

Senior News

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Augusta's
Exhibit!*

Story on Page 5

March 2014
Vol. 28, No. 3

Taking Care

Moving a parent into your household: Should you do it? A decision-making guide.

by LISA M. PETSCHÉ

If you have a parent who lives alone, you may be concerned about their physical or emotional well



Lisa Petsche

being – or both. Especially if they do not live close by or clearly are not managing well, you may wonder whether you should invite them to move in with

you.

Before making an offer, ask yourself the following questions and take time to honestly and thoroughly answer each one.

Interpersonal issues

• What kind of relationship do the two of you have? How do others in your household get along with your parent? Any personality clashes will be magnified when you are living under the same roof.

Your needs

• Consider your physical and mental health. Would you be able to provide hands-on assistance if needed? Could you cope with the ongoing stress involved in primary care-

giving?

Your family's needs

• If there are others in your household, what do they think of your parent moving in? It is crucial to have their support in order to make it work. Would you still have enough time to devote to them?

Lifestyle issues

• If you are employed, how might the primary caregiver role impact on your work? How would it affect your social life, vacation plans and other pursuits? Decide what adjustments you are prepared to make.

Your parent's needs

• Determine what kind of assistance your parent requires and how much time it involves. Can they be left alone? If they have been diagnosed with a progressive disease, how will their needs change?

Available supports

• What kind of support would family members be willing to provide to help make this work? Perhaps they could accompany your parent to appointments, have them over for dinner, or periodically take them into their home for the week-

end. There are many possibilities for sharing care.

• What kinds of community support services are available to assist you in meeting your parent's needs, now or in the future? Find out about accessible transportation services, seniors' recreation centers, day programs, home healthcare services that offer nursing, homemaking and various types of therapy, and residential respite programs.

• If you live in a different town, how easy would it be to link your parent with needed medical supports, such as a new primary physician?

Finances

• Give thought to how household expenses would be shared. Find out, too, whether your parent has savings or insurance that would cover the cost of medical equipment or healthcare services. If not, are you able to pay for them?

Home setup

• Is there sufficient space in your home to meet everyone's needs? Would your parent have separate quarters?

• Consider, too, your home's accessibility. Would renovations need to be made, and if so, what is the estimated cost and who would pay it?

Your expectations

• What are your expectations in terms of your parent's participation in the household? Would you want them to help in practical ways, such as preparing meals, if they are well

enough?

Your parent's wishes and expectations

• Would your parent want to move in? If so, can you anticipate their expectations in terms of privacy, financial arrangements and practical help if appropriate?

Other options

• Before making any decision, explore alternatives: in-home services; adult day care programs; live-in help; an assisted living facility or a skilled nursing home. Determine whether any of these options are appropriate and affordable. Consider the least disruptive ones first.

The decision

• If you conclude that moving your parent in with you is not feasible, help them develop a workable plan, whether it is arranging in-home services or finding another place to live. Provide as much support as possible.

• If you decide to move your parent in, allow plenty of time for everyone involved to adjust to the inevitable changes in family dynamics and household routines.

• Most challenges can be worked through if all parties are committed to making the arrangement work.

Lisa M. Petsche is a social worker and a freelance writer specializing in boomer and senior concerns. She has personal and professional experience with elder care.

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AGENCY ALERT: "Caring for All" ...the real cost of care!

by **KATHLEEN ERNCE**
Executive Director
The Senior Citizens Council
Augusta, Georgia
 kernce@seniorcitizenscouncil.org

When Faith Anne's Mother was diagnosed with Alzheimer's in 2008, much of her mom's care fell to her. At 52, Faith Anne was the oldest of four, and the one who'd moved her widowed Mom closer to her home. It was a labor of love, and Faith Anne knew it would be emotionally draining. What she didn't anticipate was how difficult it would be to deal with the basic practicalities.

"Trying to handle everything and understand Medicare and what we had to pay for up front was extremely stressful and so confusing." Money concerns aside, interviewing, hiring and managing her Mother's caretakers was a full-time job. "I really felt like I was hanging on a limb by myself, trying to navigate and negotiate the whole world of eldercare," she says.

About a quarter of adults over 50 are caring for their parents right now – personally, financially or both, according to a recent MetLife study. And as average life expectancy continues to creep up, that number will grow; however, there are steps you can take to prepare for what's coming, and strategies to

make caregiving easier on yourself and your wallet. Here are just two steps to begin your planning:

Discuss your loved one's finances

Talking through how your parent wants to be cared for as age increases. Also, knowing how you will pay for it is just as key. A good time to bring it up is when you are doing your own estate planning, or when a relative needs financial help, says Lynn Feinberg, senior strategic policy advisor with AARP's Public Policy institute.

Ask your parent to go over financial specifics with you. Find out about long-term care insurance and "make sure a healthcare proxy and power of attorney for finances are in place," says Suzanne Modigliani, a geriatric care manager in Brookline, MA. These legal documents allow a loved one to carry out healthcare wishes if the person is unable to speak and manage financial affairs. Your parent should also have an up-to-date will, (reviewed in the past five years, or anytime there's been a change such as a marriage or divorce.) The you will need to know where this information is kept.

Assess needs and compare costs

Does your parent need a full-time nurse, or just help with shopping and housekeeping? There are different levels of in-

home care, as well as adult day-care and assisted living. There is no one right course of action – most people base their decisions on what care their parents need, what tasks family members can take on themselves, and the costs of providing advanced care. Still have questions or concerns or need to "hear from professionals in the field of aging?"

The Senior Citizens Council's Advocacy Program Department will present, "Aging Parents – Practical Applications and Approaches," a 6-part series which begins on Thursday, April 15, 2014 and continues through June 26, 2014. All classes will begin promptly at 6:30 p.m. and dismiss at 8:30 p.m. and will be held at The Senior Citizens Council located at 218 Oak Street North, Suite L, Augusta. Area professionals will provide discussion, answer YOUR questions, and respond to YOUR concerns.

CLASS SCHEDULES

• April 17: Aging – Assessing The Situation

- May 1: Family Dynamics – Role Reversals, Talking with Loved Ones
- May 15: Financial Dilemmas – The Unknown Stress
- May 29: Getting Your "Ducks in a Row" Legally
- June 26: Are You Getting All of Your Government Benefits? and Are You Covered? Insurance Options
- July 10: Options for Successful Caregiving – Referrals & Resources

Space is limited; RESERVATIONS AND PAYMENT WILL CONFIRM YOUR SEAT. Cost: \$20.00 per class will pay for workbooks, handouts, and light snacks. Payment required prior to each class meeting.

RESERVATIONS DEADLINE is APRIL 10, 2014. CALL US AT 706-868-0120 FOR COMPLETE DETAILS AND TO RESERVE YOUR SEAT.

The Senior Citizens Council is located at 218 Oak Street North, Suite L, Augusta, Georgia 30907.

SRS WORKER SERIES FORMER & CURRENT WORKERS OF THE SRS

Remain At Home Workers Care: Keeping the Promise of Independence

It is with tremendous excitement that I announce the expansion of Remain At Home Workers Care to the North Augusta, Augusta and surrounding areas. Our charge is one we approach with the upmost seriousness – affording the very best care for Department of Energy (D.O.E.) workers (in this case, the SRS plant), most of whom served their country proudly in the nuclear sector. As a result, many of these "Cold War Patriots" unfortunately have become sick, suffering from serious illnesses due to multiple kinds of exposure, uranium being the most insidious.

Proudly, RAH is fully-licensed by the Department of Labor to provide no-charge care that keeps clients and families healthy, agile and happy in the place they call home. As our tag-line suggests, we keep the promise of independence for those who suffer from mild to severe exposure-related illnesses. There are no charges whatsoever for our services for those who qualify; the federal government assumes all associated costs. Moreover, our organization is a definitive resource in assisting D.O.E. workers with navigating through the cumbersome, yet required governmental approvals. Contact us. We are here to help.

Going forward, I will be writing recurring articles in this and other local publications that will address topics related to "all things SRS," including medical issues and subjects related to lifestyle. I hope they will all be enjoyable!

Advertising and marketing any service can be tricky. RAH's approach is: to show, not merely tell about the quality and caliber of our services by providing useful information by way of these articles, and more importantly, by affording the very best patient outcomes.

Thank you for this opportunity to introduce myself, and I will speak with you again very shortly. If we can assist you or perhaps someone you know in any facet of nuclear care or providing a better understanding of possible benefits, we'd be honored to do so.



Brian Carrigan
Founder & CEO

RemainAtHomeWC.com
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Serving Augusta & the CSRA

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Senior News & Views of Georgia

Poets' Corner

Editor's Note: If you have written a "well-worked" poem which you would like considered for publication, please forward it to: Senior News, P. O. Box 8389, Warner Robins, GA 31095-8389. Please include your name and address on your poem. We will publish selected poems (or excerpts) as space permits.

STONES

by June D. Wilhite

*Stones.
Strong, hard, useful weapons;
Used for defense, to injure, to
frighten away
Stones in the hand give the bearer
a sense of security.
The more stones I carry
The safer I feel.*

*Growing older.
Hands becoming arthritic.
Hard to hold stones.
Hard to throw them.
Back won't allow me to bend to pick
them up.
I feel vulnerable,
No stones to throw.*

*Words.
Strong, hard, useful weapons.
Used for defense, to injure, to
frighten away.
Words used as stones come from
the heart.
The more it can carry
The safer I feel.*

*Growing older.
Heart growing weaker,
Injured by so many stones.
Carried too many too long.
Stones in my heart,*

*Must unload them.
Feeling vulnerable,
No "stones" to throw.*

*Pearls.
Beautiful, valuable, durable,
Treasured find or purchase,
A perfect gift.
Enhance my clothes.
Pearls around the neck,
On earlobes or fingers
Pretty to behold.*

*Growing older.
Pearls are ageless,
Pleasant to the eyes,
Still make me feel beautiful.
Remembering the giver,
Grateful memories,
Feeling a comfort,
As I gaze at these stones.*

*Words.
Kind, encouraging, loving.
Pearls of wisdom,
Pearls of great price,
Words that comfort, build up, inspire,
Reward, praise, and support.
The more pearls I give,
The more I will hold.*

*Growing older.
Heart full of gladness.
Many trials turned into pearls...
Peace, joy, and love
From gathering pearls,
And giving them away.
Thanking God for His Words,
Living Pearls of life.*

ODE TO MY LOVE

by Pat Walker Johnson

*Oh, my love, how you are missed.
The ways would make a long list.*

*From school days I loved you,
And this you always knew.*

*Memories I treasure in my heart,
Even though we are apart.*

*To love and be loved, some have
never known.
I felt your love as tender as the
dawn.*

*I say your name, but you're not here.
On my cheek I feel a wet tear.*

*I long for the day I shall see your
sweet face.
And all my sorrow will be erased.*

*God in heaven tells me it's true.
On that day, our love we'll renew.*

*Till then, my love, I await.
To see you again at Heaven's gate!*

WHEN

by Jean P. Daniel

*We'll be together,
by and by,
when the moon has tipped over,
and darkened the sky.
We'll be together,
when the dust shall be;
laid out on the ocean,
made of you and me.
When the sky grows downward,
shields the earth in pain,
when the storm clouds lie
on the earth with rain.
We'll be together,
by and by;
in a graveyard old and mellow,
together,
when we die!*

Spiritual Notes

God's Encounters

by Dr. Bill Baggett
Minister to Seniors
Dunwoody Baptist Church

It has been my observation in the past years, as I have worked with senior adults, that they sometimes feel that life is over for them and they are no longer needed or useful. By the same token, there are many that are involved in activities that keep them busy and excited about life.

So many seniors are preoccupied with the physical changes that are occurring to their bodies. It is natural that years will have an effect on our appearance. One lady resolved this problem by taking a very hot shower. She indicated that the steam covered the mirrors, therefore sparing her

from observing the obvious.

A person's personality is molded by the experiences they have had during their lifetime. Therefore, when senior adulthood arrives, all of the episodes one has been through are still a part of who they are.

God has been arranging encounters for a long time. Senior adults have a lot to offer and many are engaged in activities that are productive and meaningful. Rather than giving up, look for the chance encounter that will change your life. As someone has said, "The next time you feel that God can't use you, remember, Noah was a drunk, Abraham was too old, Isaac was a daydreamer, Jacob was a liar, Moses had a stuttering problem, Timothy was too young, Peter denied Christ and The Disciples fell asleep while praying."

The following Scriptures are promises of God if we put our trust in Him and follow his teachings:

Luke 18:27: "The things which are impossible with men are possible with God."

Romans 8:31: "If God be for us, who can be against us?"

Joshua 1:9: "Be strong and of good courage, do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go."

Romans 8:28: "And we know that all things work together for the good to those who love God, to those who are called to His purpose."

*Dr. Baggett can be reached at
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Vernon Road, Atlanta, GA 30338;
phone 770-280-1200.*

On the Cover

Don't miss Augusta's Exhibit!

by CAROLYN BRENNEMAN

Photos by Carolyn

Cover: Money which was in circulation during the 1860s

Don't miss one of Augusta's premier exhibits at the Augusta Museum of History, which is currently on display and titled "Augusta 1864." This fabulous museum is displaying an exhibit that focuses on Augusta and its citizens during a most historic event in our history, the Civil War.

Nancy Glaser, the Executive Director of the museum, put together a most rewarding experience for all to see at our Augusta museum. "Researching this time period was a fascinating journey," said Nancy. "Reading the letters, diaries and newspaper accounts was an opportunity to visit another time and also feel the foreboding of a way of life for many that was coming to an end."

The exhibit displays photographs, artifacts, and maps showing us an important period of our history. It was in 1861 that Georgia seceded

from the Union as the Republic of Georgia and joined the confederacy, and subsequently sent nearly 100,000 soldiers to battle. Augusta played an important role in the war as one of the most critical materials for the Confederacy was gun powder. The Augusta Canal was selected as the site to build the Powder Works. The new Confederate Powder Works were the only permanent structures constructed and completed by the Confederacy. Five million bricks were made in Augusta and Hamburg for the construction of the building and production of gunpowder began on April 10, 1862. By the end of the war over three million pounds of gunpowder were produced.

By 1860 Augusta had a population of 12,493 and was the second largest city in Georgia. By 1863 thousands of refugees from the surrounding areas threatened by invasion came crowding into Augusta, leading to shortages in housing and provisions. Next came the threatening coming of General Sherman's advancing army, causing panic in the streets of Augusta. However, as we learn from attending the exhibit, General Sherman decided not to

invade and burn down the city.

The exhibit displays numerous maps and photographs telling us about the Union General's armies who invaded Georgia as part of the Atlanta Campaign, yet decided to leave Augusta alone. Finally the war ended, President Lincoln issued the Emancipation Proclamation in 1863 and reconstruction started immediately after the hostilities ceased.

The exhibit demonstrates an important part of our history and all are invited to attend. The exhibit will run through January 2016. The Augusta Museum of History is located in downtown Augusta. Please call (706) 722-8454 for more information or visit the website www.augustamuseum.org.



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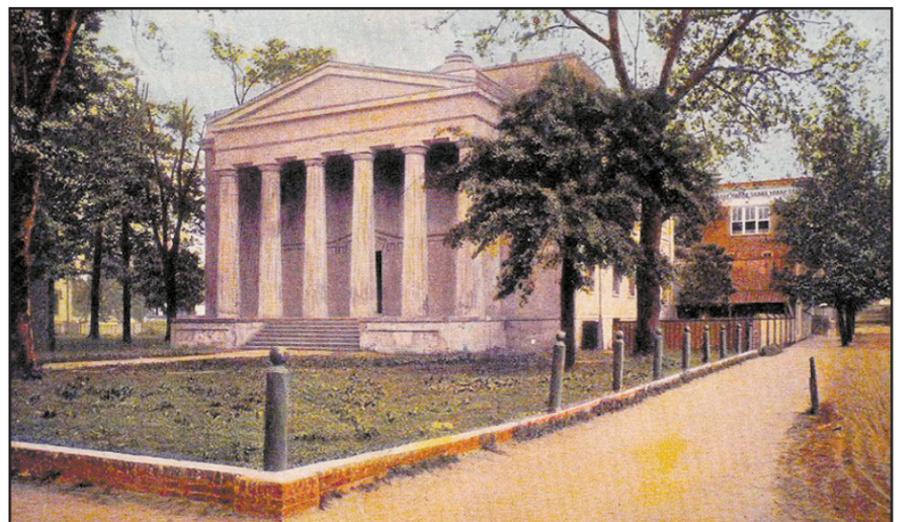
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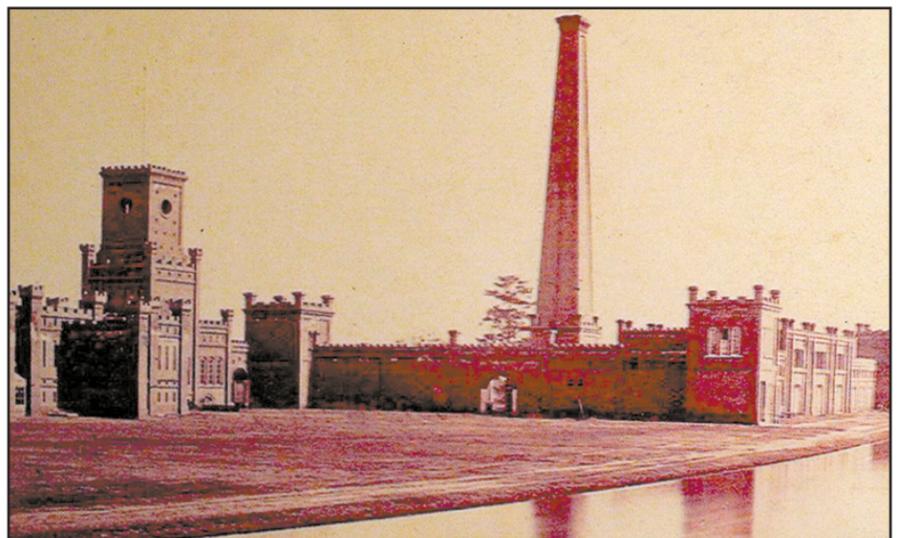
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Photograph of Medical College of Georgia in the 1860s



The Augusta Powder Works

Artist Edward Rice bestowed the 2014 Elizabeth O'Neill Verner Governor's Award for the Arts

Special to Senior News

Artist Edward Rice, a native South Carolinian who maintains a studio in North Augusta, South Carolina, has been named a recipient of the 2014 Elizabeth O'Neill Verner Governor's Award for the Arts as an individual artist by the South Carolina Arts Commission. This annual award is the highest honor the state presents in the arts, and it recognizes outstanding achievement and contributions to the arts in South Carolina. Rice has enjoyed a close association with the Morris Museum of Art in Augusta, Georgia, since its founding.

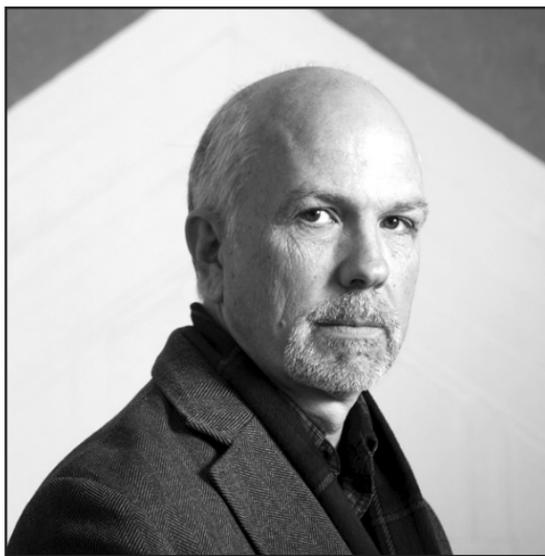
"We are very pleased that Ed Rice, a longtime friend of this institution and an artist whose work has achieved recognition for the region, has been singled out for this honor. It is both fitting and just, and it is a great pleasure to see him so rewarded. He is well represented in the museum's permanent collection, and his work has been the subject of two stunning exhibitions over the years," said Kevin Grogan, director of the Morris Museum of Art. "This award is especially apt since his deep respect for Elizabeth O'Neill Verner as an artist and as a pioneer in historic preservation led him to seek out her counsel when he was a young and aspiring painter. We at the Morris join his legion of friends and

supporters in applauding his selection."

"I first visited Elizabeth O'Neill Verner's gallery in Charleston, South Carolina, when I was twelve years old. The experience left a lasting impression on me. I was truly in awe of her work.

When I was twenty, I returned to her gallery to ask her to critique my latest watercolor. At that time, she said to me, 'a work of art must do more than talk, it must sing; it must do more than walk, it must dance.' I'll never forget that. Then she went on to compliment my painting," said Edward Rice. "I only have two works by other artists in my studio – a sculpture by Freeman Schoolcraft and an etching by Elizabeth O'Neill Verner – both serve as daily reminders of excellence and dedication."

Elizabeth O'Neill Verner, for whom the award is named, achieved an international reputation for her art



Jerry Siegel, Edward Rice, South Carolina, 2004. Courtesy of the artist.

– paintings, etchings, and pastels of South Carolina's unique peoples and architecture – which captured the spirit of the Lowcountry. Her depictions of South Carolina – particularly historic Charleston residences, its churches, and colorful residents – are Verner sub-

jects that are recognized throughout the world.

This year's other Verner Award recipients are Cynthia Boiter, Individual; Beaufort County School District, Arts in Education; Elliott Davis, LLC, Business; and the City of Greenwood, South Carolina, Government.

The awards will be presented at a midday Statehouse ceremony on Thursday, May 8.

The South Carolina Arts Foundation will honor the recipients and the arts community at the South Carolina Arts Gala on Wednesday,

May 7. The gala, an important fundraising event, supports the South Carolina Arts Commission's programs. For more about the Verner Awards or the South Carolina Arts Gala, call (803) 734-8696 or visit www.SouthCarolinaArts.com.

Edward Rice

Born and raised in North Augusta, South Carolina, Edward Rice is a contemporary painter who is particularly well known for his depictions of the vernacular architecture of Georgia and South Carolina. His work is represented in many public collections, including those of the Gibbes Museum of Art, Charleston, the Columbia Museum of Art, the South Carolina State Museum in Columbia, and the Greenville County Museum of Art in South Carolina; the Georgia Museum of Art and the Morris Museum of Art in Georgia; and the Ogden Museum of Southern Art in New Orleans, as well as dozens of private and corporate collections around the country. For more information, visit www.edwardriceart.com or follow him on Facebook and twitter @EdwardRiceArt.

For more information about the Morris Museum of Art, visit www.themorris.org or call 706-724-7501 and follow on Facebook, Pinterest, and twitter @MorrisMuseum.

Fort Gordon Spouses' & Civilians' Club announces Annual Fashion Show

Special to Senior News

The Fort Gordon Spouses' & Civilians' Club invites all in the Central Savannah River Area to the fashion show dedicated to artfully building a wardrobe on a dime, Thrift Shop Chic.

The annual fashion show features fabulous contemporary and vintage finds straight from the racks at the Fort Gordon Thrift Shop. The event runs from 11 a.m. to 1 p.m. on March 12 at Gordon Conference and Catering Center on Fort Gordon.

"So many people don't know about the bargains to be found at the Fort Gordon Thrift Shop," said Angela Kennedy, FGSCC president. "Our annual fashion show is a fun way to showcase the variety of items available and let people know that anyone can shop and save at the Thrift Shop."

Those attending Thrift Shop Chic will enjoy a full-service buffet lunch for \$14 while watching the show. The talented Gail Fitzpatrick will emcee the event once again. Club members and members of the community will model the clothes.

Items from the Thrift Shop, including clothing, sporting goods and house wares, will be available for sale after the show. Only cash or

check will be accepted. For those interested in disposing of gently-used items, donation bins and forms for a tax deduction also will be available.

"The volunteers at the shop and I are so excited about showing off the amazing clothes you can find here," said Stephanie Lainez, manager of the Thrift Shop. "We know everyone will have an awesome time at the show and we hope to see some new faces at the shop because of it."

Those looking for unique collectibles and gifts, a representative from FGSCC will be selling decorative vinyl signs and customized coasters as well as Fort Gordon-themed memorabilia and the FGSCC cookbook, Magnolia Munchies.

Fort Gordon Spouses' & Civilians' Club is an active part of the Fort Gordon community, leading community service projects, operating the Thrift Shop and providing volunteer opportunities, special events and activities.

A private nonprofit organization, Fort Gordon Spouses' & Civilians' Club is not affiliated with Fort Gordon or the U.S. Army. Membership in the club is \$15 annually and is open to anyone affiliated with Fort Gordon. For more information or to join, please visit www.fgsc.com.



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Augusta/CSRA CALENDAR

AUGUSTA & CSRA METRO AREA Opportunities Directory

Senior News & seniornewsga.com Opportunites Directory Submission Guidelines: "Opportunities" are provided FREE of charge for certain "truly" non-profit organizations. In order to provide for an orderly and timely processing of requests, we must receive your materials request by the 15th of the month prior to the desired month of publication. Please email requests to: seniornewsga@cox.net for consideration. All publication requests will be considered; however, it is understood and agreed upon as a requirement of submission that publication determination of each request is reserved entirely as a decision right of the publishers and refusals of publication requests require no explanation. Senior News & seniornewsga.com reserve the right to reject publication of any/all requests at the sole discretion of the publishers.

For additional Opportunities listings, please visit our website at: seniornewsga.com.

The Senior Citizens Council

218 Oak Street North, Suite L
Augusta, GA 30907; 706-868-0120
www.seniorcitizenscouncil.org

The Senior Citizens Council is open

Monday through Friday for the following services:

- Advocacy Programs including: Caseworker Services; Caregiver Support and Information; Bill Paying and Money Management; Benefits Counseling including information about the new Medicare Part D Prescription Drug Plans; and, Elder Abuse, Neglect, and Exploitation Prevention.
- Foster Grandparent Program and Senior Companion Program: Limited income persons age 60 and older needed to work from 15 to 40 hours a week with special-needs children or adults. Call for complete details.
- Retired and Senior Volunteer Program: Are you looking for a fun and exciting way to make a difference in the community? RSVP offers persons age 55 or older an opportunity to apply their skills and experience to meet critical community needs. RSVP pairs talented volunteers with their choice of a variety of non-profit, health care, government, and faith-based organizations. Call for complete details.

For additional information or to make an appointment for a needed service, call 706-868-0120 from 8:30 a.m. to 5:00 p.m.

CSRA Senior Centers

Over 60? Enjoy socializing, parties,

cards, crafts, Bingo and travel? Interested in staying healthy and active? Tired of eating lunch alone? If you answered YES to these questions, then you need to check out a Senior Center near you!

- Blythe Area Recreation Department Patricia Strakosch; 3129 Highway 88, Blythe, GA 30805; 706-592-6668
- Carrie J. Mays Recreation Center Sheryl Jones; 1015 11th Ave., Augusta, GA 30901; 706-821-2831
- East View Community Center Roberta Sullivan; 644 Aiken St., Augusta, GA 30901; 706-722-2302
- HH Brigham Senior Center Heather Kooms; 2463 Golden Camp Rd., Augusta, GA 30906; 706-772-5456
- McBean Community Center Willamae Shaheed; 1155 Hephzibah-McBean Rd., Hephzibah, GA 30815; 706-560-1814 or 706-560-2628
- Sand Hills Community Center Lillie Rosier; 2540 Wheeler Rd., Augusta, GA 30904; 706-842-1912 or 706-842-1916
- New Bethlehem Community Center, Inc. Millicent E. West; 1336 Conklin Ave., Augusta, GA 30901; 706-722-0086
- Bessie Thomas Community Center Jeff Asman; 5913 Euchee Creek Dr., Grovetown, GA 30813; 706-556-0308
- Burke County Senior Center Jackie Brayboy; 717 W. 6th St., Waynesboro, GA 30830; 706-437-8007
- Glascock County Senior Center Anita May; 568 Brassell Park Ln., Gibson, GA 30810; 706-598-3050
- Grovetown Senior Center Jennifer Thomas; 103 W. Robinson Ave., Grovetown, GA 30813; 706-210-8699
- Betty Hill Senior Citizens Center Cathie Birdsong; 330 Waters Work Rd., Sparta, GA 31087; 706-444-7532
- Harlem Senior Center Tina Sidener; 405 B West Church St., Harlem, GA 30814; 706-449-8400
- Jefferson County Senior Center Marie Swint; 209 E. 7th St., Louisville, GA 30434; 478-625-8820
- McDuffie Senior Center Melinda Hill; 304 Greenway St., Thomson, GA 30824; 706-595-7502
- Jenkins County Senior Center Shirley Chance; 998 College Ave., Millen, GA 30442; 478-982-4213
- Lincoln County Senior Center Pam Parton; 160 May Ave., Lincolnton, GA 30817; 706-359-3760
- Sylvania Senior Center Cathy Forehand; 209 E. Ogeechee St., Sylvania, GA 30467; 912-564-7727
- Taliaferro County Senior Center Allene Oliver; 119 Commerce St., Crawfordville, GA 30631; 706-456-2611
- Warren County Senior Center Gwanda Murray; 48 Warren St., Warrenton, GA 30828; 706-465-3539
- Washington County Council on Aging Jane Colson; 466 Maurice Friedman Rd., Sandersville, GA 31082; 478-552-0898 (Mon., Tues, and Thurs.) 478-552-0013
- Wilkes County Diana Hall; 108 Marshall St., Washington, GA 30673; 706-678-2518
- Shiloh Comprehensive Community Center Elizabeth Jones; 1635 15th St., Augusta, GA 30901; 706-738-0089

H. H. Brigham Senior Center

2463 Golden Camp Rd., Augusta
Contact: Patricia A. Jenner
706-772-5456; 1 a.m.-3 p.m.

Aiken County Parks, Recreation & Tourism

902 Vaulcluse Rd., Aiken, SC 29801; 803-642-7559;

www.aikencountysc.gov/tourism

Courtney Senior Center

49 Roy St., Wagener, SC; 564-5211

• Senior Bingo: 3rd Fri., 2 p.m., Free

• Canasta Club: Wednesdays, 12 noon, Free

Harrison-Caver Park

4181 Augusta Rd., Clearwater, SC; 593-

4698

Aiken County Recreation Center

917 Jefferson Davis Hwy., Graniteville, SC; 663-6142

Roy Warner Park

4287 Festival Trail Rd., Wagener, SC; 564-6149

Academy for Lifelong Learning, USC-Aiken

Information: 803-641-3288

Hearing Loss Association of Augusta

Meetings are held on the 3rd Monday, September-April except for December, at University Hospital, 1350 Walton Way, Dining Rooms 1-3. Social begins at 5:30 p.m. and meeting at 6 p.m. For information on the organization please contact Gayle Tison, President, at http://emp-tyg3@knology.net.

Hephzibah Lions Club

Meets the 2nd & 4th Thursdays, 7 p.m., Jesse Carroll Community Center, Windsor Spring Rd., Hephzibah. For additional information contact Lion Frank Spinney, President, at 706-592-5618 or Jon Winters at 706-592-9622 or 706-833-0458.

Morris Museum of Art

1 Tenth Street at Riverwalk in Augusta Riverfront Center. Call 706-724-7501 for more information or visit the Museum's website at www.the.morris.org.

• *The Worlds of Hunt Slonem*: Through Feb. 23

Gertrude Herbert Institute of Art

Located at 506 Telfair Street, Augusta. Call 706-722-5495 for information.

Caregiver Support Group

Are you caring for a spouse or parent? Join other caregivers to share experiences, gather practical resources and find the support you need. The group meets the 3rd Monday of each month at 6:30 p.m. at the Friedman Branch Library located at 1447 Jackson Road in Augusta. For more information contact Georgia Jopling, Caregiver Specialist, Area Agency on Aging, 706-210-2000 or 888-922-4464.

Augusta Museum of History

560 Reynolds Street in downtown Augusta. Call 706-722-8454 for events information.

ON-GOING EXHIBITS INCLUDE

- *Celebrating a Grand Tradition, the Sport of Golf*
- *The Godfather of Soul, Mr. James Brown*
- *Augusta's Story*
- *One Man, Two Ships, Lessons in History and Courage*
- *Canteens to Combat Boots*
- *Timeless Toys*

Lucy Craft Laney

Museum of Black History

www.lucycraftlaneymuseum.com

Call 706-724-3576 for events information.

"Dance with Us"

The Augusta Chapter of USA Ballroom Dance invites beginners to pros to our FIRST SATURDAY of each month social dance at the American Legion Post 63, 90 Milledge Rd., Augusta. Members, \$8; guests, \$10. No partner need! Free dance lesson and a great food table. For a group of 6 or more first time guests we can make arrangements for you to come free.

For more information call Bob Anzuoni at 803-215-4010 or visit www.augustadancing.org.

Augusta Christian Singles Weekly Dance

Single and need something to do on Saturday nights? If you are single, divorced, widowed, or legally separated, \$10 will get you a light meal, variety of

continued on page 8

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CALENDAR from page 7

music, dance lessons, good fellowship, and a great dance floor!

Begins at 8 p.m., Ballroom Dance Center, 525 Grand Slam Dr., Evans. If you don't know how to dance and want to learn, free instruction begins at 7 p.m. Don't stay home alone; come dance and have fun. For more information visit www.christiandances.org.

Fraternal Order of Eagles Lodge 1197
1999 Scott Rd., Augusta. For activities and events information call 706-495-3219.

AARP Augusta Local 266

There is more to AARP than a newspaper and a magazine. The local chapter meets at the Kroc Center, The Salvation Army, 1833 Broad Street, Augusta. For additional information or to join, call Mrs. Stella Nunnally, Chapter President, at 706-724-0045.

Al-Anon and Alateen Groups

Al-Anon and Alateen Groups meet in various locations in the CSRA Mon.-Sat. For information or a listing of meeting in the area call 706-738-7984. To locate meeting throughout Georgia call 800-568-1615.

Friday Night Dance

Every Friday, 8-11 p.m., American Legion Post 63, 90 Milledge Rd., Augusta. With band or DJ. \$10 cost. Free coffee and cake. Everyone welcome. Call 706-733-5184.

Augusta Area Newcomers Club

The Augusta Area Newcomers Club is a non-profit organization that helps people who are new to the area get acclimated, make friends, and get involved with charitable organizations. We offer a variety of activities such as golf, book groups, and dining out. For information please contact hospitality@augustanewcomers.net or call Susan Salisbury at 706-814-6297.

Service Corps of Retired Executives

The Service Corps of Retired Executives (SCORE) provides counseling and mentoring to business people who are starting up a new business or who are expanding one that is ongoing. SCORE is a non-profit, public service organization, affiliated with the SBA. There is never a charge for our services. Call 706-793-9998, Mon. - Fri., from 9 a.m. - 12 noon.

Phinzy Swamp Events

706-828-2109

Find Your Voice

Aiken Toastmasters meet on the first and third Thursday of each month, 6:45

p.m., at Odell Weeks Center on Whiskey Road in Aiken. Guests are always welcome. For additional information call 803-648-7833.

DBSA (Depression Bi-Polar Support Alliance)

Meets the 3rd Tues. of every month at 6:30 p.m., First Baptist Church of Augusta, Walton Bldg., Room 105., 3500 Walton Way Ext., Augusta. Call 706-722-0010 for complete details or the Friendship Center (see Augusta phone book for number).

Pieceful Hearts Quilt Guild

Meets on Monday nights, 7-9 p.m., and Thursday mornings, 10 a.m.-2 p.m., at St. Bartholomew's Episcopal Church, Martintown Rd., North Augusta. For details call 803-279-6456 or 706-790-4975.

Augusta Chapter Of The Embroiderers' Guild Of America

Anyone with an appreciation of embroidery is welcome. Chapter consists of women with diverse backgrounds, experience, and ages who share an interest and pleasure in needlework. Meetings include a review of local needlework activities, some hands-on stitching, refreshments, and socialization. Meets the 1st Mon. of each month at Alliance Missionary Church, 2801 Ingleside Dr.,

Augusta. For additional information call Natalie Farrell at 706-736-5508.

Alzheimer's Caregiver Support Group
Meets 3rd Tues., 6:30 p.m., Brandon Wilde Retirement Community, Evans. For details call 706-854-3591 or 706-854-3501.

CSRA Parkinson Support Group
Meets monthly, St. John Towers Dining Room, 724 Greene St., Augusta. For details call 706-364-1662.

Area Agency on Aging Offerings
Learn through a 30-Minute session, 3rd Thurs. each month, 1 p.m., KROC Center Augusta, Senior Lounge, 1833 Broad St. Registration not required. Contact Lee Walker, Resource Specialist, 706-922-8348 or 706-210-2018.

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