

# Senior News

## Georgia

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August 2022  
Vol. 36, No. 8












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# Senior NEWS

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Senior News & Views of Georgia

## Taking Care

# Simplify Car Travel With Older Loved Ones

by LISA M. PETSCHÉ  
lmpetsche@gmail.com

If you are planning to take an older relative on a vacation that involves car travel, thorough preparation is the key to success, especially if the person has special healthcare needs.



Lisa Petsche

Follow these tips for a safe and enjoyable experience.

### Planning

Set realistic expectations.

Consider your loved one's needs and limitations.

Make plans and start necessary preparations well in advance. Devise lists to reduce stress.

Include your loved one in the preparations to the best of their ability.

Research the accessibility of accommodations and attractions you wish to visit. If you are planning to stay at a motel or hotel, make reservations, especially if you will need specific features such as a room with handicapped facilities or a ground-floor room.

Learn the location of the nearest hospital in any areas you plan to visit. Avoid destinations where a hospital is far away.

Arrange for your relative to visit the doctor pre-trip. Share your travel plans and any health-related concerns, such as motion sickness, bladder issues or circulation problems.

If your loved one has trouble walking long distances, rent a wheelchair or ensure that the places you plan to visit have some available.

Have your car checked and serviced before departure.

If you are going to an unfamiliar area, obtain a road map and study it. If you belong to an automobile club, take advantage of its route-planning service.

Plan to do as much driving as possible during off-peak traffic times. Or choose the scenic route if time and your loved one's sitting tolerance permit.

### Packing

Include the following items when drawing up a packing list:

Loose-fitting, breathable clothing, comfortable walking shoes, a wide-brimmed hat, and a cardigan for air-conditioned environments and cool evenings

Sufficient prescription and over-the-counter medications to cover the time you plan to be away, plus a few extra days' worth in case your return is delayed

Sunscreen, insect repellent, antihistamine and motion sickness tablets

A list of all health conditions and medications in case of a medical emergency

Any necessary medical equipment and supplies, such as a walking aid, food supplements, incontinence pads or diabetic supplies

A cushion or two for comfortable positioning in the car

An extra pair of eyeglasses and spare hearing aid batteries

Sunglasses and umbrellas (the latter primarily for instant shade)

A pillow and a nightlight

Snacks and a cooler containing sandwiches and beverages

Favorite music or audiobooks for the car ride

Emergency roadside and first aid kits

Cell phone (Charge it in advance and bring a recharging unit)

Disabled parking permit

### Driving

Top off the gas tank at frequent intervals.

Stop approximately once per hour for stretch breaks or short walks.

Choose stops that have clean, well-lit restrooms with good accessibility.

Wear seatbelts and, if your relative is in the front seat, ensure that the headrest is centered at the back of their head.

Encourage your loved one to shift their weight often and to do neck and shoulder stretches and foot flexes.

### Lodging

When checking in, ask for a room close to the lobby or elevator. A ground-floor room is ideal in case of an emergency in which elevators become inoperable.

If your loved one has a back problem, request a room with a recently replaced mattress.

### Recreation

Space out activities and allow ample time for each.

Schedule outings for the time of day when your relative's energy level is highest. Stick to regular meal, medication and sleep times.

Have a flexible itinerary. Take things one day – and one activity – at a time.

Ensure plenty of time for rest and relaxation!

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*Lisa M. Petsche is a social worker and a freelance writer specializing in elder care.*



# Sabrina Griffin and Olivia Pieczynski of the Columbia County Chamber completes Third and First Year at Institute for Organization Management!

A Leadership Training Program Produced by the U.S. Chamber of Commerce!

Special to SeniorNewsGeorgia

Submitted by Olivia Pieczynski  
Communications Manager  
Columbia Chamber of Commerce  
olivia@columbiacountychamber.com

WASHINGTON, D.C.

Institute for Organization Management, the professional development program of the U.S. Chamber of Commerce, is pleased to announce Sabrina Griffin, Vice President, Columbia County Chamber, has recently completed her third year and Olivia Pieczynski, Communications Manager, Columbia County Chamber completed her first year at Institute for Organization Management, a four-year nonprofit leadership training program at Southeast Institute in Athens, GA.

“Institute graduates are recognized across the country as leaders in their industries and organizations,” said Raymond P. Towle, IOM, CAE, the U.S. Chamber’s vice president of Institute for Organization Management. “These individuals have the knowledge, skills, and dedication necessary to achieve professional and organizational success in the dynamic association and chamber industries.”

Since its commencement in 1921, the Institute program has been educating tens of thousands of association, chamber, and other nonprofit leaders on how to build stronger organizations, better serve their members and become strong business advocates. Institute’s curriculum consists of four weeklong sessions at four different university locations throughout the country. Through a combination of required courses and electives in areas such as leadership, advocacy, marketing, finance, and membership, Institute participants are able to enhance their own organizational management skills and add new fuel to their organizations, making them run more efficiently and effectively.

Institute for Organization Management is the professional development program of the U.S. Chamber of Commerce. It is the premier nonprofit professional development program for association and chamber professionals, fostering individual growth through interactive learning and networking opportunities.

The U.S. Chamber of Commerce is the world’s largest business organization representing companies of all sizes across every sector of the economy. Our members range from the small businesses and local chambers of commerce that line the Main Streets of America to leading industry associations and large corporations.



Sabrina Griffin  
Vice President, Columbia County Chamber



Olivia Pieczynski, Communications  
Manager, Columbia County Chamber



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On the Cover

Let’s Explore Some History of Jekyll Island!

By Carolyn Brenneman  
Cover: Goodyear Cottage

Last month, we visited three great areas of Jekyll Island, which is south of Savannah. This month, we are exploring the fascinating history of Jekyll Island and taking a look at the Historic District!

First, where did Jekyll Island get its name? Well, a General named James Oglethorpe founded the colony of Georgia in 1733, and named the island Jekyll in honor of his friend from England, Sir Joseph Jekyll. So that is the start of its history.

Fast forward a century plus 30 years later, this island was purchased and became a prominent, elite and exclusive winter retreat for many wealthy Northern residents. That was in 1886. The island was like a paradise, offering seclusion, beautiful landscapes, and pleasant sunny climates, where members of this exclusive club could engage in activities such as bowling, picnics, croquet, tennis, golfing, skeet shooting, and

carriage rides. The land comprised 240 acres and many cottages were built alongside a central club house known as the Jekyll Island Club. Wealthy citizens such as the families of J. P. Morgan, the Vanderbilts, Joseph Pulitzer and others came to the Jekyll Island Clubhouse during the winter months to enjoy and engage in high end activities.

Today, many come to Jekyll Island to enjoy the magnificent small island, enjoy the fabulous climate, and engage in activities like golf, tennis, hiking, bowling, picnicking, train riding, horseback riding, miniature golfing, swimming, fishing, horse and carriage rides, and watching the sun rise over the ocean.

Let’s take a look at few of the historic cottages, that now exist; and, some of which are open for tours.

The Goodyear Cottage is our first visit, built in 1906 for lumber baron, Frank Goodyear of Buffalo, New York. This cottage was designed with white stucco by New York architects. There are over 13 rooms,

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Walkway through the Historic District



Beautiful Indian Mound Cottage



Mistletoe Cottage



Mistletoe Cottage side view



# Jekyll Island

from page 6

including bedrooms and a servant’s room on the third floor. Today, we can enter the cottage and view some of the décor, as it is now a center for creative arts, containing works by visiting artists and locals. The style of the cottage is Mediterranean Revival architecture and both the inside and outside are quite interesting.

Now we come across Indian Mound Cottage, also known as the Rockefeller Cottage, built in 1892 and occupied by Gordon McKay until 1905 when William Rockefeller purchased the 25-room cottage. Interesting, the home was originally called Indian Mound due to the idea that an Indian burial ground existed in the front yard. Now it is a public museum, well worth touring, as the cottage is restored to its original beauty and you can tour both floors of the cottage. It is definitely worth the visit.

Next, we come across the Moss Cottage, constructed in 1896 using cypress shingles. With so much Spanish moss on all the oak trees and plants in Jekyll Island, Moss Cottage was named after the Spanish moss. It was first owned by William Strothers,

the owner of the Philadelphia marble works. Later, George Henry Macy owned the cottage for over 20 years. This cottage is striking from the outside with all the moss draped on the oak trees and on the house. Inside are the entrance hall, a game room, a parlor, an elegant dining room and servant’s area with a large pantry and modern kitchen. Upstairs are five bedrooms, full baths, and a servant’s room. Then above is the attic which has seven rooms, for storage and for servants’ quarters.

And our last cottage to visit this month is Mistletoe Cottage, built by architect Charles Gifford of New York, and originally built for locomotive manufacturer Henry Porter in 1901. Recently restored, one of the most fascinating rooms in the cottage is the Sunroom, with a beautiful ceiling covered with hand-painted images of birds in flight and multiple leaves in brilliant colors. The ceiling contains bamboo borders with Chinese silk wallpaper. When a tour becomes available for this cottage, we will want to reserve our spot.

Of course, there are many more cottages and historical sites to view, as well as a nursery and gardens, the Commissary, Cotton and Copper store with many

homemade items, the Island Gift Shop, the Snack Shop, a quaint Post Office and a few more shops around the district. The Historic District is a fascinating area and takes

a full day to explore. So, on our next trip to Jekyll Island let’s check out the Historic District, open 365 days a year.

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Goodyear Cottage entrance to the shop and gallery



Goodyear Cottage side view



Moss Cottage with oak tree draped with Spanish moss



Popular Moss Cottage



## **On the Cover**

# **Mr. Youngquist... A Very Nice Neighbor!**

by CLAIR HOUSER-DODD

### **COVER**

**Tim Youngquist with his granddaughter Lilly!**

**W**e have a very nice neighbor who moved into the very large Mediterranean house caddy-cornered across the street. His name is Tim and he is a work-aholic who stays on the computer day and night handling seven countries for Honeywell Aerospace and their Program Managers: USA, Canada, Germany, England, Australia, Mexico and France. That is until recently. He retired to relax a bit and enjoy life.

Tim is a Californian. His mother was raised in Hollywood. That is before Hollywood was HOLLY-WOOD. Don't get me wrong, they were making movies back then, very silently. Guess you could say, "Hollywood was a lot quieter at that time." Still exciting though, as she climbed up some trees on her parent's ranch and peeked in on movie star friends visiting her gunsmith grandfather. She told Tim, "They were all friends and came together... Robert Stack, Errol Flynn, Clark Gable, Cary Grant, Spencer Tracey and others; but, my favorite was Clark Gable!"

Tim's father was from Los Angeles. Soon after they married, they left to go up to Princeton for him to go to school. Upon graduation, he started his own Presbyterian Church in the area; after which they went on their journey of preaching the Gospel, thus giving little Tim many homes while growing up. He still remembers the wonderful times visiting his grandmother on the ranch in Hollywood.

Not only did Tim move around with his parents, but after graduating from Arizona State University with an MBA, and going to work with Honeywell, the pattern was set!

One of the places he lived was Paradise Valley in Arizona. That place was perfection. No taxes. What could be better, tax-free living. No attempt to redistribute wealth.

An interesting story about Paradise Valley was that his daughter, Anna, kept saying she was going



**Tim Youngquist's home in Fort Valley!**

over to the King's house. This was just fine as it was in the neighborhood. Until, that is, when Anna asked, "Why does the King have two houses?" This was met with dismay... and, a couple of questions. It turned out that the King lived in one and his wives lived in the other. This was probably followed by the question, "Daddy, why don't we have two houses?" Nice to know, finally, that you live in close proximity to the King of Saudi Arabia who was there for the Cancer Center in Phoenix for one of his wives.

Anna and her lovely teenage daughter, Lily, live in Phoenix now; and, Tim's son, Nick, is planning to live in D.C. and attend The American University. He wants to be a politician.

Now, Mr. Youngquist lives in the nice historical section of Fort Valley, Georgia, with no kings or queens about, but lots of lovely neighbors. And, he has just been appointed Captain of the Historic District Patrol and a member of our newly formed Neighborhood Watch.

Thanks, Tim, for your interest and support of our community. You are most appreciated!!!



**OPINION**  
**BREAKING NEWS**

by Daniel W. Gatlyn USN Ret, Minister/Journalist

**M**y bride of fifty-eight years passed some nine years ago – in 2013! I have been alone since that hour... tending the yards, vacuuming the floors, washing the dishes (and the clothes), driving wherever I must go; and, a million other tasks. It has very often been a lonely trek. But, not to worry, our U.S. Representatives have fixed the mix; and, I can now marry again – not merely to a creature (IF YOU WILL), BUT NOW I can become wed to any object that drifts by my teepee! Since the House has voted to codify SAME SEX MARRIAGE! (A new terminology to safeguard culprits from the Supreme Court of invading insane enactments in previous years). This most recent action was brought about by an unreasonable margin. I take this as opening the door to a "chilling milling" with a palm tree, a vast sea, or maybe a Volkswagon. And since I am not swift on heavy objects, I have chosen to hook up with my Pet Rock! I have not yet received a "yea" from stony corners; but, that could be just a "hard to get ploy!" Isn't that just ducky? Or better yet, whacky? Or best, Quacky! (No comment from Rocky!)

Making ratification to such an equation violates all ethics, morals, practicality, rationale, sensibilities, productive issues, rules, edicts, and more! When I am scarcely becoming acclimated to "off the charts" mentality; our chosen leaders have committed the ultimate insanity! If any reader thinks their action was a wise move, you best head towards the nearest "shrink" for an overhaul of "moxie." To alter the created circuit of biological perfections stands parallel with announcing that water is no longer wet – no alternate of days and nights – and is analogous to switching "up and down!"

My date for ceremony with PR is yet to be announced, but you can send congrats and gifts most anytime. Should be none in protest!!! (For those who are "out in the weeds," perhaps I need to remind all that my commentary is "jest"!)

The only salvation to this erratic gallop is that nature itself, regardless of who drew the blueprint of destiny, will eventually draw a line in the sands of time... with a fix that cripples. Count on it!

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### Vintage Gardens

#### At Sweetwater

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# Chamber unveils Leadership Columbia County Class of 2023!

## 34 Community Leaders slated to participate in 10-month long program

Special to *SeniorNewsGeorgia*

Submitted by Olivia Picczynski  
Communications Manager  
Columbia County Chamber of Commerce  
olivia@columbiacountychamber.com

EVANS, GA – July 14, 2022

The Columbia County Chamber of Commerce is pleased to announce the Leadership Columbia County Class of 2023. This program is presented by TaxSlayer.

The 10-month long leadership program is managed by the Columbia County Chamber of Commerce. A highly informative and engaging program, it is designed to expose businesses and area leaders to the opportunities and challenges facing our community, promote and foster the development of leadership, and educate and prepare community leaders who are committed to shaping Columbia County’s future.

Each month, the participants experience topics concerning our community, including county operations, economic development, education, media, healthcare, government, non-profits, military and law enforcement.

Each Leadership class collaborates on a project to address a specific concern in our community. Last year’s class raised over \$20,000 through a clay shooting event, “Rounds for Resiliency” for the Columbia County

Community Connections’ Resilient Teen Program.” This program prepares communities to address adverse childhood experiences, resilience and trauma in teens aged 13-19 in the 14-county CSRA.

The chair of the 2023 Leadership Class is Robert Kelly, with Augusta Staffing, and a Leadership Class of 2017 gradu-

ate; vice chair is Susan See, with Nothing Bundt Cakes, and a graduate of the Leadership Class of 2020.

For more information about Leadership Columbia County, contact Beth Frits, Leadership Programs Manager, at beth@columbiacountychamber.com or 706-651-0018.

\*\*\*\*\*

### Leadership Columbia County Class of 2023

 Laura Adamski Legacys Homes of Georgia	 Scott Anderson US Army Cyber School	 Natalie Armstrong ADP	 Carlene A. S. Blanding Shaw Industries Group, Inc.	 Stephanie Boyett AU Health Imaging	 Logan Brown Fulcher Hagler LLP
 Darrell Butler Columbia County Chamber of Commerce	 Amy Christian Dickinson Architects	 Samantha Corujo Dahlia Salon + Spa	 Christopher Crozier Georgia Business Net	 Ronica Cummings SouthState Bank	 Benjamin Dieterich Ellefson Transportation Group
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<div> Jamyle Searcy New Direction Christian Center</div>					



# BBB Scam Alert: Fake events & phony tickets take festival goes by surprise!

Special to *SeniorNewsGeorgia*

Many people are looking forward to fun festivals this summer. As usual, scammers are taking advantage of the building excitement. This time, they are cashing in with phony tickets – and even fake events.

## How the scam works

You see a fantastic deal on tickets to a summer festival in your area, usually through a link on social media. The event promises live music, all-you-can-eat meals, craft beer or wine, or other fun activities.

When you click the social media link, it takes you to a professional website with fantastic pictures. You enter your credit card information to buy tickets, and you think you are all set. But before you buy, do a little research. Whether the event is non-existent, merely disappointing, or you just bought phony tickets, the result is the same: someone pockets your hard-earned money!

BBB Scam Tracker has received numerous reports from people who purchased fake tickets to real events or bought tickets to events that never materialized.

On consumer reported buying tickets for \$82.50 to a "Bubble Run" in June 2022 that never happened: "Facebook event page

advertised the Bubble run as a free event. I purchased 4 'entries' with glasses and tutus and they charged my debit card. They then cancelled the event refused to respond to emails. They are still advertising on Facebook like the event is happening."

Another consumer who purchased tickets to a fake beer crawl reported: "Reviews across multiple platforms make it clear that these events are at best extremely misleading or at worst canceled. No refunds are given, even when their inconsistent and mostly unreachable customer service email address responds to confirm

a refund will be provided."

## How to spot a fake festival

- Research before you buy. Search online for the festival's name and ensure the name advertised matches the website. Scammers often use names that sound similar to those of real festivals.

- Check for (working) contact information. Be sure the festival website has a real phone number and email address.

- Watch out for prices that sound too good to be true. There is no

continued on page 12

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## Fake Events Scams from page 11

way a festival can offer tickets at extremely low prices without losing money. If the prices are much lower than elsewhere, it's likely a scam.

### What can you do?

- Pay with a credit card. You can dispute the charges if the business doesn't come through. Be wary of online sellers that don't accept credit cards.
- Look for secure sites. The website should begin with HTTPS (the extra "s" is for secure) and have a little lock symbol on the address bar.
- Avoid tickets sold on

Craigslist, Facebook Marketplace, and other free online listings. Scammers are skilled at providing realistic tickets and fake receipts. Check out third-party ticket sites at BBB.org before making purchases.

### For more information

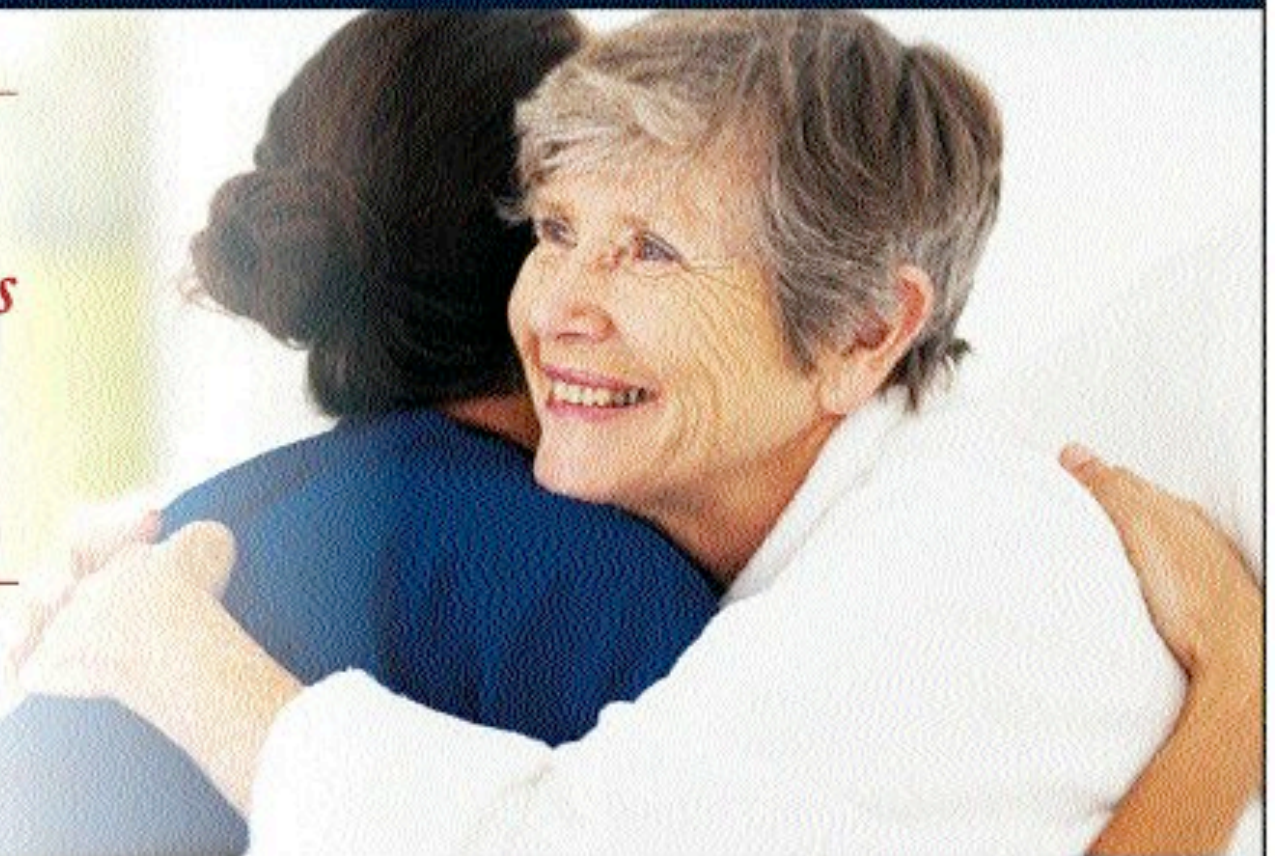
Read BBB's tips for buying tickets to an event. For general information on how to avoid scams, visit BBB.org/AvoidScams. If you've spotted an event scam, report it to BBB ScamTracker. Subscribe to BBB Scam Alerts for weekly updates about new scams.

\*\*\*\*\*

*Kelvin Collins is president & CEO of the Better Business Bureau*

*Bureau serving the Fall Line Corridor, serving 77 counties in East Alabama, West Georgia, Southwest Georgia, Central Georgia, East Georgia and Western South Carolina. This tips column is provided through the local BBB and the International Association of Better Business Bureaus (IABBB). The Better Business Bureau sets standards for ethical business behavior, monitors compliance and helps consumers identify trustworthy businesses. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: BBB.org or E-mail: info@centralgeorgia.bbb.org.*

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