

Senior News

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Retired General has Future Under Command

by SUSAN LARSON

COVER:
Brigadier General Stewart Rodeheaver (Ret.)

“What can you do with a general when he stops being a general?” Bing Crosby croons in the musical *White Christmas*. Well, if you're talking about retired Brigadier General Stewart Rodeheaver, then you have no cause for concern. General Rodeheaver does an excellent job of handling that matter himself, thank you.

Rodeheaver, born and raised in Forsyth, GA, was the first person in his family to graduate from high school and the first to ever attend college. Although his degree from Mercer University is in business management, his 38 year career in the U.S. Army opened up his world in an entirely different direction. While garnering dozens of awards, honors and medals in the military, Rodeheaver discovered his greatest talent was in training new recruits.

“We had to find a better way to teach young people because they don't learn like they used to,” he said. “We surveyed young soldiers and discovered they learn better virtually, visually and interactively.”

He began to focus on experimental techniques and added virtual and problem based learning to the standard Army training. For this he won several awards of excellence and also a request from the Army to further apply his techniques to educate students in the public schools and institutions of higher learning.

Upon retirement, Rodeheaver made use of that business degree and started his own company, ViziTech USA, a break-away technology company focusing in 3D, virtual, interactive and

continued on page 6



May 2016
Vol. 30, No. 5

What does "As Is" really mean?

by **KELVIN COLLINS**
President/CEO, BBB of Central
Georgia & the CSRA, Inc.

The BBB regularly receives calls and complaints from consumers that purchase vehicles "as is" and want to take them back when a problem occurs. When a car is sold "as is", the car is sold in its current condition, which means the buyer accepts the car with all known and unknown problems at the time the car is purchased. So, if something goes wrong or breaks down after you purchase the car, the cost of any repairs is almost always the buyer's responsibility. Generally,

unless the dealer made a representation about the condition of the vehicle that he knew to be false, "as is" pretty much covers the dealer on any faults the car has.

Contrary to popular belief, there is no "cooling off" period when it comes to car purchases. Further, lemon laws do not apply to used automobiles and verbal promises made during the sales process are practically impossible to prove.

However, there is information that offers buyers some protection, and which is required by law to accompany every sale of a used car by a dealer. It is contained in the Federal Trade Commission's Buyer's Guide, which must tell you:

- whether the vehicle is being sold "as is" or with a warranty;
- what percentage of the repair costs a dealer will pay under the warranty;
- that spoken promises are difficult to enforce;
- to get all promises in writing;
- to keep the Buyer's Guide for reference after the sale;
- a brief description of the major mechanical and electrical systems on the car, including some of the major problems you should look out for; and
- a reminder to ask to have the car inspected by an independent mechanic before you buy.

Whenever you purchase a used car from a dealer, you should receive the original or an identical copy of the Buyer's Guide that appeared in the vehicle that you bought. The guide must reflect any changes in warranty coverage that you may have negotiated with the dealer. It also becomes a part of the sales contract, and overrides any contrary provisions that may be in the contract. If the dealer promises to repair the vehicle or cancel the sale if you're not satisfied, make sure the promise is written on the Buyer's Guide. If the promises are not written on the Buyer's Guide, you will have a hard time getting the dealer to make good on his

word.

Consult your copy of the Buyer's Guide to determine if the vehicle was in fact sold "as is." If the dealer failed to provide a Buyer's Guide or to indicate that the car was being sold "as is," with no warranty, you may have some recourse against the dealer.

The best rule when buying a used car is to take the car to a mechanic of your choosing, not one recommended by the dealer, to have a thorough inspection. What may seem like a waste of money and time now can end up saving you thousands if the mechanic finds a mechanical problem with the car.

For more trustworthy consumer tips, visit bbb.org.

Kelvin Collins is president/CEO of the Better Business Bureau of Central Georgia & the CSRA, Inc., serving 41 counties in Central Georgia and the Central Savannah River Area (CSRA). This tips column is provided through the local BBB and the Council of Better Business Bureaus. Questions or complaints about a specific company or charity should be referred directly to the BBB at Phone: 1-800-763-4222, Web site: www.bbb.org or E-mail: info@centralgeorgia.bbb.org or info@csra.bbb.org.



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Being a Good Sport!

by SUSAN LARSON

Though I've written many times about the joys of being a substitute teacher, I must admit sometimes the trick is being a good sport. Like the time I subbed in a Sports Medicine class.

It was the last class of the day and I was the fifth substitute teacher these kids had had in five consecutive days. They were supposed to watch a video that they all claimed to have seen three times and convinced me with vivid descriptions of the content. They begged for free time.

"Okay," I said, "No video, but no free time either. This is Sports Medicine, so I'm going to give your brain cells a workout." As they groaned I drew a grid on the board. "How many know how to play Scattergories?" I asked. All hands went up. I printed their teacher's name across the top, then listed appropriate categories down the side: Body Parts, Medical Fields, Athletes, and Sports.

The first letter was B. We got Brain, Biochemistry, Babe Ruth and Bowling. The letter A brought in the word "anus." Okay, it was a medical term, so I took it. When we finished,

they wanted to play again using class member's names across the top. They also wanted to add more categories, most of which were totally ridiculous. I reminded them this was Sports Medicine and we would stay on the subject.

"How about the Bible?" one student called out.

"What in the world does that have to do with Sports Medicine?" I asked.

"Nothing specifically, but in general, the Bible should apply to everything in life," he said.

"Okay, let's add some Bible categories," I said not believing this.

The first letter across the top was J and for Body Part, a guy called out, "Jawbone of an ass. That's a body part in the Bible."

"That's right. Let's put it up there," I said. When we got to the Biblical names category, they simultaneously called out Joshua, Job, Jeremiah and John. There was a W in the name we used across the top, and for the sports column, someone called out "Wrestling. You know, Jacob wrestled with an angel."

When our grid was complete, I looked at all those Bible references and then at their sparkling eyes and smiling faces. For a moment I yearned for the days when I used to

be a "real" teacher. But for only a moment. If I were a "real" teacher I'd be subject to all of today's political correctness and doing what I had just done could cause my next pay-

check to be sporting a pink slip.

Susan Larson is a writer from Lilburn. E-mail her at susanlarson79@gmail.com.



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Poets' Corner

Editor's Note: If you have written a "well-worked" poem which you would like considered for publication, please email it to seniornewsga@cox.net or mail it to Senior News, 214 Wilsons Creek Bend, Bonaire, GA 31005. Please include your name and address on your poem. We will publish selected poems (or excerpts) as space permits.

MOM, I LOVE YOU

by Pauline M. Brown

*Mom, I love you for all you've done!
You never held back, even after all
I'd done.*

*You gave me food, you dried my
eyes,
and when I was tired, you hugged
me twice.*

*Mom, I love you on this special day,
Not because you gave me or let me
have my way,*

*But because you taught me right
from wrong.
When I couldn't sleep, you held
me in your arms.*

*Mom, I love you because you are
you,
And I thank you for all you do.*

*Happy Mother's Day! I'm blessed.
You are my mom: just another
blessing.*

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LINKS THAT BIND

by Henry N. Goldman

(To all, with whom I have enjoyed
the game, I dedicate this anaphora.)

*Bound by fairway's plush green
splendor,
Bound by green's smooth rolling
grain,
Bound by nature's tree lined wonder,
Bound to go and test my swing.*

*Bound by fellow golfers' friendship,
Bound by their camaraderie,
Bound to hear somebody's loose lips,
Bound to wind up behind some tree.*

*Bound to try some new found
gimmick,
Bound to trust it's amazing claims,
Bound to find it does not help me,
Bound to lay on it the blame.*

*Bound to make that perfect golf shot,
Bound to hit the green and run,
Bound to find that little white pot,
Bound for my first hole-in-one!*

MY SPECIAL FRIEND

by Sandra Schwamlein Moore

*I met "My Special Friend"
A long time ago...*

*We've kept in touch
And now I know...*

*I'm in love with him,
What should I do?*

*Could he be in love
With me, too?*

*His kisses were sweet
When he came to see me.*

*That's when I knew
He was "Special" to me.*

*His next visit... may be soon,
He hopes so, and I do, too!*

*Should I tell him
I love him?*

*I don't want to scare him away...
When he arrives, it will be "A
Special Day!"*

*He is in my thoughts "Morning,
Noon and Night!"
I never thought I'd feel this way
at this point in my life.*

*Just hearing his voice, makes me
smile,
I hope I see him, in a little while.*

*Love is Wonderful!
Love is Grand!*

*Soon I will be in his arms,
And holding his hand.*

*Every Day so Happy am I,
"My Special Friend" is the
reason why!*

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Out & About

Oakland Cemetery Tour... April 1st

Submitted by Lee Schermerhorn
Chairman, Philadelphia Winn
Chapter, Publicity and Media

Photography submitted by
HODAR Frank Marchese.

On April 1st, Philadelphia Winn Chapter, Daughters of the American Revolution, visited the renowned Oakland Cemetery in Atlanta, GA. There were 14 Daughters, one HODAR (husband of DAR), and two guests in attendance. After a morning tour of the cemetery, lunch was enjoyed at the spirited Six Feet Under Restaurant, directly across from the cemetery.

City fathers purchased six acres in 1850 to be a public burial ground. Originally called Atlanta Graveyard or City Burial Place, Oakland was renamed in 1872. By then it had expanded to 48 acres, mainly due to pressures of the Civil War. By 1867 the cemetery reached its present size.

Oakland Cemetery is the final resting place for the rich and poor, famous and unknown. There are approximately 6,900 Confederate graves at the cemetery with some 3,000 Unknown Confederate Dead.

The Lion of Atlanta stands sentry to these unknown soldiers who were hastily buried during the war then reinterred at Oakland Cemetery. Some famous notables resting under the branches of magnificent dogwoods, magnolias and acres of daffodils in season are past Confederate generals, Georgia governors, Atlanta mayors, Pulitzer prize winning author Margaret Mitchell, golfing great Bobby Jones, co-founder of The Augusta National Golf Club, site

of the Masters Golf Tournament in Augusta, GA and Franklin Garrett, Atlanta Historian--to name a few.

In 1976, Oakland Cemetery was placed on the National Register of Historic Places and the Historic Oakland Foundation was founded. The City and the Foundation have worked together to stabilize the cemetery and make it an attractive and inviting place for all Atlantans. The statuary and gardens at the cemetery are world class treasures

lovingly maintained for all to enjoy.

For more information regarding the Philadelphia Winn Chapter of the NSDAR, please visit our website at: philadelphiawinn.georgiastatedar.org.

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Left to right, Entrance to Oakland Cemetery. First Row: Sarah Farr, Valerie Craft, Ruby Craft, Helen Hay, Regent Lydia McGill, Gerda Groff, Bobbie Tkacik, Second Vice Regent Ann Story, Recording Secretary Lee Schermerhorn, Marcia Robertson, Marcia Klein, Anne Lockhart. Second Row: Jasper Farr. Not pictured: Vivian Wiegand,, HODAR Frank Marchese, Guest Debbie Keller, Member and tour guide Michelle Grudzien.

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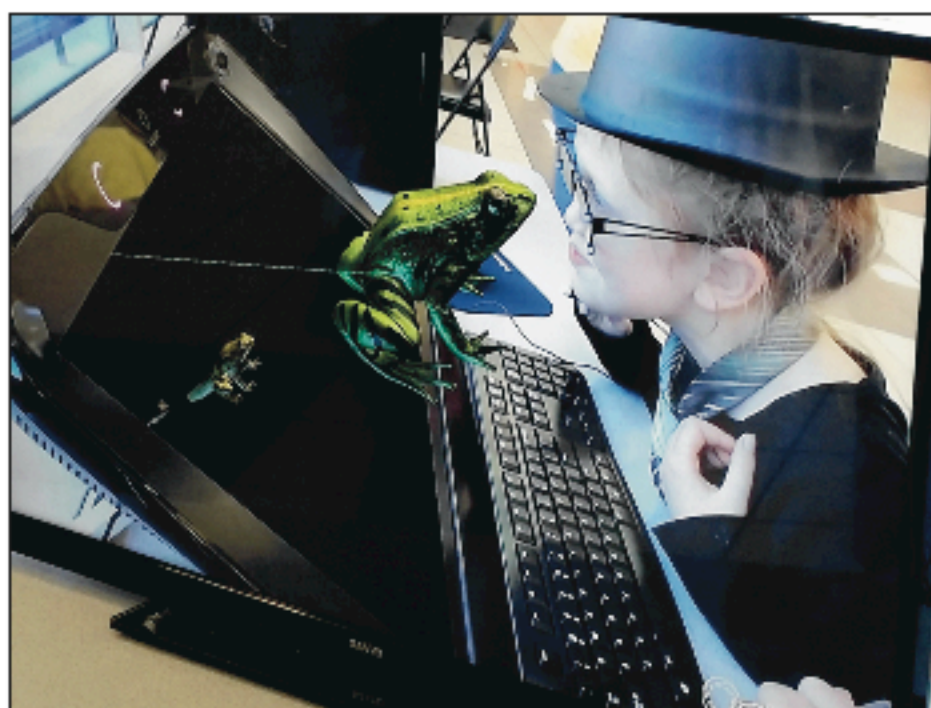
augmented reality based training. With this new technology, learners wear special glasses and tap a computer screen with a special stylus which pulls the image out of the screen and into the air between the user and the computer. This technology has been proven by the National Science Foundation, NASA, US Army and Texas Instruments to increase test scores by 33% and retention to 100%. ViziTech USA now tops the nation in production and sales of enhanced 3D imaging for medical, educational, commercial and military technology.

In 2012, Rodeheaver was Georgia's technology "Entrepreneur of the Year" and ViziTech USA was the state's "Coolest Technology Company."

Honors for 2016 include Georgia's "Rock Star Small Business of the Year" and CIO Review's Top 20 Augmented Reality Development Companies in the Nation.

But beyond all those virtual ventures, Rodeheaver lives a pretty down-to-earth life. He teaches a Sunday school class at his church and the local arts council asked him to join their board to employ his visual technology to help boost tourism for the City of Eatonton.

The general likes to cook, play his guitar and piano, and



When the user wears special glasses and touches the screen with a special stylus, the image comes right out of the computer and into the air.

ride around the yard on his tractor.


His wife, Dr. Lou Rodeheaver, is a math specialist with the Georgia Department of Education and like the general, works on improving the way math is taught.

In recent years, their reality has been augmented by the birth of their granddaughter, Emma, with whom they love to spend

time.

If only there had been some virtual way for Bing Crosby to know about retired General Stewart Rodeheaver! For if there had been, he certainly would have changed his tune!

Susan Larson is a writer from Lilburn. E-mail her at susanlarson79@gmail.com.



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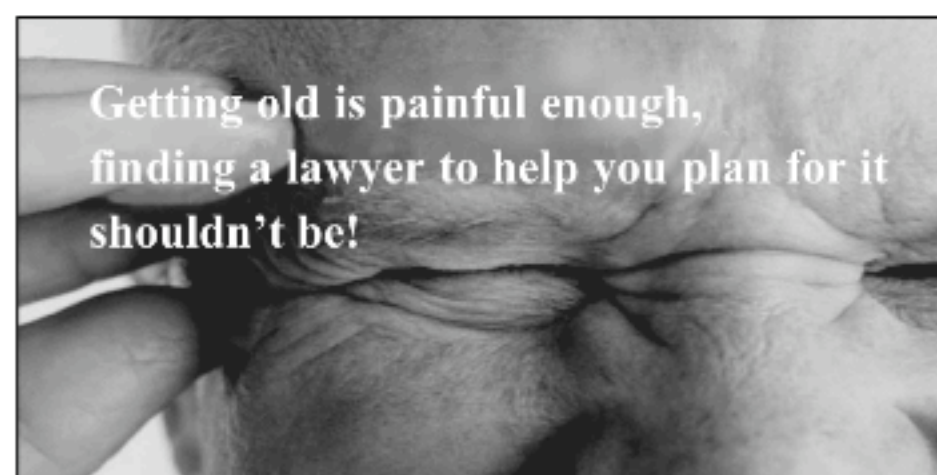
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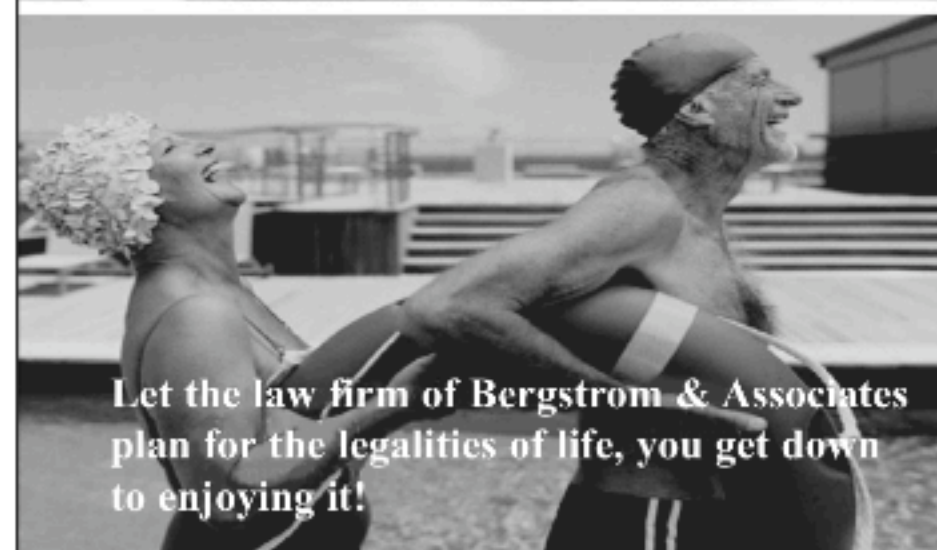
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The 2016 Georgia Golden Olympics

Special to Senior News

The 2016 Georgia Golden Olympics is scheduled for September 21-24, 2016 in Warner Robins, Georgia and hosted by the Warner Robins Recreation Department. Join us for the 2016 event and qualify for the 2017 National Senior Games scheduled for June 2-15, 2017 in Birmingham, AL.

Registration will open May 1 and continue through August 1,

2016. If you have competed in the Georgia event in previous years, you may register online (after May 1, 2016) from the website: www.georgiagoldenolympics.org

If this is your first time to compete, you may print the form from the website and mail with your fees and age verification to Georgia Golden Olympics, PO box 958, Winder, GA.

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Out & About

City of Sandy Springs proclaims Mount Vernon Towers Day... retirement community celebrates 30th Anniversary

Special to *Senior News*

On April 20, more than 250 residents and members of the staff of Mount Vernon Towers celebrated the 30th anniversary of the opening of the top senior condominium community in the heart of Sandy Springs.

Gabriel Sterling, Councilman of the City of Sandy Springs, presented Chris Peterson, Mount Vernon

Towers' Executive Director, with a proclamation by Mayor Rusty Paul, officially recognizing April 20, 2016 as "Mount Vernon Towers Day."

At the event, a number of residents were recognized, including Mrs. Laura Snipes, who moved to Mount Vernon Towers in April 1986 when the first building was just completed, as well as Mrs. Barbara Bruce, who moved here just last month.

Tommy Miller, who retired in

2015 after 21 years as Executive Director, recalled the early days, the growth from 150 to 300 condominiums, and the ongoing success of the outstanding senior community, currently home to more than 310 people.

About Mount Vernon Towers
Mount Vernon Towers is an

established senior condominium community in the heart of Sandy Springs, near world-class hospitals, major shopping and important traffic arteries. It offers a number of different floor plans, a variety of activities and social events, excellent dining and 24-hour security, as well as Sandy Springs PCC, a 26-bed personal care community.



Left to right: Barbara Bruce, newest resident, and Laura Snipes, longest resident at Mount Vernon.

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Mark the good news against the odds of Multiple Myeloma. This event is the property of Takeda Oncology Company. ©2016 Takeda Oncology Company. All rights reserved. Takeda Oncology Company is a registered trademark of Takeda Oncology Company. Takeda Oncology Company is a registered trademark of Takeda Oncology Company. Takeda Oncology Company is a registered trademark of Takeda Oncology Company.



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Out & About

Philadelphia Winn Daughter receives Excellence in Community Service Award

Submitted by Lee Schermerhorn
Chairman, Philadelphia Winn
Chapter, Publicity and Media

The Philadelphia Winn Chapter NSDAR Certificate of Award was presented to Daughter Miriam Shindelbower Machida for Excellence in Community Service, March 20, 2016. Daughter Nancy Vaughn presented the award to Ms. Machida.

Miriam promotes literacy by operating her own Little Free Library in her front yard. Many neighbors have stopped by to pick up a book. One patron even left her a note thanking her for the "cool library!" Reading is a passion for Miriam as seen through the Little Free Library she tends and through her work at her church choir library at Duluth First United Methodist Church. Miriam also volunteers for the Gwinnett Historical Society each week at the Historic Courthouse in Lawrenceville. During her work at the society she has transcribed Minutes for the years of 1833-1869 of Friendship Baptist Church which was located in Gwinnett County Five Forks



Miriam Machida and Nancy Vaughn, Regent Lydia McGill in background.

community. She also transcribed

the 1888 Gwinnett Tax Digest. Miriam has spent many hours for several years indexing the photo albums of the society and keeping the cemetery records up to date. Miriam edited the society's quarterly newsletter The Heritage for two years as well as writing the Philadelphia Winn Chapter Newsletter for several years. In addition she is often recognized at the Philadelphia Winn Chapter Meetings for her Celebrate America volunteer hours.

Miriam has been a DAR member for eleven years serving and volunteering in many areas. Always her attention to detail and striving for excellence shines through! She is a "quiet warrior" who seeks no accolades or attention for herself. Miriam is a devoted mother, grandmother and accomplished equestrian. Through whichever lens Miriam Shindelbower Machida is viewed, she is consistent and dedicated to her task.

Community Service Awards are presented on local, state, and national levels to individuals and groups who have contributed to their communities in an outstanding voluntary, heroic, civil, or benevolent manner, or who have participated in or organized community activities. Philadelphia Winn Daughter, Miriam Machida has met that criteria!

For more information regarding the Philadelphia Winn Chapter of the NSDAR, please visit our website at: philadelphia-winn.georgiastatedar.org.

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Taking Care

What to Look for in a New Home

by LISA M. PETSCHKE

As we advance in age, there is a good chance that eventually our home will no longer suit our lifestyle or our needs.



Lisa Petschke

Common reasons for relocating include simplifying home ownership responsibilities, reducing living expenses, maximizing accessibility and safety, and increasing personally security,

community access or opportunities for activities and socializing.

There are many options for boomer and senior home ownership, including moving to a comparable-sized home with different design, downsizing to a smaller house or an apartment-style condominium, and moving to an adult lifestyle community containing detached homes or townhouses.

If you or a loved one are planning to relocate, it is important to consider not only your current needs and preferences but also potential future needs. By doing so you can maximize your chances of being able to age in place.

The following are some questions you may want to consider when checking out properties.

Building Features:

- When was it built? Does it appear to be in good condition?
- Is the exterior maintenance-free?
- Is there an entrance at ground level? Is it sheltered?
- If there are steps to enter, or to navigate once inside, is there plenty of landing space?
- Does the entrance door have a wide-angle viewer (peephole)? Are door locks easy to operate?
- Is there a sizeable foyer with room for a bench?
- Is there a one-floor plan? If not, is there a kitchen, bathroom, bedroom and laundry room on the main floor? Is there an open concept layout?
- Are hallways and doorways wide enough to accommodate a mobility device?
- Is there non-slip flooring? Does carpet have a low pile?
- Are there sturdy handrails on both sides of the stairs? Are steps deep enough to place the whole foot? Is the stair rise a comfortable height, and are risers closed? Are stairwells wide enough to accommodate a stair lift? Are they well lit?
- Is there a light switch within easy reach at the top and bottom?
- Is there an attached garage?
- Is there central air conditioning? A programmable thermostat?
- Are there plenty of windows? Are they easy to operate? Energy efficient? Low enough to have a view while sitting?
- Are door handles easy to operate? (A lever type is ideal.)
- Are light switches easy to reach from doorways?
- Are there ample electrical outlets and phone jacks? What about high-speed Internet access?
- Are there smoke detectors and carbon monoxide detectors?

• In the kitchen: Do countertops have rounded corners? Is there counter space next to appliances and cupboards?

• In the bathroom: Are there grab bars in the tub? A hand-held showerhead? A walk-in shower? Built-in shower seat? Easy-to-handle faucets? (A single lever is best.)

• Is there a spare bedroom and, ideally, a second bathroom, should live-in help be required?

• If walls are shared with neighbors, what kind of soundproofing exists?

Apartment Considerations:

• Is the building fully air-conditioned?

• Are common areas spacious, clean and bright? Are furnishings and décor attractive and modern?

• Can elevators easily accommodate a wheelchair or scooter? Are the buttons easy to access?

• Does every unit have a balcony or terrace?

• Are there in-suite laundry facilities? If not, is the laundry room easy to access? Are the appliances in good condition?

Grounds:

- Is the lot level?
- If there is an entrance ramp, does it have a gentle incline?
- Is there covered parking? Ample space for visitors' vehicles?
- Are the grounds child-friendly for visiting grandchildren?
- Does the neighborhood have sidewalks?

• With a house: Are the grounds low maintenance? Is there room for a garden? Are paved areas in good repair? Are there sturdy railings and handrails on porches and decks? Are there motion sensor lights?

• With a Condo: Are hardscaped areas

and green spaces well maintained? Do they include benches? Is there a furnished patio? Shaded areas? A residents' garden? Walking paths? Water features? Plenty of lighting?

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TAKING CARE
from page 9

Location:

- Is it central to local relative and friends?
- Is there easy access to major roads and highways?
- Is it central to frequently accessed amenities, such as a grocery store,

drug store, bank, medical clinic and place of worship? What about proximity to a shopping center, library, continuing education institution, park, recreation center, restaurants and cultural attractions?

Amenities (in a condo or lifestyle community):

- What kind of security measures are

in place?

- Is there a party room for family gatherings and a community room for group meeting?
- Are there fitness facilities, such as a swimming pool, gym or tennis court? What other recreation and leisure opportunities are available?
- What amenities are included in the monthly condo or Homeowners’

Association (HOA) fee, and would you make use of enough of them to justify the cost? What is the cost of optional amenities, such as a golf club membership or a boat slip?

Lisa M. Petsche is a social worker and a freelance writer specializing in boomer and senior concerns.com.

The Next Chapter

Book Recommendations
by ANNE B. JONES, PhD

- *The Sound of All Things*, Myron Uhlberg, Peachtree Publishers, 2016
- *A Friend for Mole*, Nancy Armo, Peachtree Publishers, 2016
- *Little One*, Jo Weaver, Peachtree Publishers, 2016
- *The Transformative Power of Faith: Stories of Hope, Humor, and Healing*, Grayson Warren Brown, Pastoral Pres, 2014

A premier publishing company, Atlanta-based Peachtree Publishers, is well known for the quality of its children’s books. Often containing powerful lessons, the stories are age-appropriate and compelling. Among the company’s 2016 releases are *The Sound of All Things*, *A Friend for Mole* and *Little One*. Written by Myron Uhlberg and illustrated by Ted Papoulas, *The Sound of All Things* tells how a young boy attempts to describe sounds to his deaf parents, using gestures, demonstrations and sign language. One of the aspects I like about this unusual book is how it encourages children to think about and expand their word choices. The setting takes place in Brooklyn and in an amusement park on Coney Island. Uhlberg grew up with deaf parents in Brooklyn and the book reflects a sense of place. Papoulas’ illustrations are as

exquisite as paintings with facial expressions and scenery rendered with expertise and fine detail.

A Friend for Mole by Nancy Armo was inspired by the author’s son who observed “Everyone is scared of something, but friends can help.” The book is simply written and illustrated and should appeal to toddlers who, like “Mole,” become afraid when they’re lost. After venturing from his burrow, Mole falls asleep and when he awakes it is night. He becomes frightened when he hears a rustling noise, but is relieved to discover a new friend, one who is also lost and who is scared of the dark. It’s a tale of reaching out to others, cooperation and conquering fear.

Jo Weaver’s *Little One* is a gentle book with lovely black and white pictures, a perfect bedtime choice. The story revolves around a mother bear and her cub who leave their den to go on an adventure to discover the outside world. Beginning in the springtime, their trek includes explorations reflective of the seasons. Among their activities are meeting new animal friends, catching fish, swimming in a forest lake and eating autumn berries. Weaver has an M.A. in children’s book illustration from the Cambridge School of art. All three of these books make excellent gifts for children.

Switching to adult books, for this month, I’ve chosen an interdenominational Christian work. Deep in south

metro is a lovely little book club made up of women who are members of a local Catholic Church. Through their reading they seek to learn to be a force for good in the world. Their selections reflect that goal and *The Transformative Power of Faith* is among their best. Drawing heavily from Biblical references and parables, author Grayson Warren Brown tells inspirational stories giving powerful examples of love and faith. In addition to religious sources, he uses contemporary pop culture illustrations such as Star Wars and Major League Baseball, and personal experiences to drive his points home. Among the personalities he includes are Patch Adams and Leonard Bernstein. The work is a down-to-earth page-turner with easy-to-read short chapters filled with insight and humor. Brown is a personable and charismatic writer who is an internationally known liturgical composer and speaker. He began his liturgical ministry in a small multicultural parish in New York City during which time he learned the significance of an authentic spirit-filled experience of worship for those in

need.

You may contact Anne at annebjones@msn.com... (*Tides of Fear, Gold Thunder, A Light on Peachtree, All Around the Track, Brave at Heart*).

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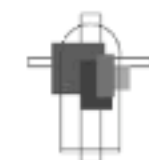
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