

From

t 2021

No. 8

story on page

Let us entertain you

by CLAIRE HOUSER-DODD

id you get to watch the Blue Origin's New Shepard capsule lift off with paid customers into space for 10 minutes and 25 seconds from start to finish. Fantastic and so exciting.

The oldest on the flight was Wally, an 82-year-old lady who has spent her life working and preparing for this, and a young guy, just graduated from High School at 18 years old. Just imagine his take on this experience!

Actually, we would have preferred to go up with Bronson in his Space Rocket Plane. We like a human pilot, and especially him! Also, we could have stepped into the plane whereas, we'd never be able to climb those steps to the capsule! Imagine the energy it would take, and the effort caused to climb all those steps to begin your trip into Outer Space. (Something was wrong about that picture). All that technology, masterful thinking and power, and the astronauts have to WALK and CLIMB to get there. Buck Rogers never sweats!

{Of course, a million or so stacked by would be a beg help – just for the ticket!}

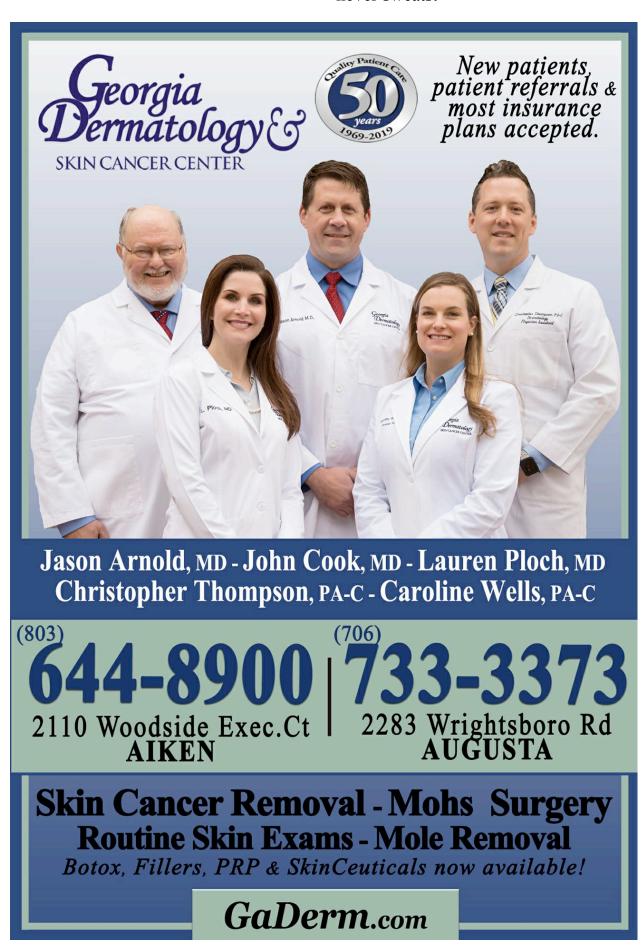
If we're out of town, we always miss something important. Well, at our age most everything is important. Especially if it involves our friends and family! And often it is some of each.

We missed the return of the Study Club after our epidemic. We remember talking to Sandra Haga during the Historical Society's Peach Festival Luncheon about getting our club started up back on a Tuesday as it has always been since my mother and friends started it back in the 30's. But we were gone to the beach, and luckily missed our Bi-yearly sinus infection! Course, we got it as soon as we returned. There is something about Christmas and Summer that knocks us down with the CRUD. Same Old, Same Old! Disgusting!

At any rate, we missed our first return of the Study Club Meetings which was held at The Railroad Café and turned out to be a planning program for the year.

Jan Culpepper is President, and she and Sandra Haga are preparing the Study Club Booklet for the coming year. It ll be great to be out of bondage and back with the group!

So, we're so thrilled to be back from Summer Fun to get to Lucy and Marion's pool party which they've been planning for a while, and finally made it on the weekend everybody was in town. It was a lovely party – We hear! Daughter reported to us while we stayed home and sneezed and blew and blew and sneezed. Looks like we just can't make it to all the fun things! Our best bet is to stay on or close to the beach, or on an island so you're surrounded by salt water. We never seem to feel bad in these situations. Guess breathing that healing salt water is the answer. Maybe the good friends, fresh sea food, and company, always laughing and exploring things adds to the health and burst of energy. Our favorite island is Jekyll, and we're enjoying our coffee table Jekyll Island book by Richard J. Hutto, Their Gilded Cage. Jekyll is still our favorite island.



Taking Care

Tips for Moving a Relative to Long-term Care

by LISA M. PETSCHE lmepetsche@gmail.com

he time has come. You've had to do the up until now unthinkable: place a relative on the waiting list for a long-term care facility (commonly known as a nursing

home).



Lisa Petsche

Many people don't understand that this is a difficult decision. A damaging myth still prevails that families

"dump" frail older members in nursing homes to free themselves of the inconvenience of caregiving and get on with their lives.

Quite the opposite is true. It's typically a last resort, pursued after burnout or some other crisis has occurred – for example, the caregiver becomes injured or is diagnosed with cancer.

Painfully, your relative is likely to express anxiety and anger, accompanied by feelings of loss. They will need time to grieve and adjust – as will you. The following are some ways to help with the transition.

Transition Tips

Plan to spend admission day together. Tour the facility to become familiar with the environment.

Bring personal belongings – a throw for the bed, a houseplant or photos of favorite people and places, for example. Bring some basic toiletries, such as a toothbrush and toothpaste.

Ask what kind of toiletries and other personal items need to be supplied, and what type and amount of clothing is recommended.

Inquire about the activities schedule.

Find out if there are private spaces for visiting.

Share as much as possible about your relative's routines, likes and dislikes.

Notify relatives and friends of the facility's address and phone number and encourage them to call, write or visit. Offer to join them for the first visit.

Visit often, especially in the early

days, to provide support and reassurance. Develop a regular pattern so your relative knows when to expect you and can anticipate your next visit. Alternate days with other family members, and telephone in between visits if you can't get in as often as you would like.

Be prepared that your relative may have many complaints initially. **continued on page 4**



GaDerm.com



Website

www.seniornewsga.com

Publisher

Billy R. Tucker 478-929-3636 seniornewsga@cox.net

Advertising

Billy R. Tucker 478-929-3636 seniornewsga@cox.net

Columnists

Carolyn Brenneman Claire Houser-Dodd Lisa Petsche

Published monthly on our online website at www.senior newsga.com. Business Office is located at 214 Wilsons Creek Bend, Bonaire, GA 31005. Editorial and advertising copy deadline is the 15th of the month prior to desired month of publication. Preference is given to editorial copy submitted earliest. Publishers do not accept any liability whatsoever for any material supplied by advertisers and/or editorial organizations including the use of trademarks, logotypes, slogans, or any other service marks, or any claims made by such organizations; and, such organizations indemnify and save harmless the publishers in the event of any lawsuit or litigation. In the event of any publishers' error in the content of any advertisement and/or in the content of any editorial presentations, maximum liability shall be limited to the cost of the advertising space in which the error occurred. Publishers reserve the rights to edit and/or reject any materials submitted for publication. Editorial information you would like considered for publication should be emailed in "text" format to: seniornewsga@cox.net.

*8**8**8

CORPORATE OFFICE

Billy R. Tucker,
President/Publisher
Phone/Fax: 478-929-3636
www.seniornewsga.com
E-mail: Seniornewsga@cox.net
Copyright 1987
Senior News & Views of Georgia

Taking Care

from page 3

If a concern seems legitimate, discuss it with staff and do some advocating if necessary. Otherwise, provide a listening ear, allowing him or her to vent. Be attuned to underlying feelings and empathize with them.

If your relative asks you to take them home, gently but firmly reinforce that they need more care than you can provide. Reassure them you'll be returning soon, and plan what you'll do together. If it's feasible and you intend to follow through, remind them that they can come home for a visit. Just don't make false promises.

To make it easier on both of you, time visits so you can depart when your relative is beginning a meal, heading off to an activity or going to bed.

Get to know the staff, in order to develop a partnership of trust and mutual sharing. Show your appreciation if you're pleased with their care. When you have a concern, express it calmly, ask for their perspective and let them know what you would like to see happen.

Get to know other residents and family members. Attend the next family council or support group meeting.

Re-create routines from home, such as playing cards, watching a favorite TV program together or sharing a meal. Bring in special foods – a home-cooked meal or

favorite take-out treat.

Plan activities outside of the residence. Go for a walk around the neighborhood or to a nearby park, or take a drive. If your relative uses a wheelchair, register them with the local accessible transportation service. Then you can go shopping or to community events together.

Continue to include the person in family celebrations. If your home isn't accessible, choose a restaurant that is, or ask staff to help you plan a gathering onsite.

Spend time with friends and relatives who support your decision regarding placement. Family members of other residents as well as staff – especially the social worker – are also valuable sources of support. Initially you may need lots of reassurance that you have made the right decision.

Learn to manage the inevitable feelings of guilt. Remind yourself that your relative is benefiting from around-the-clock professional nursing care, therapeutic programming and companionship. Just because you are no longer the hands-on caregiver does not lessen the importance of your role. With the heavy responsibility of primary caregiving lifted, you can focus your energy on meeting your relative's emotional needs and enjoying your time together.

Lisa M. Petsche is a social worker and a freelance writer specializing in boomer and senior health matters.

Georgia Golden Olympics Registration Form

Special to Senior News Georgia by VICKI PILGRIM vcpilgrim@gmail.com

i All: Yes... the past year has been a bit crazy and difficult for everyone but we are looking to the future and planning to have the Georgia Golden Olympics in September in Warner Robins and surrounding areas. The 2021 Registration form is available on our website and elsewhere on *Senior News Georgia's* website (www.seniornewsga.com) for your

information... and convenience.

If you have competed in the games in Georgia in previous years, you may go to the website and register online. If you have not competed in Georgia before, please print a copy of our Registration form, complete all information requested and mail it to the address shown... along with age verification and fees.

Thank you! See you in September!

Georgia Golden Games, Inc 770-867-3603 vcpilgrim@gmail.com

Opinion

The Stretch

by Daniel W Gatlyn, USN Ret. Minister/Journalist

t has become conspicuously noted that to exaggerate the take on all matters is "cricket in the thicket." In other words, it has become absolutely normal to stretch figures, aims, accomplishments, anticipations... all to the goal post of our most ambitious terminal! Politicians stretch statistics, economists stretch the tally, salesmen muddle the mixture, builders stretch the cost, the loser the loss, employees toss the boss, the rider slaps the hoss; and, everybody stresses the "cross" they bear (Poor Baby). Out of pocket, is out of sight; and, completely off the charts. What you see, is not what you get, and is always a dollar less than figured; for the "add ons" far exceed what was advertised. For instance, my telephone bill, basic list is only seventy five percent of the total. Take it to the bank, the original quote is not the "vote at the moat!" The contractor becomes the benefactor, as the total factor is embellished with Max Tax, and Wax!!! Why is it so that the last price is always more than the "fast price?" The only place where the "stretch" is not used is with the daily patterns of exercise. (Admonition: To try... with a lie... is to fry!)

If the only place where the stretch is common were the marketplace, we may be less inclined to bloviate the occasions. But the habit has migrated to every corner. Even the church is guilty of padding the numbers (except for the offering... it's always less). The attendance is emphasized... music is extra special... guest speakers are renowns from another planet... and, the number of converts exceeds all previous stats. (There have been more people added to the rolls than there are souls on the planet.) That is not to criticize; but hey, value of truth has not waned. The pulpit is not off limits. Moses called the experts to drain the water from the sea, the 101st Airborne chuted in, and drove back

the Egyptians, the Plagues were introduced by the Democrats (dangerously close to fact), COVID 19 was instigated by renegades of Philistines; and, so it goes! I'm in deficit, you say? Don't push it... I've been there... done that! (Mine was in error, but remember, "an honest mistake is removed at the gate!"

All cliches set aside and comedic terms removed, the world has suffered tremendously from the innumerable tribes of misfits who have taken advantage of inflated prices, numbers, ballots and bailouts; incredulously, maliciously, obstinately, or negligently; and, have altered understandings, appreciation, and honesty. Let's face it, "the stretch" may be considered legitimate for those who are out of shape and endeavoring to squeeze into the shrinking attire, but the act will not pass muster in the real world! And that's how it is, this hot day of July, 2021! Give it some thought!

Vintage Gardens At Sweetwater



Apartment Features

- Washer/Dryer Connections
- · Spacious Sunrooms
- · Fully Equipped Kitchens
- · Oversized Bathrooms
- Large Walk-in Closets
- · Water and Sanitation Included
- · Garbage Disposal
- Mini Blinds
- · Single Story, No Stairs
- · Handicap Accessible

COME ON HOME!

Section 8 vouchers accepted and transferable from Georgia to South Carolina!

Equal Housing Opportunity

Senior Living at its best! Enjoy the quiet gazebo with flowers, individual gardening areas, and a community center with planned activities for everyone.

Independent living for residents 55 years of age and older.

Community Features

- Community Center w/Planned Activities
- Individual Gardening Areas
- Gazebo with Flower Gardens

Vintage Gardens At Sweetwater

3 Murrah Road Extension N. Augusta, SC 29860 (803) 819-3139

Monday-Thursday, 9 a.m.-4 p.m. Saturday by appointment

On the Cover

Let's Visit General Hospital... For Babyland That Is!

By Carolyn Brenneman

Cover: Wade, Helen Blue cabbage Patch

ey everyone, did you know we can all take a trip to the General Hospital in Cleveland, to visit Babyland! So, let's pack up the grandkids and take a trip up to Babyland for the day. It's beautifully situated on over 650 acres of land in North Georgia Mountains and open for all of us for free. The Babyland is filled with some of the original Cabbage Patch Kids, the newly created Kids and lots of accessories for the cutest dolls.

Take a look at Mother Cabbage who is on display beneath the branches of the large green Magic Crystal Tree. This magical roundabout is filled with Bunnybees, the magical Cabbage Patch babies which are taken care of everyday by the Patch Doctors and Patch Nurses. And on every hour of each day, we can witness the birth of a hand-sculpted new baby Cabbage Patch Kid. Actually, it is really cute. We can spend hours there going from one room to another, visiting the nurseries, the play rooms, and the magical Crystal Tree.

Of course, this hospital has many Cabbage Patch Kids up for adoption, and we can give our grandkids a new Cabbage Patch Kid with the Oath of Adoption papers. And don't forget the cute outfits!

So where did these cute dolls come from? Back many years, a young boy, Xavier Roberts was playing in the woods near the Appalachian Mountains, and suddenly a small flying creature buzzed by, just like a bee. He called it a Bunnybee and followed the creature to a cave where he encountered more Bunnybees and soon found a field of cabbages where the Bunnybees hung out at. Magically, Xavier saw many cabbage kids of all sizes that were born in this secret cabbage patch. The Bunnybees were flying all around and sprinkling magic crystal dust on the mother cabbages and that magic was causing Cabbage Patch Kids to be born in the Cabbage Patch. So, the story goes. Years later, in 1976, Xavier rediscovered "needle molding", a German technique for fabric sculpture from the early 1800s. Combining his interest in sculpture with the quilting skills passed down from his mother, Xavier created his first soft-sculptures.

Xavier created more soft sculptured dolls and one of them, Dexter won a first-place ribbon for sculpture at an art show. Xavier began delivering his handmade Little People Originals and exhibiting them at arts and crafts shows in the southeast. He found that many parents were happy to pay the \$40.00 "adoption fee" for one of his hand-signed Little People Originals. Xavier created more dolls and by the end of the year, almost 3 million of the Cabbage Patch Kids toys had been adopted! In 1983, the Cabbage Patch Kids Toys went on to record as the most successful new



The Babyland nursery



Exploring the general area



Newly born Cabbage Patch

Babyland from page 6

doll introduction in the history of the toy industry. So, history continues and Cabbage Patch Dolls are proliferating everyday at Babyland. So, let's take a trip to

Henry
Helen Blue #723
Lutte Peoples 1978

Henry and Helen Blue 1978

Cleveland to see these exciting deliveries. Babyland General Hospital is located at 300 N.O.K. Drive, in Cleveland, Georgia 30528. Contact information is: 706-865-2171and visiting hours: Monday – Saturday 9-6 p.m. and Sunday from 10-6 p.m. and it is free.



Dolls ready for adoption



The Magic Crystal Tree

On the Cover Butch Beatty... Retired and Returned!

By CLAIRE HOUSER-DODD

COVER: Earl Beatty III and Grandson

e love to tell the story of local boys who left home and traveled the World, made a success, and then returned home to friends and family who he started life with. One such is Butch Beatty... Earl Beatty III, a lifetime runner.

Although Butch went to a Military School for his High School education, he still has lots of buddies welcoming him back to Fort Valley, Georgia. We remember him as a child and remember his mother, Martha, and his father, Earl, a dentist. Martha would walk up the street and see Mother on the Sun Porch and come on in for a visit. It was a friendly neighborhood where everybody knew everybody and their children and helped keep an eye on them! Butch had a sister, Jean.

After high school, Butch graduated from Auburn University in Physical Education. At that time Lillian Carter was a house mother in a girl's dormitory and Butch loved her stories about the Peace Corps. This was so inspirational, he joined VISTA and served in New York.

Butch received a master's degree in Health Administration, served twenty years in the Navy Medical Service Corps, and after retiring with the rank of Commander, O-5, taught NJROTC in Charles County, Maryland and then got right back into health care.

He then (again) retired from the Deptartment of Health and Mental Hygiene in Maryland, all the while being a volunteer fireman for 20 plus years in Charleston, Maryland... while taking care of his wife, Nillda.

After his second retirement, Butch moved into his parent's home where he has still kept the old phones and numbers, joined the American Red Cross Disaster action team and was named rookie of the year for the Central Midwest Georgia District for 2020.

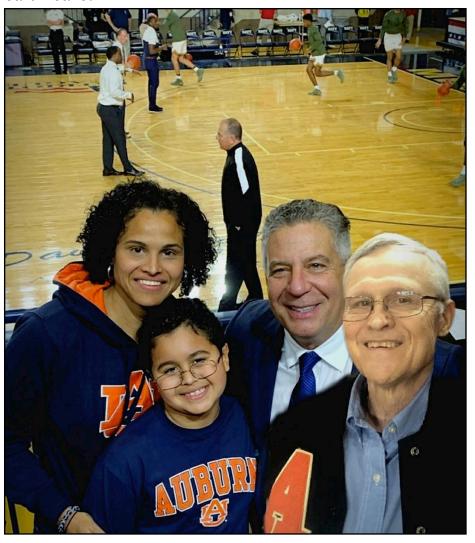
He has also joined the Fort Valley Kiwanis Club and is a volunteer cross country coach for the Peach County High School. He's still running! As if that wasn't enough, he has also become a life member of the Middle Georgia Camellia Society.

Having lost his wife of 49 years in April 2020, he is joined by his daughter, Mindy, and her two children from New Jersey on summer vacation here in the Valley and is expecting his son, Earl the 4th, and grandson, the 5th Earl of Beatty, in a week or two. The 5th is nineteen years old and, man, does he have a lot to live up to. And we don't mean just the name!

Congratulations, Butch, on a life well run!



Earl Beatty



Earl Beatty family (Auburn Picture) with Bruce Pearl

Time to register for Theatre Classes at ENOPION!

Special to Senior News Georgia

Submitted by ENOPION Theatre Company info@enopion.com

ello, we have plenty of classes this session, Musical Class, Choral Class, Theatre Class. We hope there is one just for YOU! But if you don't see a class, please call us at 706-771-7777 and let us know how we can help.

Musical Theatre Class

Tuition cost \$125 (for August 2021-March 2022). This class is open to Children 9-12 years of age. They will be required to audition for a spot in this class. Auditions are by appointment and began July 27th. Call 706-771-7777 to set up an audition appointment!

Classes meet once a week for an hour and a half beginning Thursday, August 19th from 2:30 pm to 4:00 pm. Show dates are March 18th, 19th, 21st, 25th, and 26th. Visit our website for full details concerning the Audition for Musical Theatre.

Choral Classes

We are offering two times for Ages 9-17 year old. Classes are 1 hour long, once a week and tuition is \$125.

Our newest class is for children with special needs. It is 30 minutes long, once a week and tuition is \$60.

Classes will begin August 18th or 19th and will run for 12 weeks. Register NOW for Choral Classes.

Choral Class Times

Wednesdays: 10:00-10:30 am for Children with Special Needs; 10:30-11:30 am for Kids Ages 9-12
Thursdays: 5:00-6:00 pm for Kids Ages 9-12

Theatre Classes

Classes are one hour long, once a week and tuition is \$125. Classes

begin August 17th or 18th and will run for 12 weeks with an end of class performance on their last day of class INSIDE the Ivory Box Theatre and also OUTSIDE Saturday, November 6th during our Autumn Harvest at the Flowing Wells Theatre property.

This session will be on Cain and Abel from Genesis 3:21-4:15. Register NOW for Theatre Classes.

Theatre Class Times

• Tuesdays: 2:30-3:30 pm Elementary School Class (9-11); 4:00-5:00 pm High School Class (15-up); 5:30-6:30 pm Middle School Class (12-14)

• Wednesdays: 1:00-2:00 pm High School Class (15-up); 3:30-4:30 pm Middle School Class (12-14); 5:00-6:00 pm Elementary School Class (9-11)

ENOPION Theatre Company

PO Box 6177, Augusta, GA 30916 706-771-7777

www.enopion.com



THE LEDGES APARTMENTS

- · Quality, Independent Living For Seniors
- · Must Be At Least 62 Years Old
- Rent Based On Adjusted Income (HUD Guidelines)
- · Utilities Included In Rent
- · One Bedroom and Efficiencies (Perfect For One)
- · Smoke-Free Building
- · Service Coordinator Available
- Added Safety Features In Bathroom
- · Elevators For Your Convenience
- · Coin Operated Laundry Rooms On Each Floor

INDEPENDENT RETIREMENT LIVING IN THE HEART OF NORTH AUGUSTA WITHOUT LEAVING FAMILY, FRIENDS, COMMUNITY AND CHURCH AFFILIATIONS

Applications Taken at 550 Sikes Hill, North Augusta, SC



803-279-1776 theledges@comcast.net





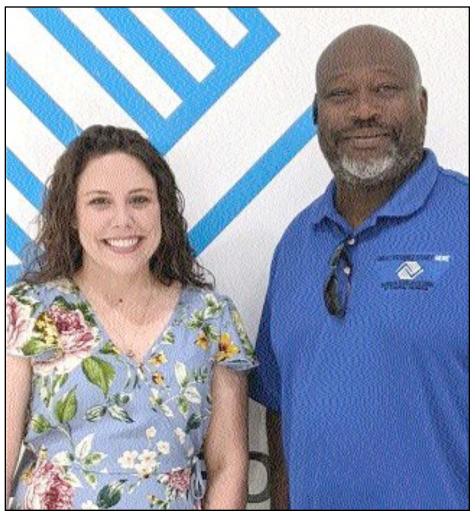
Back to School Bash Success!

For the many families with kids in our community, school is just around the corner. In addition to preparing our clubs to transition from Summer Camps to After School Programming, we are working to ensure that our kids and families are prepared as well. Saturday's Back to School Registration Bash was a success! Drawing over 300 kids and their families, we were able to support those who need us most in a very special way.

Enjoy these highlights from the event and let's celebrate all that your generosity makes possible!



Volunteers from Cox Communications served to ensure that every child received a peek into the Club Experience. From art activities, to backpack giveaways, to food distribution, they ensured a smooth event!



Kasey from the Kiwanis Club of Warner Robins stopped in to show her support! Bringing a generous contribution as well, we are honored to have the ongoing support from the Kiwanis Club of Warner Robins.



The teens in our Keystone Club volunteered to help ensure things ran smoothly. They are each a wonderful example of how the Club Experience can make a big difference in one's life.



Rhonda Miller offered arts and crafts in our art room! Our guests were able to create a card and get a taste of the fun available during our after school programs.



Can't have a bash without firing the grill up! Supported by RMNT Church, hotdogs, chips, and oranges were available to all our guests.



Several community partners came out to offer additional resources to our guests. Macon Periods Easier, Boys Scouts, Girls Scouts, Parents As Teachers, and Big Brothers Big Sisters all joined us Saturday!

To all who donated, volunteered, and shared this event... THANK YOU!

Through this Back to School Bash we were able to introduce over 300 kids and families to our clubs, our mission, and our programs. Great futures await!

Boys and Girls Clubs of Central Georgia, Inc. 277 Mlk Jr. Blvd. West Suite 202, Macon, GA 31201

CREATE THE BATHROOM OF YOUR DREAMS IN AS LITTLE AS JUST ONE DAY







CALL NOW

\$500 OFF

NO PAYMENTS & NO INTEREST FOR 18 MONTHS

OFFER EXPIRES 6.30.2021

- ♦ Over 850 Authorized Dealers across North America
- **◆** Factory-Trained & Certified Installers
- **♦** Lifetime Warranty
- ◆ Made in the U.S.A.





Military & Senior Discounts Available

888-788-6356

*Includes product and labor; bathtub, shower or walk-in tub and wall surround. This promotion cannot be combined with any other offer. Other restrictions may apply. This offer expires June 30, 2021. Each dealership is independently owned and operated. **Third party financing is available for those customers who qualify. See your dealer for details. ©2021 BCI Acrylic Inc.

Keep your home safe while you are away!

by KELVIN COLLINS, President/CEO, BBB of Central Georgia & the CSRA, Inc.

ith millions of Americans going on at least one vacation this summer, safety and security precautions are a must. Proactive measures can help consumers keep their home safe from fire, carbon monoxide, and the threat of burglary while they are away.

The Better Business Bureau is offering the following safety tips for homeowners during the summer season:

Be careful about the vacation details you share via social media. Burglars can use posts on Twitter or Facebook to determine

when you'll be away. In recent polls, more than one third (35%) of Americans said they believed their home is too ordinary and would not interest a burglar. However, a vacant home could be enough to attract unwanted attention, so be careful about broadcasting your travel plans.

Lock your doors even when you're gone for a brief amount of time. Two thirds (67%) of Americans surveyed agree they do more to protect their homes when they are going away for a night than when they are just leaving for a few hours. But, according to the FBI, more than half (53%) of home burglaries happen during the day, so homeowners should secure doors and windows every time they leave their home.

Keep an inventory. Take the time to go through your house and make a detailed inventory of your belongings. Your inventory could be a paper list, pictures, video or a combination but be sure to notate the serial numbers or any blemishes that would make your property easily identifiable. For electronics, such as televisions, DVD players, DVRs and game consoles, use a black marker to write your name, address, phone number and maybe your driver's license number on the back or bottom of the unit. This writing won't be noticed by a thief trying to get out of your home quickly, but it will be noticed by the pawn shop during their inspection or the police once the criminal is caught.

Check your smoke alarms and carbon monoxide detectors every month. Summer marks the beginning of hurricane season and afternoon thunderstorms, so if a generator needs to be used in a power

outage, a quick test of your monitored life safety devices can help keep your family safe from potentially dangerous fumes.

Keep hedges and bushes around your home trimmed, so burglars don't have places to hide, also ask neighbors to pick up your paper and remove the trashcan from the road.

Kelvin Collins is president & CEO of the Better Business Bureau serving the Fall Line Corridor, serving 77

counties in East Alabama, West Georgia, Southwest Georgia, Central Georgia, East Georgia and Western South Carolina. This tips column is provided through the local BBB and the International Association of Better Business Bureaus (IABBB). The Better Business Bureau sets standards for ethical business behavior, monitors compliance and helps consumers identify trustworthy businesses. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: BBB.org or E-mail: info@centralgeorgia.bbb.org.



Butterfly Experience returns to Dunwoody Nature Center

Special to Senior News Georgia

Submitted by Dunwoody Nature Center info@dunwoodynature.org Dunwoody, GA

ickets for this year's Butterfly Experience are on sale NOW! Reserve your time in the tent today. Spots are limited.

From August 19th through August 22nd, the DunwoodyNature Center is bringing the butterflies back for the annual

ButterflyExperience. Two outdoor butterfly tents, housing hundreds of live butterflies, will be a highlight on the

Pollinator Pathway that will lead visitors to stations throughout the park. Guests will learn about all pollinators, enjoy arts andcrafts, live music, and spending time in the beautiful 22-acre park.

Every year 100 million monarch butterflies make an extraordinary journeyacross North America laying eggs and pollinating plants along the way. TheButterfly Experience celebrates this extraordinary migration by educating allages about the wonders and fragility of our natural environment throughbutterfly encounters and fun outdoor activities.

Milkweed plants, which provide necessary food for caterpillars and are abeautiful addition to any garden, will be for sale. Food and drink will be available for purchase.

To ensure a safe visit, tent capacity is limited with admission by timed tickets purchased online only. Frequently touched surfaces will be sanitized betweenbutterfly sessions and masks are encouraged inside the butterfly tents.

To purchase tickets, visit https://dunwoodynaturecenter.ticketspice.com/butterfly-experience-2021.

Win free tickets to the Butterfly Experience! During the weeks of 8/1 and 8/8 leave a comment on the Dunwoody Nature Center's giveaway post (Facebook, Instagram, or Twitter) and tag a friend for the chance to win two free tickets.

The Nature Center will be selecting two winners on 8/6 and 8/13.

The Butterfly Experience is presented by Cox Enterprises and Tri Scapes, Inc.

DATES/TIMES:

Thursday, August 19 from 3:00pm to 7:00pmFriday, August 20 from 10:00am to 3:00pmSaturday, August 21 from 9:00am to 4:00pmSunday, August 22, from 10:00am to 3:00pmTime slots last 20 minutes

VENUE:

Dunwoody Nature Center, 5343 Roberts Drive, Dunwoody, GA 30338770-394-3322 https://dunwoodynature.org/

HOW MUCH:

\$10 per person (3 years and younger are

free). Free parking.

NOTES:

For a safe visit, capacity will be limited by timed tickets purchased online only. Masks are encouraged inside the butterfly tents.

BUY TICKETS:

https://dunwoodynaturecenter.ticketspice.com/butterflyexperience-2021

> **Dunwoody Nature Center** 5343 Roberts Drive Dunwoody, GA 30338 770-394-3322

> > *****

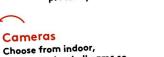
Call now for ADT home security



*With 36-month monitoring contract. Early termination and installation fees apply. Reward card issued by MetaBank®, N.A., Member FDIC. Card terms and expiration apply. For full terms, see below.



\$100 Visa Reward Card It pays to choose ADT to help protect your home and family.



outdoor & doorbell cams so you can keep watch even when you aren't there with



Touchscreen panel Open up a world of smart home capabilities for you and your family with ADT Secure or higher.



1-833-960-0835

upgrade to ADT Video.

Redemption code: DF-CD-NP-Q321

Reply by: October 15, 2021

Voted most trusted home security in America

2021 BrandSpark® American Trust Study



Theft Protection Guarantee**

Certain restrictions apply



24/7 ADT #1 Smart Home Monitoring Security provider



ADT 6-Month



Money-Back Guarantee[‡]

Certain restrictions apply

YOUR EXCLUSIVE SAVINGS OFFER

Get a \$100 ADT Visa Reward Card



Call now to redeem your exclusive offer!

1-833-960-0835

Redemption code:

October 15, 2021

Reply by:

DF-CD-NP-Q321

We're available 24/7. See if you qualify for same-day service!

\$100 ADT Visa Reward Card: Requires 36-month monitoring contract starting at \$28.99/mo. (24-month monitoring contract in California, total fees from \$695.76), and enrollment in ADT EasyPay. Requires minimum purchase price of \$449. One (1) Visa Reward Card valued at \$100 is redeemable seven (7) days after system is installed, wherein an email is sent to the customer's email address associated with their account with a promo code. The customer must validate the promo code on the website provided in the email and a physical card will be sent in the mail. Installation must occur within 60 days of offer expiration date to receive card. Applicable to new and resale sale types only. Card is issued by MetaBank, NA., Member FDIC, pursuant to a considerable of the substance of the customer may receive reimbursement of up to five hundred dollars (5500) of Customer's insurance deductible (if any) if, and only if, ALL requirements for Theft Protection Guarantee: Customer may receive reimbursement within 60 days of property loss. Request must be mailed to ADI and include: Theft Protection Guarantee certificate signed by Customer, a letter from Customer requesting reimbursement within 60 days of property loss. Request must be mailed to ADI and include: Theft Protection Guarantee certificate signed by Customer, a letter from Customer requesting reimbursement, a copy of the accepted insurance claim. ADI reserves the right to reject any application for reimbursement that does not comply with all of the requirements.

ADI Money-Back Guarantee: Money back guarantee only applies after ADI has made attempts to resolve a system related issue and has not been able to resolve that issue within the first 6 months of your contract. Equipment must be fully removed for a complete property of which only 029 (24-month monitoring contract in California, total fees ranging \$1,103.76.51.31,103.76.51.31,73.76.51.37.97.61.97.90, enrollment in ADI Easy Pay, and a compatible device with Internet and email access. These interactive services of not

Registration closes in just a few days for the Georgia Golden Olympics

Special to Senior News Georgia

From: Georgia Golden Games, Inc. golden olympics.ga@gmail.com

egistration deadline without late fees is August 1, 2021. Send your registration today and join the fun, fellowship and competition.

Registration forms may be printed from the Georgia Golden Olympics website. If you have competed in the Georgia event in previous years you may register online from the website.

Registration confirmations will be mailed to each athlete in late August. We appreciate your on-time registration!



Support the Georgia Golden Games

Want to make a donation? Donations may be mailed to Georgia Golden Games, Inc., PO Box 958, Winder, GA 30680 or can be made on the website. Thank you for your support.

Thank you to the host agency, Warner Robins Parks & Recreation Department, the City of Warner Robins, WR

Convention and Visitors Bureau, our many venues: North Houston Sports Complex, Steve Lundquist Aquatics Center (Jonesboro), Southern Landings Golf Club, Gold Cup Bowling Center, B & W Recreation Center, Grovania Methodist Church and Community, McConnell-Talbert Stadium(Board of Education), Houston County Tennis Complex, Robins Air Force Base Fitness Center and to the many Friends, Torch Club Members, Gold, Silver and Bronze contributors! We appreciate your support!

Georgia Golden Games, Inc.
PO Box 958, Winder, GA 30680
GGO website:
georgiagoldenolympics.org

Volunteers Needed

If you do not plan to compete in the Georgia Golden Olympics, PLAN TO VOLUNTEER! Volunteers are the backbone of the event and are needed at each event. Volunteer forms may also be printed from the Georgia Golden Olympics website. Click on the volunteer tab, print, complete and mail or email the form to the addresses listed. Volunteers who register by August 30 will receive a t-shirt for volunteering. Meet new friends, have fun and be inspired by the athletes!

COVID Protocols are Being Finalized

Although the protocols around pandemic health concerns are constantly changing, we anticipate following CDC, state, and local guidelines. Athletes and volunteers should expect the following:

When registering you each signed a waiver with specific COVID-19 language. Be sure toread it carefully!

If you are ill or experiencing Covid-like symptoms, please do not compete.

Bring a mask to all of your events and wear it when required or when social distancing cannot be maintained.

Hand sanitizer will be provided at each event venue. Maintain social distancing when possible and wash hands frequently. Please bring your own water and snacks to the event.

For more information on Covid-19 please visit the Centers for Disease Prevention and Control website.

DENTAL Insurance Get the dental care you deserve.

Medicare does not cover dental care. That means if you need dental work done, it can cost you hundreds or even thousands of dollars out of your own pocket.

Get Dental Insurance from Physicians Mutual Insurance Company. It helps cover over 350 procedures – from cleanings and fillings to crowns and dentures. Call today to get help paying big dental bills.

- See any dentist you want, but save more with one in our network
- No deductible, no annual maximum
- · Immediate coverage for preventive care



"Medicare & You," Centers for Medicare & Medicald Services, 2020

Includes the Participating (in GA: Designated) Providers and Preventive Benefits Rider. Product not available in all states. Acceptance guaranteed for one insurance policy/certificate of this type. Contact us for complete details about this insurance solicitation. This specific offer is not available in CO, LA, NY; call F800-969-4781 or respond for similar offer. Certificate C250A (ID: C250F; PA: C250Q); Insurance Policy PI50 (GA: PI50GA; NY: PI50NY; OK: PI50OK; TN: PI50TN); Rider kinds 8438/8439 (GA: 8439R).

625

Come Beat the Heat at the Augusta Museum of History! Join us for Dollar Dog Days of Summer starting Sunday, August 1st!

Special to Senior News Georgia

Submitted by Nancy J. Glaser Augusta Museum of History amh@augustamuseum.org

Augusta, Georgia

Starting Sunday, August 1st,
Beat the Heat and come to the
Augusta Museum of History for
Dollar Dog Days of Summer.
Throughout the entire

Throughout the entire month of August, admission to the Museum is only \$1 per person!

On view is the rich regional history in Augusta Story, Augusta's celebrities in Local Legends, an exhibition on The Godfather of Soul, Mr. James Brown, a special exhibit, Augusta 1875 to 1900, the Victorian Era and other new displays and unusual artifacts throughout the museum!

So beat the heat and come cool off this August with the Dollar Dog Days of Summer at the Augusta Museum of History!

About Augusta
Museum of History and
the 1797 Ezekiel Harris
House Augusta Museum
of History, the only
Museum in the CSRA
accredited by the
American Alliance of
Museums, was established in 1937 for the purpose of preserving and
sharing the material history of Augusta and the

region. From a 10,000 year-old projectile point to a 1914 locomotive, to James Brown memorabilia the collections chronicle a rich and fascinating past. The museum is located at 560 Reynolds Street in downtown Augusta. Please call (706) 722-8454 for more information or visit www.augustamuseum.org

Hours: Thursday - Saturday,

10:00 am - 5:00 pm; Sunday 1:00 pm - 5:00 pm; Closed Monday-Wednesday

Admission: Adult: \$5; Senior: \$4; Child (6-18): \$3; Child (6 & under): Free; Group tours (10 and up) available all week; must book in advance.

Augusta Museum of History, 560 Reynolds Street, Augusta, GA 30901.



Chamber Announces New Director of Programs & Events

Special to Senior News Georgia

Submitted by Olivia Reich Olivia@columbiacountychamber.com

EVANS, GA

he Columbia County
Chamber is pleased to announce
its recent hire of Taylor Williams,
who joins the Chamber team as

Director of Programs & Events, effective August 2. Within her new role, Williams will manage Chamber events and will provide staff support for all program related committees.

A University of South Carolina graduate with a bachelor of science in tourism management, Taylor Williams is an energetic young professional with extensive knowledge and experience within the hospitality industry across the region. With a love for event management and supporting local businesses, Taylor is excited to continue her career growing our community with the Columbia County Chamber of Commerce.

"Taylor's experience and knowledge of the Greater Augusta Region will be an asset as we continue to provide quality programs for our businesses," said Russell Lahodny, President and CEO of the Columbia County Chamber. "We look forward to her bringing a fresh perspective and new ideas to the Chamber."

Veterans Affairs Welcome Home Event 2021

Special to Senior News Georgia

Submitted by Georgia VECTR Team

ear Veterans, Service Members and Family Members, The Dublin Veterans Affairs'

The Dublin Veterans Affairs'
Military to Veterans Affairs (M2VA)
staff will hold an informative Welcome
Home 2021 event on August 18, 2021
from 9 a.m. to 2 p.m. at the Georgia
VECTR Center located at 1001 S.
Armed Forces Blvd, Warner Robins,
GA 31088.

This event is for veterans, service members, their family members, other Veteran Service Organizations (VSOs) or anyone interested in veterans' and service members' transition issues.

Dublin M2VA staff members will be available to answer questions about connecting to the VA healthcare system and other VA support activities.

Also other VSOs will be available on-site to discuss how they assist veterans and service members transition from the military service to civilian life.

COLISEUM PARK
PROFESSIONAL PHARMACY
380 Hospital Drive Macon, GA 31217

Across from the Emergency Room BOB MOODY RPH.
Pharmacist, owner

Start Getting Better Now!!!
Phone: 478-745-5431 Fax: 478-765-4359

FREE PRESCRIPTION DELIVERY

No registration is required to attend this event and we hope to see you there.

Respectfully, Georgia VECTR Team

Dempsey Apartments

Affordable Living In Historic Downtown Macon

- Spacious Studio & One Bedroom Apartments Homes
 Designed for adults 62 years of age & over and those with disabilities
- All utilities except telephone & cable included in monthly rent
- Apartments include wall-to-wall carpeting, stoves & refrigerators
- Access Control
- Cameras
- Library, computer center & laundry center on-site
- On-site Resident Service Coordinators
- On-site Management
- 24-hour Maintenance
- Recreational/Educational Programs
- Within walking distance of the Post Office, hospitals, theaters, restaurants & shopping

523 Cherry Street Macon, GA31201 (478) 741-4471 TTY: Relay 711



Funding is provided by the U.S. Department of Housing & Urban Development (HUD Section 8 Program). Annual income must not exceed income limits set by HUD.



Professionally Managed by the Macon-Bibb Housing Authority



FOR ADVERTISING ASSISTANCE!

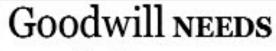
Please Call Billy Tucker at 478-929-3636

St. Paul Apartments & Village

62 & Older and Disabled Persons Welcome 1330 Forsyth Street • Macon, GA 31201

Call 478-745-0829

Rent Includes All Utilities • Beauty Shop Library • Optional Lunch 5 Days/Week Bus for Groceries & Doctor Appointments Range of Planned Activities Washer/Dryer On Each Floor Subsidized and market units.





YOU!

When you donate your clothing and household

Items to Goodwill Industries, the merchandise will be processed by trainees and resold at Goodwill stores to fund job training and placement services for people with barriers to employment

YOUR TIME

back to a C/

Spend an afternoon, or a few hours each week giving back to the community. Make volunteering a part of your family activities.

CALL: Mid GA: 478-475-9995 OR CSRA: 706-650-5760

To find a location near you, visit
www.goodwillworks.org

BBB Scam Alert: Phony dating websites are on the rise!

by KELVIN COLLINS, President/CEO, BBB of Central Georgia & the CSRA, Inc.

hile romance scams are becoming a more well-known tactic of con artists, recent reports to BBB Scam Tracker indicate a rise in a new type of romance scam. Typically, a romance scam consists of a con artist tricking an unsuspecting victim into falling in love and then, conveniently, requiring a substantial amount of money due to a "life crisis." The love-stricken victim offers

to help financially, with some getting scammed out of tens of thousands of dollars.

Here is how the scam works. An unsuspecting individual looking to find their significant other discovers a dating service that appears legitimate. The site requests the individual fill out a profile, including personal information such as location, age, name and other miscellaneous details that seem standard for a dating profile. A membership fee is required to use the dating service, so the individual inputs their credit card number to pay for the membership.

After spending a few days on the site, you come to realize that the other people you have matched with are not real. The site is full of phony profiles and pirated photos. After canceling your membership, when discovering the hoax, it may appear that all is well, except that you continue to receive a monthly bill, despite the cancellation.

In some cases, the scam dating site requires you to pay to contact other "daters." One victim reported joining a dating service where she bought "coins" to chat with other members.

"I was bombarded with

messages from nearly 200 different users in only a few days and without even fully filling out a personal profile," she told BBB Scam Tracker. "I paid for coins three times and was double-charged each time. This site hires operators to steal photos, assume fake identities, and then bombards users with messages to entice them into buying coins to conversate by lying and leading people on."

How to Spot Fake Dating Websites

• Do your research before you sign

up. Research the dating website's name along with the words "reviews" and "scams" online. Check to see what other people are saying about the site and any issues they may have had, especially when it comes to canceling their service.

• Make sure you understand how the website works. It is not entirely unusual to pay a monthly fee or small fees for individual connections to dating services but be sure the website is upfront about how their payment system works.

continued on page 18



BBB Alert

from page 17

- If it sounds too good to be true, it probably is. When signing up for a dating service, if you begin to receive numerous messages from people wanting to meet you before even completing your profile, it is probably a scam. If you encounter someone who makes claims of undying love and devotion immediately after messaging you for the first time; it may be both a sign of an illegitimate website along with a con artist attempting a romance scam.
- Use your credit card to pay for online services and memberships. Credit cards have greater protections, and charges are easier to dispute if they were unauthorized or made for fake services. It is much more difficult, if not impossible, to get your money back

if you use a debit card or link your bank account to the service via the bank's routing number.

• Never give money or personal information to a stranger. Some con artists will ask you for money so they can buy a flight to visit you or for other "noble" reasons. If someone you have never met in person starts asking you for banking information, government ID numbers or requests money wired to them due to a "life crisis," cut off contact immediately.

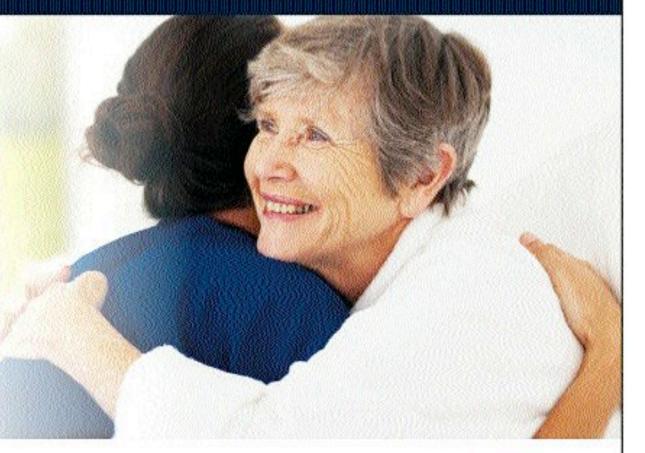
Read the BBB Study on romance scams and these romance scam tips to learn more and avoid falling victim.

If you or anyone you know has encountered a fake dating website, file a report on BBB Scam Tracker at BBB.org/scamtracker. Information provided may make the difference in preventing another person from falling

victim.

Kelvin Collins is president & CEO of the Better Business Bureau serving the Fall Line Corridor, serving 77 counties in East Alabama, West Georgia, Southwest Georgia, Central Georgia, East Georgia and Western South Carolina. This tips column is provided through the local BBB and the International Association of Better Business Bureaus (IABBB). The Better Business Bureau sets standards for ethical business behavior, monitors compliance and helps consumers identify trustworthy businesses. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: BBB.org or Email: info@centralgeorgia.bbb.org.

In the end,
we believe *kindness*can be the best
medicine.



When conventional medical treatments can no longer cure a disease, hospice provides the support that is needed. Pine Pointe at Home professionals can help control pain, reduce anxiety and offer kindness and emotional support to patients and their families.

Pine Pointe at Home, Navicent Health is focused on serving and comforting patients and their families. We offer a wide range of specialized care in the home environment that's most comfortable to your loved one.



NavicentHealth

6261 Peake Road Macon, Georgia 31210

NavicentHealth.org