraising coordinator for the Police Special Olympics. In his neighborhood, Keswick Village, he published, edited and delivered *The Village Voice*, the neighborhood newspaper; and, he also arranged a monthly food pickup which picked up 38,000 food items and 1,000 toiletry items. For his service to the City of Chamblee he was awarded the Chamblee Volunteer of the Year Award.

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